

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 20-07-2019 Morning

## Event 25 Boys 11 Year Olds 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 76 Finals

4	Jakoub Rimon Yakoub	11	BNK.G	NT
5	Tarek Ahmed Tarek	11	HELOP	NT
6	Youssef Hany Mohamed Kai	11	DEGLA	NT

## Heat 2 of 76 Finals

2	Eyad Amro Emam Hassn	11	Taleaa El Gish	NT
3	Aly Amr Eissa	11	AHLY	NT
4	Ali Mahmoud Mohamed Kai	11	HELDO	NT
5	Mohamed Hafez Mohamed	11	DEGLA	NT
6	Yassin Hany Mohamed	11	DEGLA	NT
7	Adam Ali Amir Mohamed	11	HELOP	NT
8	Mrawan Shiref Mahdy	11	ENPPI	NT
9	Mohaned Emad Fahim Moh	11	MRAC	NT

## Heat 3 of 76 Finals

1	Sherief Reda Metwaally	11	ZOHUR	NT
2	Youssef Galal Sayed	11	DEGLA	NT
3	Mohamed Islam Gamal	11	DEGLA	NT
4	Mohamed Ashraf Nagah	11	DEGLA	NT
5	Farouk Mohamed Moharam	11	DEGLA	NT
6	Moayed Khaled Sayed Hass	11	SHOOT	NT
7	Moustafa Wael Habib	11	DEGLA	NT
8	Yassin Mohamed Reda	11	DEGLA	NT
9	Mahmoud Hany Mohamed	11	GHABA	NT
10	Omar Mosatafa Refaat	11	DEGLA	NT

## Heat 4 of 76 Finals

1	Ahmed Hessin Ahmed	11	ENPPI	NT
2	Yossef Mohamed Hassan	11	GHABA	NT
3	Michael Tamer Fouad	11	GHABA	NT
4	Yassin Hossam Eldin Faroul	11	Taleaa El Gish	NT
5	Youssef Walid Adel	11	DEGLA	NT
6	Abdelhamed Essam Moham	11	GHABA	NT
7	Mahmoud Ibrahim Ezzat	11	AHLY	NT
8	Ibrahim Mohamed Ibrahim	11	MAADI	NT
9	Youssef Mohamed Farouk E	11	SHOOT	NT
10	Yassin Ahmed Adel	11	SHOOT	NT

## Heat 5 of 76 Finals

1	Eyad Tarek Fathy	11	AHLY	NT
2	Mohamed Abdelmounem A:	11	SHAMS	NT
3	Karem Moatasem Mahmoud	11	DEGLA	NT
4	Baraa Mostafa ElSayed Bay	11	HELDO	NT
5	Seif Reda Ahmed	11	DEGLA	NT
6	Sherif Amr Mahmoud	11	DEGLA	NT
7	Mostafa Medhat Mabrok	11	GHABA	NT
8	Yassin Hesham Fathy	11	AHLY	NT
9	Nour Hussein Anwar Mohar	11	AHLY	NT
10	Mazen Amr Mohamed	11	DEGLA	NT

## Heat 6 of 76 Finals

1	Mostafa Wael Samir	11	SHAR!	NT
2	Marwan Sameh Fawzy	11	DEGLA	NT
3	Abdalla Adel Abdalla	11	AHLY	NT
4	Youssef Mohamed Abdel Gh	11	DEGLA	NT
5	Omar Ali Khalil Hassan	11	GHABA	NT
6	Abdelrahman Hassan Alsay	11	ENPPI	NT
7	Omar Magdy Omar	11	DEGLA	NT
8	Adam Mohamed Mahmoud	11	DEGLA	NT
9	Omar Ahmed Hasan Khedr	11	SHOOT	NT
10	Adam Tamer Fouad Elsayed	11	HELDO	NT

## Heat 7 of 76 Finals

1	Mokhter Mohamed Said	11	M S Benha City	NT
2	Omar Mahamed Karam Ali I	11	HELDO	NT
3	Mohamed Bakry Kaaed Abd	11	MAADI	NT
4	Youssef Mohamed Refaat	11	DEGLA	NT
5	ali Abdelmonaim Mohamed	11	Taleaa El Gish	NT
6	Ali Wael Mohamad Saad	11	SMOUH	NT
7	Abdel Rahman Ahmed Nass	11	DEGLA	NT
8	Adam Amr Abd Elrahman	11	ZOHUR	NT
9	Mohamed Tarek Mostafa	11	DEGLA	NT
10	Ahmed Essam Abd Elkreem	11	Taleaa El Gish	NT

## Heat 8 of 76 Finals

1	Omar Ashraf Abd Elmonam	11	ZOHUR	NT
2	Mohamed Ashraf Mohamed	11	AHLY	NT
3	Yosef Omar Mahmoud EL S	11	HELOP	NT
4	Omar Mahmoud Mohamed	11	ZMALK	NT
5	Ali Mohamed Glal	11	Taleaa El Gish	NT
6	Shrif Ahm. Zaky Ibrahim Ze	11	GEZIR	NT
7	Omar Samer Mahmoud	11	AHLY	NT
8	Belal Tarek Mohamed Ibrah	11	SHAMS	NT
9	Hamza Mohamed Abdelmor	11	Taleaa El Gish	NT
10	Ibrahim Moh. Abd Elaziz Gl	11	GEZIR	NT

