

Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

Meet Program - 16-07-2019 Morning

Event 1 Boys 10 Year Olds 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 48 Finals

2	Ali Hisham Ali	10	SHAMS	NT
3	Moaz Ahmed Abdallah	10	SHAMS	NT
4	Yassin Sherif Ismail Helal	10	MAADI	NT
5	Omar Essam Salah	10	DEGLA	NT
6	Yassin Mahmoud Mohamed	10	AHLY	NT
7	Omar Ashraf Samy	10	SHAMS	NT
8	Mohamed Ibrahim Attia	10	AHLY	NT
9	Muhamed Esaam Eldin Moh	10	SHOOT	NT

Heat 2 of 48 Finals

1	Ismail Walid Mohamed	10	AHLY	NT
2	Adham Ayman Hussien	10	DEGLA	NT
3	Ammar Abdeltawab Elsayec	10	GHABA	NT
4	Eyad Mohamed Fathy	10	DEGLA	NT
5	Mohamed Hesham Refaat	10	AHLY	NT
6	Yassien Mohamed Salem	10	DEGLA	NT
7	Beshr Mohamed Nasr Eldin	10	GHABA	NT
8	Mohamed Hossam Mohame	10	SHAMS	NT
9	Adham Amr Mahmoud	10	MAADI	NT
10	Abdelrahman Hussien Moh	10	SHAMS	NT

Heat 3 of 48 Finals

1	Saief Eldin Khaled Salah	10	SHAMS	NT
2	Marawan Mohamed Mahmc	10	AHLY	NT
3	Malek Wael Sayed Ahmed	10	SHOOT	NT
4	Omar Sherif Adel	10	DEGLA	NT
5	Belal Walid Mohamed	10	AHLY	NT
6	Yassin Amr Mohamed Amer	10	DEGLA	NT
7	John Joseph Abdalla	10	GHABA	NT
8	Adham Mohamed Ali	10	SHAMS	NT
9	Ali Tamer Abdo Mattar	10	MAADI	NT
10	Mohnad Ashraf Abdelmoun	10	SHAMS	NT

Heat 4 of 48 Finals

1	Adam Walid Mohamed	10	AHLY	NT
2	Mohamed Ahmed Bolbol	10	AHLY	NT
3	Yahya Ehab Hashish	10	SHOOT	NT
4	Yassin Amr Aly	10	AHLY	NT
5	Louay Wael Abdel Aziz	10	DEGLA	NT
6	Youssef Haytham Abdelmor	10	GHABA	NT
7	Marwan Omar Mammdoh	10	SHAMS	NT
8	Ziad Mostafa Abdelbaky	10	SHAMS	NT
9	Mohamed Tamer Ali	10	AHLY	NT
10	Yassin Mohamed Hassan	10	DEGLA	NT

Heat 5 of 48 Finals

1	Saad Wael Saad	10	AHLY	NT
2	Aly Mohamed Hamad	10	AHLY	NT
3	Mazen Haitham Ibrahim	10	DEGLA	NT
4	Omar Shrief Taha	10	AHLY	NT
5	Ahmed Safwat Ahmed	10	SHOOT	NT
6	Mohab Naguib Mohamed	10	DEGLA	NT
7	Abd ElRahman Walid Moha	10	SHOOT	NT
8	Marawan Basem Mahmoud	10	AHLY	NT
9	Omar Osama Mohamed	10	AHLY	NT
10	Moaz Marwan Mahmoud I	10	SHOOT	NT

Heat 6 of 48 Finals

1	Ibrahim Mohamed Ali	10	DEGLA	NT
2	Omar Mohamed Helmy	10	SHAMS	NT
3	Yassin Amr Hassan	10	DEGLA	NT
4	Yassin Mohamed Mostafa	10	DEGLA	NT
5	Ziad Ahmed Fayad	10	DEGLA	NT
6	Mohamed Salah Hammad	10	DEGLA	NT
7	Omar Haitham Bahaa	10	DEGLA	NT
8	Ezz Eldin Khaled Ezz	10	GHABA	NT
9	Yassin Mohamed Farouk	10	DEGLA	NT
10	Omar Mohammed Azmi	10	El Temsah	NT

Heat 7 of 48 Finals

1	Hamza Ali Hussein Mohame	10	SHOOT	NT
2	Yassin Haitham Hassan	10	DEGLA	NT
3	Mohamed Amr Kamal EIDin	10	MAADI	NT
4	Mohamed Ayman Mofeed	10	DEGLA	NT
5	Mostafa Walid Samir	10	AHLY	NT
6	Aser Mohamed Mosaad Mol	10	MAADI	NT
7	Zain El Din Ahmed Yakout	10	DEGLA	NT
8	Yehia Ahmed Mostafa	10	AHLY	NT
9	Bilal Mohamed Mammdoh	10	SHAMS	NT
10	Yassin Bassem Nofal	10	SHOOT	NT