## Heat 9 of 76 Finals

1	Marawan Waleed Mohamed	11	RWAD	NT
2	Karim Ebrahim Shaaban	11	GHABA	NT
3	Ahmed Mohamed Hossny	11	Taleaa El Gish	NT
4	Ammar Ahmed Zaher	11	AHLY	NT
5	Mohamed Walid Ahmed	11	DEGLA	NT
6	Mikhael Amir Gamil	11	DEGLA	NT
7	Adham Hazem Mamdouh	11	SHOOT	NT
8	Mahmoud Eissa Moharam	11	DEGLA	NT
9	Keven Latif Farag	11	DEGLA	NT
10	Karim Amr Mahmoud Samy	11	AHLY	NT

## Heat 10 of 76 Finals

1	Mohamed Ashraf Mostafa M	11	DEGLA	NT
2	Yassin Mohamed Abd Elsal	11	Taleaa El Gish	NT
3	Yasisen Mohamed Seif	11	M S Benha City	NT
4	Abdelrahman Mohamed Ga	11	DEGLA	NT
5	Abdelrahman Hossam Elsa	11	SMOUH	NT
6	Yassien Yasser Abdel Rahm	11	DEGLA	NT
7	Amr Mohamed Mahmoud E	11	MAADI	NT
8	Kirollos Jan Farnses	11	Taleaa El Gish	NT
9	Omar Abd EL Razek Kamal	11	RWAD	NT
10	Mazen Ehab Mofed Ali	11	DEGLA	NT

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**Heat 11 Finals (#25 Boys 11 Year Olds 50 LC Meter Freestyle)**

1	Hamza Medhat Edris Helmy	11	HELDO	NT
2	Omar Mohamed Heggaz	11	Taleaa El Gish	NT
3	Abdelrahman Ibrahim Ahm	11	MRAC	NT
4	Shehab Ehab Hassan Ahme	11	SHOOT	NT
5	Mohamed Khaled Mohamec	11	SHOOT	NT
6	Adham Mostafa Gaafar	11	DEGLA	NT
7	Abdel Rahman Ayman eid	11	ZMALK	NT
8	Youssef Emad Shaaban	11	AHLY	NT
9	Omar Anwar Salah	11	GHABA	NT
10	Omar Emad Samir Abdallah	11	DEGLA	NT

**Heat 12 of 76 Finals**

1	Selim Moh. Foad Hamdy	11	GEZIR	NT
2	Omar Yasir Ebrahim	11	HELOP	NT
3	Aly Mohamed Hassan Aly	11	AHLY	NT
4	Omar Wahed Ibrahim Awac	11	RWAD	NT
5	Saif Alla Hatem Raouf	11	SHAMS	NT
6	Zyad Mohamed Thabet	11	Taleaa El Gish	NT
7	Ziyad Wael Refaie	11	Sporting	NT
8	Omar Hazem Hussein	11	DEGLA	NT
9	Mohamed Wael Saad	11	AHLY	NT
10	Hamza Mohamed Shoaib	11	DEGLA	NT

**Heat 13 of 76 Finals**

1	Omar Ahmed Hafez El Sem	11	DEGLA	NT
2	Abd Allah Hesham Hamdy /	11	MAADI	NT
3	Yasin Mossa Moh. Faghr Eld	11	GEZIR	NT
4	aly Hussien Mahmoud	11	ZMALK	NT
5	Eslam Wael Essam Moham	11	SHAMS	NT
6	Ibrahim Shams Eldin Moha	11	AHLY	NT
7	Mahmoud Ahmed Mohamec	11	DEGLA	NT
8	Yasser Mohamed Abbas	11	ZMALK	NT
9	Yassin Mohamed Ibrahim	11	DEGLA	NT
10	Ali Mohamed Kamal	11	DEGLA	NT

**Heat 14 of 76 Finals**

1	Hamza Hussein Mohamed F	11	AHLY	NT
2	Eyad Amro Ibrahim	11	Taleaa El Gish	NT
3	Mohamed Tamer Mohamed	11	GHABA	NT
4	Abdelrahm Mohamed Abde	11	M.S Tagamoa	NT
5	Eyad Ahmed El Sayed	11	DEGLA	NT
6	Saleh Mohamed Mahmoud	11	AHLY	NT
7	Mohamed Waled Barakat	11	HELOP	NT
8	Moustafa Mohamed Aadel	11	Taleaa El Gish	NT
9	Mohamed Waled Mohamed	11	RWAD	NT
10	Youseif Mohamed Ahmed E	11	ZMALK	NT

**Heat 15 of 76 Finals**

1	Aly Amr Aly Mohamed	11	AHLY	NT
2	Karim Hesham Moh. Fakry	11	GEZIR	NT
3	Ahmed Mohamed Mahmoud	11	AHLY	NT
4	Marc Youhanna Kamal	11	DEGLA	NT
5	Mohamed Walid Mohamed	11	GHABA	NT
6	Mostafa Sayed Hashem Saye	11	Taleaa El Gish	NT
7	Youssef Mohamed el Derwy	11	Sporting	NT
8	Hasan Mohamed Hasan	11	Taleaa El Gish	NT
9	Mazen Mostafa Asfoor	11	ZOHUR	NT
10	Karim Sameh Karim	11	TRSAN	NT

**Heat 16 of 76 Finals**

1	Mohamed Haitham Moham	11	DEGLA	NT
2	Youssef Mohamed Basiony	11	DEGLA	NT
3	Omar Tamer Issa	11	RWAD	NT
4	Mohamed Alaa Mouhsen	11	ZMALK	NT
5	Omar Abd el Moneam Lotfy	11	DEGLA	NT
6	Yassin Abdallah Khatan	11	DEGLA	NT
7	Antonios Hany Fawzy Awad	11	DEGLA	NT
8	Omar Ahmed Mohamed Gal	11	RWAD	NT
9	Adam Ali Hassan Ahmed	11	SHOOT	NT
10	Ahmed Mohsen Mohamed	11	AHLY	NT

**Heat 17 of 76 Finals**

1	Mohamed Haitham Shawky	11	DEGLA	NT
2	Yassin Ahmed Attiaallah	11	DEGLA	NT
3	Anas Mostafa Shaker	11	DEGLA	NT
4	Fahd Hassan Hasanin	11	ZMALK	NT
5	Mohamed Ahmed Mohamec	11	AHLY	NT
6	Adham Mohamed Assem	11	AHLY	NT
7	Shrief Hazem Ahmed	11	AHLY	NT
8	Eyad Mohamed Mohamed	11	DEGLA	NT
9	Abdel Rahman Ahmed Shaw	11	AHLY	NT
10	Omar Mohamedmohmd Els	11	GHABA	NT

**Heat 18 of 76 Finals**

1	Amr Mohamed Mahmoud It	11	AHLY	NT
2	Hamza Mahmoud Hamza	11	DEGLA	NT
3	Zyad Ibrahim Mohamed	11	HELDO	NT
4	Yassin Ahmed Nabil	11	Sporting	NT
5	Yassin Ashraf Mohamed	11	Taleaa El Gish	NT
6	Ahmed Mohamed Anwar Fe	11	AHLY	NT
7	Nour Aldien Tareq Mhamdd	11	M.S Tagamoa	NT
8	Yehia Salah El Din Galal	11	DEGLA	NT
9	Hamza Mohamed Rifaat	11	SHOOT	NT
10	Omar Abdelmonaim Mohan	11	Taleaa El Gish	NT

**Heat 19 of 76 Finals**

1	Yasin Amro Ahm. Kamal Say	11	GEZIR	NT
2	Ahmed Mohamed abd Elhar	11	TRSAN	NT
3	Mostafa Yaser Mostafa	11	SHOOT	NT
4	Ahmed Tamer Abass Ahme	11	SHAMS	NT
5	Youssef Yasser Farouk Hass	11	Sporting	NT
6	Mohand Haytham Ezzat	11	AHLY	NT
7	Mohamed Wael Mohamed	11	DEGLA	NT
8	Youssef Mohamed Abd Elaz	11	ZOHUR	NT
9	Mohamed Karim Mohamed	11	ENPPI	NT
10	Zein el den Tamer Mohame	11	HELOP	NT

**Heat 20 of 76 Finals**

1	Fares Karm Refaay	11	AHLY	NT
2	Yihie Elsie Abd Elrhiem	11	El Obour	NT
3	Ahmed Tamer Gamal Eldin	11	DEGLA	NT
4	Yahia Hazim Husieen	11	ZMALK	NT
5	Mohamed Shady Ebrahim	11	GHABA	NT
6	Hamza Assem Shafik	11	DEGLA	NT
7	Marwan Mamdouh Farghaly	11	DEGLA	NT
8	Mohamed Waled Mohamed	11	RWAD	NT
9	Yassin Maged Hamdy	11	DEGLA	NT
10	Ahmed Mahmoud Mohame	11	ZMALK	NT

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## Heat 21 Finals (#25 Boys 11 Year Olds 50 LC Meter Freestyle)

1	Mazen Hamed	11	ENPPI	NT
2	Adham Shady Mohsen El He	11	ZOHUR	NT
3	abd Elrahman Ashrf Nabil	11	TRSAN	NT
4	Omar Mohamed ali	11	DEGLA	NT
5	Kareem Tarek Mahfouz Ism	11	SHOOT	NT
6	Youssef amr abd Elwahab	11	DEGLA	NT
7	Ahmed Osama Abdelhamee	11	M.S Tagamoa	NT
8	Bavly Phelip	11	GHABA	NT
9	Anas Omar Elewa Mohamec	11	DEGLA	NT
10	Mohamed Hussein Hussein	11	DEGLA	NT

## Heat 22 of 76 Finals

1	Adel Khaled Gougou	11	Sporting	NT
2	Adam Salah Mohamed Safw	11	ZOHUR	NT
3	Mohamed Ahmed Omar	11	GHABA	NT
4	Anas Mohamed Mohamed F	11	GHABA	NT
5	Yassine Ahmed Ibrahim	11	SHOOT	NT
6	Omar Ahmed Haggag	11	M S Benha City	NT
7	Adam Hassan Mohamed Ad	11	AHLY	NT
8	Anas Adel Farouk	11	GHABA	NT
9	Mohamed Ashraf Safwat	11	ZMALK	NT
10	Omer Ahmed Abo Bakr	11	SHOOT	NT

## Heat 23 of 76 Finals

1	Marwan Mohamed A.Latif	11	DEGLA	NT
2	Ziad Ayman Mamoun	11	ZMALK	NT
3	Abdelrahman Mahmoud Mc	11	SHAMS	NT
4	Ahmed Khaled Hashem Ali	11	HELOP	NT
5	Mahmoud Mohamed Atef	11	Taleaa El Gish	NT
6	Mhamed Emam Mohamed	11	ENPPI	NT
7	Ahmed Mahmoud Magdy	11	Sporting	NT
8	Omar Ayman Wahied Moha	11	SHAMS	NT
9	Omar Massoud Bakry	11	DEGLA	NT
10	Nour Eldin Mohamed Refaa	11	AHLY	NT

## Heat 24 of 76 Finals

1	Ziad Yasser Mohamed	11	DEGLA	NT
2	Yassin Mohamed Gamal	11	AHLY	NT
3	Mahmoud Hossam El din M	11	SHOOT	NT
4	Yassin Safy Eldin	11	GHABA	NT
5	Omar Gamaleldien Elsayd E	11	DEGLA	NT
6	Karim Moh. Adel Moh. Mun	11	GEZIR	NT
7	Adham Mohamed Mostafa	11	DEGLA	NT
8	Amr Khaled Fekry	11	AHLY	NT
9	Mohamed Sadeq Hassan	11	GHABA	NT
10	Mohamed Hany Mohamed F	11	GHABA	NT