Heat 8 of 48 Finals

1	Abdalla Moamed Abdala Qa	10	GHABA	NT
2	Karim Wael Mohamed	10	AHLY	NT
3	Youssef Reda Zinhom	10	DEGLA	NT
4	Aly Ahmed Adel Mohamed	10	SHOOT	NT
5	Youssef Mohamed Anas Ahr	10	MAADI	NT
6	Omar Mohamed Samy Aly	10	SHOOT	NT
7	Youssef Mostafa Mohamed I	10	SHOOT	NT
8	Omar Ayman Abd ElFatah A	10	SHOOT	NT
9	Adham Mohamed Ibrahim	10	AHLY	NT
10	Zeyad Ahmed Salem Ali	10	MAADI	NT

Heat 9 of 48 Finals

1	Mazen Tarek Saad	10	SHAMS	NT
2	Obaidah Ammar Mohamed	10	SHOOT	NT
3	Seif Mohamed Hussien	10	DEGLA	NT
4	Marawan Mohamed Sayed S	10	AHLY	NT
5	Yassin Mohamed Hamed	10	DEGLA	NT
6	Mohamed Shirief Ahmed M	10	SHAMS	NT
7	Omar Tamer Mohamed	10	AHLY	NT
8	Seif Mohamed Hamza	10	GHABA	NT
9	Ahmed Abd El Naser Yousef	10	SHOOT	NT
10	Youssef Hatem Hanafy	10	AHLY	NT

Heat 10 of 48 Finals

1	Youssef Ahmed El Halawany	10	DEGLA	NT
2	Moaz Mohamed Farag	10	DEGLA	NT
3	Mohamed Ahmed Ismail	10	SHAR	NT
4	Hassan Ahmed Hassan	10	AHLY	NT
5	Abdel Wehab Mahmoud El I	10	DEGLA	NT
6	Zieneldien Mohamed Misba	10	SHAMS	NT
7	Abdelrahman Ahmed Elsayc	10	SHAMS	NT
8	Omar Mohamed Gamal	10	DEGLA	NT
9	Mohamed Ahmed Hamed	10	AHLY	NT
10	Mohad Ahme Mohamed	10	M.S Tagamoa	NT

Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

Meet Program - 16-07-2019 Morning

Heat 11 Finals (#1 Boys 10 Year Olds 50 LC Meter Freestyle)

1	Ali Ahmed Mohamed Tawal	10	MAADI	NT
2	Ahmed Hossam Othman	10	DEGLA	NT
3	Yassin Osama Mohamed El	10	SHOOT	NT
4	Eyad Ahmed Hesen	10	DEGLA	NT
5	Omar Ahmed El Ghawaby	10	DEGLA	NT
6	Mohamed Hany Mohamed	10	AHLY	NT
7	Mohamed Ahmed Samy	10	AHLY	NT
8	Yehia Waseem Mohamed	10	AHLY	NT
9	Ans Ahmed Ismail	10	AHLY	NT
10	Yassin Amr Mohamed	10	DEGLA	NT

Heat 12 of 48 Finals

1	Yunus Mohamed Ahmed	10	SHAMS	NT
2	Adham Ahmed Mohamed	10	AHLY	NT
3	Hamza Mohamed Fawzy Ab	10	SHOOT	NT
4	Omar Abdel Hamid Aly	10	AHLY	NT
5	Zeyad Mohamed Gamil	10	AHLY	NT
6	Yassin Mohamed Shaykhon	10	AHLY	NT
7	Yassin Ahmed Aly	10	AHLY	NT
8	Adham Mohammed Mousa	10	El Temsah	NT
9	Yassin Sherif Mohamed Sab	10	SHOOT	NT
10	Eyad Ayman Samy	10	DEGLA	NT

Heat 13 of 48 Finals

1	Ibrahim Mohamed Ibrahim	10	AHLY	NT
2	Kerillies Mina Samir	10	GHABA	NT
3	Khaled Marwan Khaled Mou	10	MAADI	NT
4	Ahmed Sameh Hamam	10	AHLY	NT
5	Omar Hisham Abdeltawab	10	SHAMS	NT
6	Yassin Ahmed m Adel	10	El Temsah	NT
7	Yassine Mohamed Fouad Yo	10	SHOOT	NT
8	Sief Hesham Mohamed	10	AHLY	NT
9	Youssef Mohamed Nabil	10	DEGLA	NT
10	Ayad Yaser Sayed Ahmed	10	SHAMS	NT

Heat 14 of 48 Finals

1	Yassien Ayman Abdelhamie	10	SHAMS	NT
2	Ayad Ehab Mohamed Mahr	10	SHAMS	NT
3	Adham Tamer Mahmoud	10	AHLY	NT
4	Anas Amr Mohamed	10	DEGLA	NT
5	Omar Sameh Elsayed	10	GHABA	NT
6	Youssef Mohamed Mahmoud	10	GHABA	NT
7	Adam Ramy Shawky	10	AHLY	NT
8	Seif Bassem Abou Bakr	10	SHOOT	NT
9	Braa Ahmed Lotfy	10	SHAMS	NT
10	Amr Faisal Mohamed	10	DEGLA	NT