## Heat 25 of 76 Finals

1	Islam Mohamed Khaled Abc	11	Sporting	NT
2	Mostafa Mohamed Batal	11	SHOOT	NT
3	Mohamed Mahmoud Abdall	11	DEGLA	NT
4	Moaz Mohamed Meshref	11	SHOOT	NT
5	Yossef Efraim Sabry	11	GHABA	NT
6	Marawan Wael Hanfy	11	AHLY	NT
7	Yosif Samer Samir Moh. Hel	11	GEZIR	NT
8	Reda Ahmed Ali	11	Taleaa El Gish	NT
9	Zain Ahmed ali Ahmed	11	DEGLA	NT
10	Belal Mohamed Mohsen Ma	11	MAADI	NT

## Heat 26 of 76 Finals

1	Mohamed Osama Abdelhar	11	M.S Tagamoa	NT
2	Ahmed Mohamed Ahmed A	11	GHABA	NT
3	Abdelrahman Mohamed His	11	SHAMS	53.23
4	Omar Abdelkhalek Mahmou	11	Taleaa El Gish	52.29
5	Mohamed Omar Mohamed	11	ZOHUR	50.57
6	Yehia Ayman Elsayed	11	GHABA	51.00
7	Mohmed Haitham Mohmed	11	Taleaa El Gish	52.87
8	Shrief Walid Mohamed Farh	11	AHLY	54.81
9	Ahmed Mahmoud Farouk	11	DEGLA	NT
10	Eyad Mahmoud Said	11	DEGLA	NT

## Heat 27 of 76 Finals

1	Abdel Rahman Hany Mahmo	11	AHLY	49.79
2	Adam Hesham Rabiaa	11	AHLY	49.62
3	Selim Samer Mahmoud	11	DEGLA	49.36
4	Mohamed Ahmed Magdy Al	11	Taleaa El Gish	49.05
5	Yassin Ehab Hassan Ahmed	11	SHOOT	48.77
6	aly Ahmed aly Ahmed	11	Taleaa El Gish	48.81
7	Yassin Ahmed Yehia Kamel	11	AHLY	49.06
8	Adham Essam A.Wahed	11	DEGLA	49.42
9	Mohamed Ahmed Mohamec	11	Taleaa El Gish	49.67
10	Mohamed Wafik Abd-ElAziz	11	SHOOT	49.98

## Heat 28 of 76 Finals

1	Eyad Molham Mahmoud Mc	11	MAADI	48.63
2	Khaled Mohamed Mahmoud	11	GHABA	48.40
3	Mohand Yasser Mohamed H	11	Taleaa El Gish	47.71
4	Seif Eldin Mohamed Ahmed	11	ZOHUR	47.66
5	Mohamed Samy Taha Ibrah	11	RWAD	47.20
6	Gaser Sherif Shawky Abdall	11	HELDO	47.66
7	Yehia Ismail Mahmoud	11	SHOOT	47.66
8	Yahia Walid Saad A.Alhamid	11	SHOOT	47.75
9	Adham Yaseer Mohamed	11	ZMALK	48.48
10	Asser Sherif Shwky Abdalla	11	HELDO	48.74

## Heat 29 of 76 Finals

1	Yousef Alaa Ahmed EL Taha	11	HELOP	46.99
2	Eyad Ahmed Fathy Abdalla	11	AHLY	46.51
3	A.Rahman Emad Ibrahim	11	DEGLA	46.49
4	Yousef Omar Ahmed Abdelf	11	HELDO	46.35
5	Ali Bahaa EL Den Ali	11	HELOP	46.24
6	Mohamed Osama Elsayed	11	SHOOT	46.32
7	Ali Hassan Abdo	11	SHOOT	46.40
8	Nour Amr Mohamed	11	DEGLA	46.50
9	Abdullah Ahmed O Wagdy	11	SHOOT	46.54
10	Omar Mohamed Hosny Has	11	SHOOT	47.13

## Heat 30 of 76 Finals

1	Amar Galal AL Araby	11	RWAD	46.14
2	Seif Ayman Ahmed Fathy	11	SHOOT	46.11
3	Anas Ahmed Khairallah	11	DEGLA	46.01
4	Mahmoud Soliman abd Alkl	11	Taleaa El Gish	45.97
5	Hamdy Mohamed Hamdy	11	ZMALK	45.88
6	Yassin Khaled Bassem	11	AHLY	45.95
7	Hamza Mohamed O Abdel H	11	SHOOT	45.97
8	aly Hisham aly Mohamed	11	MRAC	46.06
9	Ahmed Osama Ahmed Moav	11	ENPPI	46.13
10	Ziad Mahmoud Ibrahim Zak	11	ZOHUR	46.14

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**Heat 31 Finals (#25 Boys 11 Year Olds 50 LC Meter Freestyle)**

1	Mahmoud Farouk Mohamec	11	AHLY	45.77
2	Mohamed Hossam Ebrahim	11	GHABA	45.67
3	Mostafa Sherif Ahmed Rout	11	SHOOT	45.55
4	Omar Hossam El Dein Moha	11	ZOHUR	45.41
5	Mostafa Mohamed Mostafa E	11	SHOOT	45.27
6	Youssef Ahmed Mohame	11	DEGLA	45.28
7	Mohamed Mahmoud Mawo	11	ENPPI	45.49
8	Ahmed Osama Hosnie	11	ZOHUR	45.55
9	Yasein Sabry Mabrok	11	DEGLA	45.70
10	Youssef Ehab Abd Elmenem	11	ZOHUR	45.78