Heat 15 of 48 Finals

1	Ahmed Khaled Ahmed	10	AHLY	NT
2	Seif Eldin Hatem Shebl	10	AHLY	NT
3	Basel Omar Al Farouk	10	AHLY	NT
4	Hassan Mohamed Hassan	10	AHLY	NT
5	Mohamed Wael Mohamed	10	SHAMS	NT
6	Abdelrahmn Mohamed Ab	10	SHAMS	NT
7	Omar Shirief Hassan	10	SHAMS	NT
8	Youssef Mohamed Hussein	10	AHLY	NT
9	Adam Hazem Kamel	10	AHLY	NT
10	Youssef Hassan Amary	10	AHLY	NT

Heat 16 of 48 Finals

1	Adham Ahmed Hassan	10	SHOOT	NT
2	Mohamed Hany Hassan Gha	10	SHOOT	NT
3	Seif el din Ashraf Mohamed	10	DEGLA	NT
4	Omar Hany Mohamed	10	AHLY	NT
5	Yousif Sherif Moustafa	10	SHOOT	NT
6	Yasin Karim Mohamed Oma	10	SHOOT	NT
7	Ahmed Mostafa Abd el Aaw	10	DEGLA	NT
8	Begad Mohamed Samir	10	DEGLA	NT
9	Yasin Ahmed Nabil Ahmed	10	SHOOT	NT
10	Seif Mohamed Saad Baioum	10	DEGLA	NT

Heat 17 of 48 Finals

1	Yassin Ahmed Ramdan	10	GHABA	NT
2	Abdel Rahman Tarek Abdel	10	AHLY	NT
3	Hamza Abdallah Farouk	10	SHAMS	NT
4	Selim Maeznabdelaziz	10	SHOOT	NT
5	Hassan Wael Mohamed	10	AHLY	NT
6	Mohamed Ahmed Abdelaziz	10	AHLY	NT
7	Yehia Adel Anour	10	DEGLA	NT
8	Omar Khaled Mohamed Has	10	AHLY	NT
9	Seif Alla Nazy Mahmoud	10	AHLY	NT
10	Ammar Mohamed Hesham	10	SHOOT	NT

Heat 18 of 48 Finals

1	Youssef Ahmed Mohamed G	10	AHLY	NT
2	Marawan Tamer Abdel Raha	10	AHLY	NT
3	Ahmed Tamer Rifat	10	SHAMS	NT
4	Yehia Mahmoud Ahmed	10	MAADI	NT
5	Hamza Hany Talaat	10	SHOOT	NT
6	Yassin Hussein Ahmed Sher	10	SHOOT	NT
7	Ziad Mohamed Mohamed L	10	SHAMS	NT
8	Yasin Hany Essam El Din	10	SHOOT	NT
9	Yasin Adel Mohamed El Reg	10	SHOOT	NT
10	Mohamed Amr Mousa	10	DEGLA	NT

Heat 19 of 48 Finals

1	Hamza Hesham Ragab	10	GHABA	NT
2	Zeyad Mostafa Ahmed	10	AHLY	NT
3	Aly Amr Mohamed	10	AHLY	NT
4	Youness Ahmed Magdy	10	DEGLA	NT
5	Belal Hatem Maher	10	AHLY	NT
6	Baraa Islam Essam	10	DEGLA	NT
7	Youssef Mohamed Yassin	10	AHLY	NT
8	Yassin Ahmed Mohamed M	10	SHOOT	NT
9	Mazen Mohamed Mostafa	10	GHABA	NT
10	Mohamed Hesham Mohame	10	AHLY	NT

Heat 20 of 48 Finals

1	Mahmoud Mohamed Hassa	10	DEGLA	NT
2	Mahmoud Hamouda Selim	10	AHLY	NT
3	Omar Mokhtar Sayed	10	AHLY	NT
4	Yassin Amr Hussein	10	GHABA	NT
5	Omar Mostafa Mohamed M	10	SHOOT	NT
6	Mark Amgad Magdy	10	DEGLA	NT
7	Momein Mostafa Al Khayat	10	SHAR	NT
8	Ali Ahmed Ali Hafez	10	MAADI	NT
9	Ziad Mohamed Ahmed	10	DEGLA	NT
10	Abdelrahman Tamer Wlaa	10	SHAMS	NT

Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

Meet Program - 16-07-2019 Morning

Heat 21 Finals (#1 Boys 10 Year Olds 50 LC Meter Freestyle)

1	Ammar Ahmed Ammar	10	AHLY	NT
2	Gaser Khaled Farag Mahmo	10	SHOOT	NT
3	Amr Mohamed Abdelfattah	10	GHABA	NT
4	Shady Abdel Moniem Rama	10	DEGLA	NT
5	Omar Ahmed Hussein	10	AHLY	NT
6	Baraa Mohamed Abdel Weh	10	DEGLA	NT
7	Abdullah Ahmed Abdullah I	10	SHOOT	NT
8	Mohamed Mamdouh Hassa	10	AHLY	NT
9	Youssef Mohamed Abdalla	10	AHLY	NT
10	Yehia Mohamed Sayed	10	AHLY	NT