**Heat 32 of 76 Finals**

1	Youssef Mohamed Hamed	11	DEGLA	45.08
2	Ali Mohamed Amr Samir	11	HELOP	44.85
3	Ahmed Ramy Said Amin	11	MRAC	44.73
4	Youssef Nasser Abdel Hami	11	AHLY	44.61
5	Mohamed Waleed Mohame	11	Taleaa El Gish	44.55
6	Omar Emam Ibrahim Emar	11	SHOOT	44.61
7	Abd Elrahman Mohamed M	11	ZOHUR	44.69
8	Omar Sherief Abd Elaziz	11	ZOHUR	44.84
9	Abdelrahman Ahmed Metw	11	ENPPI	44.97
10	Ali Ahmed Arafa	11	ZOHUR	45.27

**Heat 33 of 76 Finals**

1	Ali Wael Lotfy	11	SHOOT	44.33
2	Omar Kareem Mohamed	11	DEGLA	44.31
3	Ahmed Ashraf Yousry Hame	11	SHOOT	44.23
4	Mohamed Sayed Ramadan I	11	SHOOT	44.21
5	Aser Molham Mahmoud Mo	11	MAADI	44.19
6	Assem Mohamed Ramadan	11	DEGLA	44.19
7	Haron Mostafa Abdelfatah /	11	MRAC	44.22
8	Hamza Hatem Mohamed	11	ZOHUR	44.25
9	Karim Mahmoud Shafik	11	ENPPI	44.33
10	Youssef Ahmed Elsaied Abd	11	Taleaa El Gish	44.44

**Heat 34 of 76 Finals**

1	Zaid Mohamed Mostafa ali	11	Taleaa El Gish	44.11
2	Mahmoud Hesham Mahmo	11	ZOHUR	43.82
3	Yassin Mohamed El Zoam	11	DEGLA	43.75
4	Mohamed Khaled Ibrahim	11	Taleaa El Gish	43.73
5	Hashim Ahmed Shoir	11	GEZIR	43.61
6	Omar Salah Mostafa	11	ZOHUR	43.66
7	Ahmed Moataz Kamel Abd I	11	SHOOT	43.73
8	Selim Hossam Helmy	11	ZOHUR	43.81
9	Malek Mohamed Badawy	11	MRAC	43.84
10	Ahmed Hany Mahmoud Hes	11	SHOOT	44.13

**Heat 35 of 76 Finals**

1	Omar Mohamed Elsayed Mc	11	SHAMS	43.59
2	Ahmed Mazen Ahmed	11	AHLY	43.53
3	Mahmoud Sherif Abd Elmor	11	ZOHUR	43.49
4	Adam Mohamed Atya	11	RWAD	43.43
5	Yassin Magdy Isma'eel	11	RWAD	43.19
6	Omar Ahmed Mohamed El I	11	SHOOT	43.32
7	Ali Hassan Husien Tawfik	11	RWAD	43.46
8	Marawan Mohamed Abdel /	11	AHLY	43.50
9	Eslam Sayed Hamada	11	GHABA	43.59
10	Abdelrhman Mohamed Ahn	11	DEGLA	43.60

**Heat 36 of 76 Finals**

1	Omar Mohamed Omar Aly	11	AHLY	43.10
2	Ziad Walid Maher Abo Seria	11	HELDO	42.99
3	Mena Shref Talat Kastor	11	HELOP	42.95
4	Mohamed Khaled Abdel Wa	11	AHLY	42.89
5	Ahmed Haitham Mohamed	11	ENPPI	42.75
6	Marawan Ahmed Mohamed	11	AHLY	42.86
7	Esmail Ahmed Essa Taha	11	HELOP	42.92
8	Eissa Hossam Eldin Hany M	11	SHOOT	42.95
9	Hussain Amr Fouad Elguind	11	GEZIR	43.07
10	Danyal Baher Badr	11	AHLY	43.16

**Heat 37 of 76 Finals**

1	Al Baraa Osama Ibrahim	11	ZOHUR	42.70
2	Mark Tamer Fouad	11	GHABA	42.36
3	Mohamed Walid Mohamed	11	AHLY	42.30
4	Saif Eldin Ayman Elsayed A	11	Taleaa El Gish	42.26
5	Yassin Anwar Ahmed Anwa	11	AHLY	42.21
6	Youssef Samer Makram	11	DEGLA	42.25
7	Marwan Ayman El Sayed El	11	DEGLA	42.28
8	Mohsen Mohamed Mohsen	11	ZMALK	42.36
9	Karim Ashraf Zaki	11	DEGLA	42.46
10	Omar Mohey Eldin	11	GHABA	42.75

**Heat 38 of 76 Finals**

1	Seif Amr Mohamed	11	DEGLA	42.17
2	Omar Ehab Osama	11	DEGLA	42.06
3	Youssef Kamal Mohamed	11	DEGLA	42.05
4	Yousef Mahmod abd Elazer	11	HELOP	42.02
5	Omar Ahmed Mohamed Far	11	ZOHUR	41.96
6	Omar Mosaad Mohamed	11	SHOOT	41.96
7	Abd EL Rahman Medhat Ha	11	RWAD	42.05
8	Omar Yasser Hemed Mohan	11	HELOP	42.06
9	Anas Ibrahim Mohamed	11	TRSAN	42.09
10	Fadl Ramy Abdelkarim	11	AHLY	42.21

**Heat 39 of 76 Finals**

1	Marawan Ahmed Mahmoud	11	RWAD	41.86
2	Fares Ehab Hassan Ahmed I	11	SHOOT	41.82
3	Mazin Mohamed Ali	11	ZOHUR	41.81
4	Mohamed Abdullah Moham	11	DEGLA	41.79
5	Ali Ahmed Ali Ahmed	11	HELOP	41.76
6	Ahmed Ehab Ahmed	11	SHOOT	41.78
7	Khaled Ahmed A.Monaem	11	DEGLA	41.81
8	Fady John Nagy Fahmy	11	Taleaa El Gish	41.81
9	Saad Eldin Waleed Wagdy	11	ZOHUR	41.86
10	Mazen Ekramy Abdel Hami	11	AHLY	41.90

**Heat 40 of 76 Finals**

1	Blal Ahmed Abd EL Fatah	11	HELOP	41.67
2	Seif Karim Mamdoh Mah. El	11	GEZIR	41.64
3	Mohamed Ahmed Mohamec	11	AHLY	41.59
4	Mohamed Wassim Mohame	11	MAADI	41.56
5	Omar Ahmed Saeed El Sher'	11	SHOOT	41.53
6	Yasin amr Morad	11	HELOP	41.56
7	Marek Nader Kamal Zaki	11	SHAMS	41.57
8	Ziad Ahmed Magdy	11	ZOHUR	41.61
9	Younis Mohamed Sayed Wal	11	ZOHUR	41.67
10	Mohamed Wadah Mohamec	11	HELOP	41.71

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## Meet Program - 20-07-2019 Morning

**Heat 41 Finals (#25 Boys 11 Year Olds 50 LC Meter Freestyle)**

1	Youseif Khaled Mohamed	11	ZMALK	41.46
2	Ahmed Abdel Monaem Ibr	11	AHLY	41.39
3	Karim Mohamed Baranek	11	DEGLA	41.37
4	Mohamed Yaser Ahmed Zak	11	Taleaa El Gish	41.32
5	Amin Mohamed O Amin	11	SHOOT	41.26
6	Salman Hishem Hassan	11	TRSAN	41.27
7	Omar Mohamed Anwar	11	DEGLA	41.32
8	Marwan Tamer El Sayed	11	ZOHUR	41.38
9	Omer Mohamed Mostefe	11	El Obour	41.46
10	Marwan El Sayed Abd Al W	11	DEGLA	41.48

**Heat 42 of 76 Finals**

1	Hussein Mohamed Hamad	11	AHLY	41.19
2	Ahmed Mahmoud Fouad To	11	ZOHUR	41.14
3	Ali Mohamed Ali Abdel Sala	11	AHLY	41.07
4	Omar Taha Ibrahim Ahme	11	SHAMS	41.01
5	Mohammed Sameh Moham	11	DEGLA	40.99
6	Ismail Mohamed Mahmoud	11	SHOOT	40.99
7	Youssef Mohamed Shrif Sha	11	SHOOT	41.01
8	Mohamed Tamer Ahmed	11	SHOOT	41.13
9	Yassin Ahmed O Gamal	11	SHOOT	41.18
10	Yassin Mohamed Bahy el di	11	SHOOT	41.22

**Heat 43 of 76 Finals**

1	Gaser Ahmed	11	GHABA	40.84
2	Abdalla Ahmed Said Lotfy	11	AHLY	40.70
3	Ali Haytham Apdel Moniem	11	SHOOT	40.66
4	Adam Tamer Ali Mahmoud	11	SHAMS	40.64
5	Karim Hany Kamal Moh. Di	11	GEZIR	40.59
6	Emad ElDin Farouk Meseilh	11	AHLY	40.62
7	Aly Amr Mohamed Kamal	11	AHLY	40.65
8	Moaz Tamer Hassan Mohm:	11	SHAMS	40.69
9	Khaled Karim Ahmed Gama	11	AHLY	40.77
10	Mohamed Emad Ahmed Kh:	11	ZOHUR	40.95

**Heat 44 of 76 Finals**

1	Mahmoud Mohamed Abdel	11	AHLY	40.54
2	Hamza Mohamed Ahmed	11	DEGLA	40.49
3	Ahmed Hossam Farouk	11	AHLY	40.41
4	Seif Ahmed Fahmy	11	ENPPI	40.35
5	Youssef Shady Mohamed M	11	RWAD	40.32
6	Hamza Mohamed Elmoham	11	ZMALK	40.34
7	Yassin Mohamed O Hussein	11	SHOOT	40.39
8	Ahmed usama Ezzat Ahmed	11	Taleaa El Gish	40.48
9	Ahmed Reda Abd Elmohsee	11	ZOHUR	40.54
10	Yahia Mohamed El Sayed	11	DEGLA	40.54

**Heat 45 of 76 Finals**

1	Yassin Mohamed Nader	11	SHOOT	40.30
2	Omar Mohamed Adel	11	AHLY	40.27
3	Mohamed Sameh Ahmed Al	11	AHLY	40.23
4	Alamir Shady Shokry Ahme	11	SHAMS	40.21
5	Karim Ahmed Abdallah	11	DEGLA	40.19
6	Seif Eldin Khalid Fadel	11	ZMALK	40.20
7	Yehia Amr Said	11	AHLY	40.21
8	Adam Eslam Mohamed Bat:	11	RWAD	40.24
9	Karim Tamer Badr	11	DEGLA	40.28
10	Ahmed Ayman Abdou	11	DEGLA	40.30