Heat 22 of 48 Finals

1	Ammar Yasser Farahat	10	MAADI	NT
2	Yousef Moahmed Fawzi	10	DEGLA	NT
3	Ashraf Khaled Hamed	10	DEGLA	NT
4	Omar Ahmed Mohamed Ma	10	DEGLA	NT
5	Youssef Wael Hassan	10	DEGLA	NT
6	Marwan Mohamed Yousef M	10	SHOOT	NT
7	Omar Ahmed El Bostany	10	SHOOT	NT
8	Al Ayman Ayman Mohamed	10	AHLY	NT
9	Adham Amr Ahmed	10	AHLY	NT
10	Mark Micheal Edward	10	DEGLA	NT

Heat 23 of 48 Finals

1	Ahmed Mohamed Ibrahim I	10	GHABA	NT
2	Mohamed Tamam Adel	10	AHLY	NT
3	Omar Ahmed Wagdy	10	SHOOT	NT
4	Ahmed Amr Ahmed	10	AHLY	NT
5	Mohammed Kamal Mohey E	10	El Temsah	NT
6	Ayad amr Hassan	10	El Temsah	NT
7	Adham Ashraf Mohamed	10	DEGLA	NT
8	Yassin Amr Hassan Moham	10	SHOOT	NT
9	Hassan Amr Mohamed	10	DEGLA	NT
10	Yehia Ahmed Abdel Hafez	10	AHLY	NT

Heat 24 of 48 Finals

1	Ali Ahmed Gehad	10	DEGLA	NT
2	Yehia Bassem Hassan Moha	10	MAADI	NT
3	Mostafa Amr Osman Aly	10	SHOOT	NT
4	Yousif Yasser Ahmed	10	SHOOT	NT
5	Seif Nabil Naaim	10	AHLY	NT
6	Saif Eldin Haitham Mohame	10	DEGLA	NT
7	Mazen Mohamed Hassan	10	AHLY	NT
8	Mohamed Hamdy Mohamec	10	DEGLA	NT
9	Youssef Ahmed Mabrouk	10	DEGLA	NT
10	Yassin Hatem Abdel Rahma	10	SHOOT	NT

Heat 25 of 48 Finals

1	Raad Hany Mohamed	10	AHLY	NT
2	Zeyad Ahmed Farag	10	AHLY	NT
3	Khaled Waleed Adel	10	DEGLA	NT
4	Yassin Mohamed Fattouh	10	AHLY	NT
5	Omar Ahmed Said	10	GHABA	NT
6	Mohamed Mahmoud Fathy:	10	SHOOT	NT
7	Marawan Tarek Mohamed	10	AHLY	NT
8	Mohamed Sherif Abd El Mo	10	SHOOT	NT
9	Ahmed AlSaid Moustafa	10	MAADI	NT
10	Tarek Ahmed Osama	10	El Temsah	NT

Heat 26 of 48 Finals

1	Ahmed Ramy Abdelmoneir	10	GHABA	NT
2	Marwan Ahmed Saleh Ali	10	MAADI	NT
3	Hassan Amr Hussein	10	AHLY	NT
4	Sief Tarek Abdel Maniem	10	DEGLA	NT
5	Hamza Ahmed Said	10	AHLY	NT
6	Hassan Mohamed Hassan	10	GHABA	NT
7	Khaled Mohamed Sabry	10	DEGLA	NT
8	Zeyad Ahmed Hamed	10	AHLY	NT
9	Youssef Akram Essam	10	AHLY	NT
10	Yassien Mohab Moamed	10	SHAMS	NT

Heat 27 of 48 Finals

1	A.Rahman Ahmed Saaid	10	DEGLA	NT
2	Abdel Rahman Mohamed H:	10	AHLY	NT
3	Omar Mohamed Magdy	10	DEGLA	NT
4	Asser Mostafa Ibrahim	10	DEGLA	NT
5	Seif Wael Abd El Latif	10	SHOOT	NT
6	Hazem Mohamed Abdalla	10	AHLY	NT
7	abd Elrahman Khaled Hussi	10	DEGLA	NT
8	Zeyad Hussein Abdelmonie	10	GHABA	NT
9	Mohamed Essam Mahmoud	10	DEGLA	NT
10	Bassel Emad Elsayed	10	DEGLA	NT

Heat 28 of 48 Finals

1	Yahya Mohamed Samir Ibra	10	SHOOT	NT
2	Mohamed Samir Mohamed	10	AHLY	NT
3	Omar Mohamed Abdelmonc	10	GHABA	NT
4	Negm Eldin Mohamed Fawz	10	GHABA	NT
5	Zein Ramy Tolba	10	SHOOT	NT
6	Karim Ahmed Mahmoud	10	AHLY	NT
7	Ziad Mohamed Mostafa Fah	10	SHAMS	NT
8	Ahmed Maged Elsayed	10	AHLY	NT
9	Hamza Yehia Mohamed	10	AHLY	NT
10	Yehia Ayman Mohamed	10	AHLY	NT