**Heat 46 of 76 Finals**

1	Mohamed Emad Mohamed	11	SHAMS	40.05
2	Mustafa Tarek Mohamed	11	SHOOT	39.99
3	Mostafa Ahmed AL Saeed	11	RWAD	39.95
4	Kareem Ehab Magdy	11	ZOHUR	39.89
5	Ahmed Abdelazim Saleh	11	Taleaa El Gish	39.87
6	Yassin Sherif Younes	11	DEGLA	39.87
7	Omar Abdel Rahman Husse	11	AHLY	39.91
8	Youssef Hussin Kamal	11	ZOHUR	39.96
9	Seif Amr Negm Eldin	11	DEGLA	40.03
10	Kareem Ehab Sabry Mahmo	11	SHOOT	40.08

**Heat 47 of 76 Finals**

1	Ahmed Mostafa Abd Elkalel	11	ZOHUR	39.87
2	Marwan Mohamed O Mahm	11	SHOOT	39.76
3	Mazen Hatem Hassan	11	SHOOT	39.73
4	Seif Eleslam Goma	11	Sporting	39.60
5	Youssef Hussien Gado	11	ZOHUR	39.55
6	Mohmoud Moataz Abdallah	11	SHAMS	39.59
7	Mohamed Karim Mohamed	11	DEGLA	39.68
8	Eyad Ahmed Adel	11	GHABA	39.73
9	Ahmed Mohamed Ahmed L:	11	AHLY	39.86
10	Mohamed Hani Mohamed H	11	DEGLA	39.87

**Heat 48 of 76 Finals**

1	Moaz Mohamed Ismaeel	11	RWAD	39.52
2	Yassin Hesham Mohamed E	11	HELOP	39.50
3	Youssef Ahmed Ahmed Moh	11	SHOOT	39.48
4	Aly Ahmed Salah Eldin	11	AHLY	39.46
5	Mohamed Wahid Ahmed At	11	MAADI	39.38
6	Yasuin Basem Saeyd	11	ENPPI	39.44
7	Omar Mostafa Ahmed Most:	11	RWAD	39.48
8	Ismail Ahmed Salah	11	SHOOT	39.49
9	Mohamed Walid Fathy	11	ZOHUR	39.51
10	Salah Hany Salah	11	ZOHUR	39.55

**Heat 49 of 76 Finals**

1	Mohamed Emad Ghonemy	11	RWAD	39.35
2	Mostafa Moataz Mohamed	11	DEGLA	39.30
3	Adam Ahmed Salah Moham	11	AHLY	39.30
4	Ahmed amr Mahmoud	11	ZMALK	39.28
5	Kerlous Hany Eshaa	11	DEGLA	39.25
6	Ahmed Sherief Ahmed Moh	11	SHOOT	39.27
7	Marwan Mohamed Ahmed	11	ZMALK	39.30
8	Yassin Hatem Adel	11	ZOHUR	39.30
9	Mohamed Osama Abd EL Sa	11	RWAD	39.34
10	Ibrahim Mohamed Ibrahim	11	ENPPI	39.35

**Heat 50 of 76 Finals**

1	Sherif Atef Mohamed Moha	11	RWAD	39.22
2	Hassan Karim Ahmed Klela	11	HELOP	39.16
3	Youssef Mohamed Hassan	11	ZOHUR	39.13
4	Ahmed Shehab Abraham	11	ZOHUR	39.08
5	Nour El-Deen Mohamed Fel	11	SHOOT	39.03
6	Ahmed Hassan Ahmed Bad	11	AHLY	39.04
7	Youssef Medhat Fathy	11	DEGLA	39.09
8	Moaz Sherif Wagdy Abdelaa	11	MRAC	39.16
9	Youssef Atef Abdel Hamid	11	DEGLA	39.19
10	Ahmed Mohamed Ahm Abd	11	GHABA	39.23

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**Heat 51 Finals (#25 Boys 11 Year Olds 50 LC Meter Freestyle)**

1	Omar Ahmed Sayed Hamed	11	ZOHUR	38.98
2	Ali Mohamed Essa Taha	11	HELOP	38.94
3	Uoussef Mohamed Mostafa	11	Taleaa El Gish	38.86
4	Omar Amir Abo el Naga	11	DEGLA	38.84
5	Mohamed Ahmed Mohamed	11	GHABA	38.79
6	Adam Ahmed Mohamed Mo	11	MRAC	38.83
7	Aly Ahmed el Said	11	DEGLA	38.84
8	Youssef Mohamed Abd EL A	11	RWAD	38.86
9	Mazen Mohamed Farouk	11	AHLY	38.96
10	Mahmoud Mohamed Mohse	11	ZOHUR	39.00

**Heat 52 of 76 Finals**

1	Abd Elrhman Marwan Moh	11	ZOHUR	38.75
2	Adam Mohamed Abd EL Azi	11	RWAD	38.71
3	Hamza Mohamed Said	11	AHLY	38.67
4	Asser Ashraf El Zoghby	11	ZOHUR	38.64
5	Mohamed Ismail Mohamed	11	SHOOT	38.57
6	Salm Ahmed Wahpa	11	SHOOT	38.62
7	Youssef Mostafa Ibrahim	11	DEGLA	38.65
8	Youssef Atef Saber Abo Ame	11	DEGLA	38.69
9	Mahmoud Amr El-shobaki	11	SHOOT	38.74
10	Mohamed Emad el din Abd	11	SHOOT	38.77

**Heat 53 of 76 Finals**

1	Abdalrhman Mahmoud Ami	11	Taleaa El Gish	38.46
2	Adham Ahmed Mohamed SI	11	HELOP	38.44
3	Ibrahim Ahm. Aziz Ezzat Ha	11	GEZIR	38.40
4	Amin Moustafa Amin	11	ZMALK	38.37
5	Mohamed Baher Mohamed	11	DEGLA	38.34
6	Hassan Mohamed Mahmou	11	HELOP	38.36
7	Yassin Mohsen Ibrahim	11	SHOOT	38.40
8	Youssef Ahmed Fouad Ebad	11	AHLY	38.40
9	Alaa Ehab Sayed	11	SHOOT	38.45
10	Yassin Ahmed Mohamed Sh	11	HELOP	38.57