Heat 29 of 48 Finals

1	Ahmed Ehab Saeid El Hamr	10	SHOOT	NT
2	Saad Ashraf Saad	10	SHOOT	NT
3	Marawan Mohamed Abdel M	10	AHLY	NT
4	Abou Bakr Mohamed Ibrahi	10	SHOOT	NT
5	Eyad Ahmed Soror	10	DEGLA	NT
6	Yousef Ahmed Hussein Sult:	10	SHOOT	NT
7	Mohamed Walid Abo Elalla	10	AHLY	NT
8	Mohamed Anwar Kamel Ma	10	SHOOT	NT
9	Omar Magdy Fouad	10	GHABA	NT
10	Bilal Tamer Mohamed	10	SHAMS	NT

Heat 30 of 48 Finals

1	Yousief Sayed Hatem	10	SHAMS	NT
2	Abdel Rahman Ahmed Moh:	10	DEGLA	NT
3	Yassin Ashraf Magdy	10	DEGLA	NT
4	Mohamed ElSayed Mohame	10	MAADI	NT
5	Yassin Essam Metwaly	10	DEGLA	NT
6	Moustafa Mohamed Fathy M	10	MAADI	NT
7	Mazen Mahmoud Gmal	10	SHAMS	NT
8	Mohmaed Walied Mohamec	10	SHAMS	NT
9	Yassin Ahmed Mohamed	10	AHLY	NT
10	Yassin Ashraf Sayed	10	AHLY	NT

Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

Meet Program - 16-07-2019 Morning

Heat 31 Finals (#1 Boys 10 Year Olds 50 LC Meter Freestyle)

1	Omar Mowaad Ibrahim	10	AHLY	NT
2	Yassin Osama Abdel Halim	10	AHLY	NT
3	Seif Alla Walid Mohamed	10	AHLY	NT
4	Ahmed Waheed Anwar	10	AHLY	NT
5	Mohamed Hassan Mohamed	10	AHLY	NT
6	Youssef Amr El Sayed	10	DEGLA	NT
7	Omar Ashraf AbdElAzim Ma	10	MAADI	NT
8	Adam Mohamed Ali	10	SHAMS	NT
9	Mahmoud Muhamed Mahm	10	SHOOT	NT
10	Yehia Mohamed Magdy	10	AHLY	NT

Heat 32 of 48 Finals

1	Gasser Mohamed Mahmoud	10	AHLY	NT
2	Hamza Adel Mohamed	10	DEGLA	NT
3	Omer Hany Amin Mahmoud	10	SHOOT	NT
4	Hazem Mostafa Rabia	10	AHLY	NT
5	Adham Hatem Hossny	10	DEGLA	NT
6	Hamza Ahmed Gamal Eldin	10	AHLY	NT
7	Ziad A.Eioun	10	DEGLA	NT
8	Aly Ahmed Aly	10	AHLY	NT
9	Eyad Hamer Fouad	10	DEGLA	NT
10	Mohamed Abdelwanes	10	GHABA	NT

Heat 33 of 48 Finals

1	Adham Mohamed Ahmed Fa	10	MAADI	NT
2	Seif Ahmed Domar Akl	10	SHOOT	NT
3	Fady Shady Mohamed Eissa	10	SHOOT	NT
4	Mohamed Nasser Abdel Fat	10	AHLY	NT
5	Moaz Wael Barakat	10	SHOOT	NT
6	Eyad Karim Hamdan	10	SHOOT	NT
7	Nour El din Tarek Abd Al H	10	DEGLA	NT
8	Yasin Hany Emam	10	SHOOT	NT
9	Mahmoud Osama Mahmoud	10	SHAMS	NT
10	Anas Mohamed Saad	10	DEGLA	NT

Heat 34 of 48 Finals

1	Adham Ahmed Abdel Sadek	10	AHLY	NT
2	Adham Ahmed Hamed	10	AHLY	NT
3	Karim Sherif Magdy	10	DEGLA	NT
4	Abdul Rahman Ahmed Abdi	10	SHOOT	NT
5	Moamen AbdElAziz Madbol	10	MAADI	NT
6	Yassien Salah Mohamed	10	SHAMS	NT
7	Yassin Amr Mohamed	10	GHABA	NT
8	Eyad Kamal Mohamed	10	DEGLA	NT
9	Aser Mohamed Tamer	10	AHLY	NT
10	Tim Ahmed Al Hishmy	10	SHOOT	NT

Heat 35 of 48 Finals

1	Yazid Sherif Abdel Hameed	10	DEGLA	NT
2	Mohanad Ehab Abdel Aaty	10	DEGLA	NT
3	Omar Ahmed Gaber	10	GHABA	NT
4	Amr Ahmed Hamdy Sayed	10	SHOOT	NT
5	Ahmed Ehab Mokhles	10	SHOOT	NT
6	Belal Kariem Ahmed	10	SHAMS	NT
7	Mahmoud Mohamed Abdelh	10	DEGLA	NT
8	Adham Hussien Abdallah	10	DEGLA	NT
9	Yassin Mohamed Said	10	DEGLA	NT
10	Ziad Hatem Kmal	10	SHAMS	NT

Heat 36 of 48 Finals

1	Malek Ahmed Nabih	10	DEGLA	NT
2	Youssef Karim Youssif	10	MAADI	NT
3	Mohamed Hany Mohamed	10	DEGLA	NT
4	Youssef Amr Abdelghany	10	GHABA	NT
5	Zain Haitham Ezz Elregal	10	DEGLA	NT
6	Omar Ehab Mostafa	10	AHLY	NT
7	Yassen Khaled Mohamed	10	DEGLA	NT
8	AbdelRahman Ahmed Moha	10	MAADI	NT
9	Mohammed Hesham Eltokh	10	El Temsah	NT
10	Mostafa Ahmed Motawea	10	DEGLA	NT

Heat 37 of 48 Finals

1	Mostafa Attia Mohamed	10	GHABA	NT
2	Ali Islam Mohamed	10	SHAMS	NT
3	Marwan Mahmoud Moham	10	SHAMS	NT
4	Omar Basem Hassan Mohar	10	MAADI	NT
5	Hazem Hossam Gomaa	10	DEGLA	NT
6	Abdelrahman Ahmed El Sak	10	DEGLA	NT
7	Ibrahim Mahmoud Borhami	10	DEGLA	NT
8	Mohamed Ahmed Zaky Gha	10	SHOOT	NT
9	Omar Shalby Mohamed	10	SHAMS	NT
10	Mohamed Ahmed Saad	10	M.S Tagamoa	NT

Heat 38 of 48 Finals

1	Abdel Rahman Hany Adel	10	AHLY	NT
2	Yousief Ahmed Mahmoud	10	SHAMS	NT
3	Karim Ismaiel Mohamady	10	DEGLA	NT
4	Ahmed Hossam Samy	10	AHLY	NT
5	Ayad Ayman Gmal	10	SHAMS	NT
6	Mohamed Ibrahim Mohame	10	AHLY	NT
7	Danial Fady Atef	10	DEGLA	NT
8	Mohamed Hassan Aly	10	AHLY	NT
9	Mohamed Tamer Alaa Eldin	10	AHLY	NT
10	Moamen Hazem Elsayed	10	GHABA	NT

Heat 39 of 48 Finals

1	Yassin Mohamed Salah	10	DEGLA	NT
2	Youssef Hany Ali	10	AHLY	NT
3	Mohamed Amr Nabil	10	DEGLA	NT
4	Yassin Kariem Mohamed	10	DEGLA	NT
5	Yehia Amgd Mohamed	10	AHLY	NT
6	Samir Ahmed Samir	10	AHLY	NT
7	Taher Mahmoud Taher	10	AHLY	NT
8	Hassan Mohamed Abdelaal	10	El Temsah	NT
9	Yahie Nabil Abdel Razeq Tal	10	SHOOT	NT
10	Mohamed Wael Mahmoud	10	AHLY	NT

Heat 40 of 48 Finals

1	Omar Khaled Abdel Hakim	10	SHOOT	NT
2	Omar Mohamed Hamdy Mo	10	SHOOT	NT
3	Hamza Mohamed Abdel Mo	10	AHLY	NT
4	Mohanad Hesham Mohame	10	MAADI	NT
5	Mohamed Ahmed Galal	10	AHLY	NT
6	Adam Mohamed Abdelaziz	10	SHOOT	NT
7	Mahmoud Mohamed Mahm	10	SHOOT	NT
8	Abdalla Ahmed Adel Sadek	10	AHLY	NT
9	Yahia Ahmed El Sayed	10	DEGLA	NT
10	Yasin Ahmed Aslan	10	SHOOT	NT

Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

Meet Program - 16-07-2019 Morning

Heat 41 Finals (#1 Boys 10 Year Olds 50 LC Meter Freestyle)

1	Adham Karem Mohamed El	10	SHOOT	NT
2	Ahmed Mohamed El Attar	10	SHOOT	NT
3	Mahmoud Hassan A.Aziz	10	DEGLA	NT
4	Adham Tamer Nabil Mohan	10	SHOOT	NT
5	Eyad Mohamed Ahmed	10	AHLY	NT
6	Wael Ramy Gaber	10	DEGLA	NT
7	Omar Khaled Mohamed	10	GHABA	NT
8	Yassin Hossam Mohamed	10	AHLY	NT
9	Bilal Osama Ramdan Hassa	10	SHOOT	NT
10	Omar Ahmed Mahdy	10	El Temsah	NT

Heat 42 of 48 Finals

1	Mahmoud Amgad Ahmed	10	AHLY	NT
2	Abd Elrahman Amr Abd El /	10	SHOOT	NT
3	Ali Abdallah Ahmed	10	DEGLA	NT
4	Adam Mohamed Hamaida E	10	SHOOT	NT
5	Abdelrahman Agamey	10	GHABA	NT
6	Youssef Yasser Medhat	10	DEGLA	NT
7	Adam Yahya Kmal	10	SHAMS	NT
8	Khaled Ahmed Khaled Abde	10	SHOOT	NT
9	Bavly John Samir	10	GHABA	NT
10	Abdullah Saleh Ibrahim Sal	10	SHOOT	NT

Heat 43 of 48 Finals

1	A.Rahman Maged Ahmed	10	DEGLA	NT
2	Marcelleno Michelle Merzel	10	GHABA	NT
3	Mohab Walid El Hussein	10	DEGLA	NT
4	Adam Mohamed Omar	10	AHLY	NT
5	Aly Tamer Badrt	10	AHLY	NT
6	Karim Walid Sobhy	10	AHLY	NT
7	Omar Shrief Ahmed	10	AHLY	NT
8	Ahmed Mohamed Ahmed H	10	GHABA	NT
9	Ammar Yasir Salah Abdel M	10	SHOOT	NT
10	Mohamed Ahmed Samir	10	DEGLA	NT

Heat 44 of 48 Finals

1	Ahmed Dandrawy Mohame	10	DEGLA	NT
2	Belal Mohamed A.El Hakim	10	DEGLA	NT
3	Yassin Wael Moneir	10	SHAMS	NT
4	John Hany Eshaa	10	DEGLA	NT
5	Bilal Yaser Mohamed Saad	10	SHAMS	NT
6	Yousef Amr Elsayed El Shar	10	SHOOT	NT
7	Adam Amr Abdel Rahman	10	SHOOT	NT
8	Adham Shreif Salah	10	AHLY	NT
9	Moamen Mostafa Abo Alela	10	AHLY	NT
10	Aly Mohamed Fathy	10	AHLY	NT

Heat 45 of 48 Finals

1	Albert Emad Fayez	10	AHLY	NT
2	Youssef Hossam Mohamed	10	AHLY	NT
3	Omar Essam Ali AbdElAtti	10	MAADI	NT
4	Yassin Hany Abd el Hamid	10	DEGLA	NT
5	Bilal Mohamed Fawzy	10	SHAMS	NT
6	Ahmed Mohamed Maghraby	10	AHLY	NT
7	Omar Tarek Sayed Mostafa	10	DEGLA	NT
8	Aly Ahmed Khaled	10	DEGLA	NT
9	Abd Allah Amr Youssef AlGa	10	MAADI	NT
10	Adham Amr Mohamed	10	AHLY	NT

Heat 46 of 48 Finals

1	Abdel Salam Mohamed Abd	10	AHLY	NT
2	Ahmed Ehab Sayed Ibrahim	10	SHOOT	NT
3	Ahmed Hassan Ismail Dawc	10	SHOOT	NT
4	Fouad Mohamed Mohamed	10	AHLY	NT
5	Ahmed Haitham Ahmed	10	DEGLA	NT
6	Shehab Eldin Hassan Ahme	10	DEGLA	NT
7	Omar Mahmoud Mokhtar A	10	AHLY	NT
8	Abd Elrahman Ahmed El Ke	10	SHOOT	NT
9	Islam Atef Abdelrahman	10	SHAMS	NT
10	Adham Moustafa Ahmed Fa	10	SHOOT	NT

Heat 47 of 48 Finals

1	Omar Tarek El Sabe	10	DEGLA	NT
2	Mahmoud Mohamed Ahme	10	SHOOT	NT
3	Omar Ahmed Nagy	10	SHAMS	NT
4	Youssef Ahmed Talaat Hami	10	MAADI	NT
5	Yasin Ahmed Magdy Mohan	10	SHOOT	NT
6	omr Wael Salah El Din	10	SHOOT	NT
7	Ahmed Sayed Youssef	10	AHLY	NT
8	Karim Tarek Ibrahim	10	AHLY	NT
9	Moaz Mohammed Mostafa	10	El Temsah	NT
10	Yousif Ahmed Mostafa Foua	10	SHOOT	NT

Heat 48 of 48 Finals

1	Aly Ashraf Ahmed Yehia	10	SHOOT	NT
2	Omar Hossam Saad ElDin A	10	MAADI	NT
3	Yehia Mahmoud Taha	10	AHLY	NT
4	Aly Tamer Mahmoud Abdel	10	SHOOT	NT
5	Youssef Elsayed Mohamed	10	AHLY	NT
6	Omar Mohamed Aly Anes	10	SHOOT	NT
7	Ahmed Hossam Eldin Seyan	10	El Temsah	NT
8	Mohamed Ahmed Abdelslar	10	SHAMS	NT
9	Omar Moustafa Refaat	10	SHOOT	NT
10	Aly Haytham Ahmed	10	AHLY	NT

Event 2 Girls 10 Year Olds 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

3	Rodina Alaa Rashad	10	El Temsah	NT
4	Yara Ahmed Mostafa	10	El Temsah	NT
5	Karma Tamer El Sayed	10	SHOOT	NT
6	Rodaina Mohamed Elhouus	10	AHLY	NT
7	Habiba Mohamed Taha	10	DEGLA	NT

Heat 2 of 8 Finals

1	Goumana 0 Ahmed Hamza	10	SHOOT	NT
2	Lougin Hatem Ibrahim	10	AHLY	NT
3	Rodaina Atef Saber	10	DEGLA	NT
4	Mariam Khaled Mohamed	10	AHLY	NT
5	Gana Mohamed Sabry	10	SHAMS	NT
6	Hana Hassan Abdel Fattah	10	DEGLA	NT
7	Toka Mostafa Rizek	10	SHAMS	NT
8	Kinzy Wael Abdelhamed	10	DEGLA	NT
9	Nora Mahmoud Ebrahim	10	GHABA	NT
10	Shahd Mohamed Ahmed Kh	10	AHLY	NT

Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

Meet Program - 16-07-2019 Morning

Heat 3 Finals (#2 Girls 10 Year Olds 200 LC Meter IM)

1	Jana Hatem Ragab	10	DEGLA	NT
2	Malak Mohamed Elsayed	10	AHLY	NT
3	Sara Hesham Ramadan	10	El Temsah	NT
4	Farida Khaled Farok Farag	10	MAADI	NT
5	Hala Mohammed Marouf	10	El Temsah	NT
6	Jana Ebrahim Abdelmoniem	10	GHABA	NT
7	Rodaina Daa el din Abd el F	10	DEGLA	NT
8	Hoda Hany Ahmed	10	DEGLA	NT
9	Farah Nader Kamal	10	AHLY	NT
10	Tmara Rafiek Wagdy	10	SHAMS	NT

Heat 4 of 8 Finals

1	Joudy Ahmed Karam	10	DEGLA	NT
2	Dima Amir Abdallah	10	DEGLA	NT
3	Merna Khaled Ali Abdalla	10	GHABA	NT
4	Laila Mahmoud Mamdouh	10	DEGLA	NT
5	Jomana Mohammed Hussien	10	El Temsah	NT
6	Jana Nader Kadry	10	DEGLA	NT
7	Judy Khaled Sayed	10	DEGLA	NT
8	Jody Mohamed Salah Hussein	10	MAADI	NT
9	Joly Mina Michelle	10	GHABA	NT
10	Nour Mohammed Saied	10	El Temsah	NT

Heat 5 of 8 Finals

1	Lama Tamer Desouky	10	DEGLA	NT
2	Mariam Mohamed Amin	10	DEGLA	NT
3	Retaj Ashraf Youssry	10	GHABA	NT
4	Nadien Mohamed Safwat	10	DEGLA	NT
5	Mariam Walid Kamal Eldin	10	AHLY	NT
6	Rahma Emad Farouk	10	El Temsah	NT
7	Salma Mohamed Badr	10	DEGLA	NT
8	Rodina Ahmed Sayed	10	SHAMS	NT
9	Hana Mahmoud Hassan	10	GHABA	NT
10	Gana Shady Ahmed	10	AHLY	NT

Heat 6 of 8 Finals

1	Salma Ahmed Abd el Wahaf	10	DEGLA	NT
2	Lara Haitham Mohamed Mc	10	MAADI	NT
3	Salma Mohamed Osama	10	DEGLA	NT
4	Habiba Hani Samir	10	El Temsah	NT
5	Nadin Moataz Mohamed Fel	10	MAADI	NT
6	Maya Mohammed eid	10	El Temsah	NT
7	Rovan Tamer Elsenousy	10	El Temsah	NT
8	Hoda Ahmed Mamdouh	10	AHLY	NT
9	Noran Mohamed Emad Fah	10	MAADI	NT
10	Noureen Ahmed Hegazy	10	AHLY	NT

Heat 7 of 8 Finals

1	Mariam Ahmed Mohamed F	10	AHLY	NT
2	Hagar Khaled Mohamed	10	AHLY	NT
3	Malak Mohamed Mahmoud	10	DEGLA	NT
4	Kenzy Mohamed Mamdoud	10	DEGLA	NT
5	Yara Mohamed Elkhawaga	10	DEGLA	NT
6	Khadega Mohamed Ibrahim	10	DEGLA	NT
7	mai Mohamed Abdelmonen	10	MRAC	NT
8	Judy Ahmed Shehata	10	SHOOT	NT
9	Lilly Mohamed abd el Aziz	10	Nasr City	NT
10	Joliana Fady Emad	10	GHABA	NT

Heat 8 of 8 Finals

1	Kenzy Kareem Ashraf	10	SHOOT	NT
2	Noor Yasser Helmy	10	DEGLA	NT
3	Alma Ismail Elgohary	10	DEGLA	NT
4	Menah Moustafa Mohamed	10	ZMALK	NT
5	Hana Mohammed Hefny	10	El Temsah	NT
6	Habiba Haitham Ammar	10	El Temsah	NT
7	Hagar Mahmoud Salem	10	AHLY	NT
8	Mariam Islam Mohamed	10	AHLY	NT
9	Haya Haitham Reda Sedeik	10	MAADI	NT
10	Retag Galal Ibrahim	10	DEGLA	NT