**Heat 54 of 76 Finals**

1	Omar Ahmed Mohamed An	11	AHLY	38.32
2	Abd Elaziz Mohamed Abd E	11	ZOHUR	38.30
3	Amr Khaled Fahmy	11	MAADI	38.28
4	Yassen Mohamed Abd EL N:	11	RWAD	38.23
5	Yousif Said Mohamed	11	ZMALK	38.18
6	Anas Amr Abdalla	11	GHABA	38.23
7	Omr Hany Magdy	11	ENPPI	38.27
8	Omar Amr Kamal Fouad	11	AHLY	38.29
9	Ali Ahmed Mahmoud Mamc	11	AHLY	38.30
10	Ahmed Rafik Essmat	11	DEGLA	38.33

**Heat 55 of 76 Finals**

1	Youssef Tamer Ahmed	11	AHLY	38.17
2	Kerolos Malak Rezk	11	DEGLA	38.09
3	Youssef Hamouda Selim	11	AHLY	38.04
4	Ali Ahmed Mohamed Ali	11	AHLY	37.99
5	Mahmoud amr El_Meniawy	11	Sporting	37.90
6	Adam Mohamed Mahmoud	11	ZOHUR	37.97
7	Ibrahim Alaa Eldin El Mess:	11	SHOOT	38.03
8	Seif El-Din Khaled Mohmed	11	SHOOT	38.06
9	Mohamad Wesam Mohama	11	SMOUIH	38.13
10	Omer Mohamed O ali Aloda	11	SHOOT	38.17

**Heat 56 of 76 Finals**

1	Youssef Ahmed El Mahdy	11	SHOOT	37.89
2	Youssef Mohamed Idris	11	AHLY	37.79
3	Youssef Mohamed Ahmed M	11	AHLY	37.76
4	Mohamed Mahmoud Hussie	11	SHOOT	37.70
5	Mohamed Hani Mahmoud F	11	HELOP	37.68
6	Basel Karm Mohammedn	11	AHLY	37.69
7	Reyad Mohamed Kamal	11	AHLY	37.74
8	Karim Mohamed Ibrahim M	11	MAADI	37.77
9	Khaled Sherif Mahdy	11	DEGLA	37.84
10	Ahmed Hossam A.Wahab	11	DEGLA	37.90

**Heat 57 of 76 Finals**

1	Ahmed Samir Gharib Goma:	11	Taleaa El Gish	37.64
2	Amir Tadros Mouner	11	HELOP	37.61
3	Yousef Ahmed Al Emam Ibr:	11	SHOOT	37.59
4	Yasser Ahmed Mahdy	11	DEGLA	37.56
5	Adam Mohamed Ismail	11	AHLY	37.54
6	Ramez Amgad Botros	11	DEGLA	37.56
7	Karim Ahmed abd Elrahma	11	ROYAL	37.58
8	Omar Salah Salah Mostafa	11	SHOOT	37.60
9	Mohamed Ashraf Saber	11	AHLY	37.61
10	Yasen Kaled Yosry Abd Elba	11	GEZIR	37.66

**Heat 58 of 76 Finals**

1	Belal Tarek Ahmed Afifi	11	SHOOT	37.44
2	Omar Saleh Ibrahim abd All	11	MRAC	37.42
3	Nader Khaled Mostafa Rahe	11	MRAC	37.38
4	Yassin Tarek Saeed	11	SHOOT	37.37
5	Abd Elrahman Mohamed Af	11	ZOHUR	37.33
6	Mahmoud Magdy Hussein	11	AHLY	37.35
7	Youssef Mahmoud Ibrahim:	11	DEGLA	37.38
8	Omar Mohamed Ezzat	11	AHLY	37.40
9	Abd Allah Mohamed Ahmeç	11	ZOHUR	37.43
10	Omar Mohamed Ahmed Ah	11	ZMALK	37.50

**Heat 59 of 76 Finals**

1	Omar Mahmoud Ayman	11	AHLY	37.31
2	Selim Mohamed Abokhalaf	11	ZOHUR	37.28
3	Ahmed Hossam Ahmed Gha	11	SHOOT	37.27
4	Youssef Ahmed Mahmoud F	11	MAADI	37.26
5	Omar Ayman Mohamed Ezz	11	HELOP	37.25
6	Mustafa Ahmed Mostafa You	11	SHOOT	37.25
7	Ahmed Hany Ahmed Mahm	11	AHLY	37.27
8	Nader Samy Fawzy	11	DEGLA	37.28
9	Omar Moustafa Mohamed E	11	HELDO	37.30
10	Youssef Amir Mohamed Abc	11	SHOOT	37.32

**Heat 60 of 76 Finals**

1	Ahmed Wahid Mohamed	11	ZOHUR	37.14
2	Youssef Khalil Alsaid	11	RWAD	37.12
3	Zeiad Osama Fahmy	11	ZMALK	37.02
4	Yassin Samer Wagdy	11	Nasr City	36.99
5	Hamza Mohamed Abo Tale:	11	DEGLA	36.96
6	Mazen Mohmed Adly	11	ENPPI	36.98
7	Zeyad Ahmed Mahmoud Sai	11	AHLY	36.99
8	Abd El Aziz Mohamed Abd I	11	MAADI	37.06
9	Mazin Mohamed Ahmed Ab	11	ENPPI	37.13
10	Mohamed Mostafa Ibrahim	11	AHLY	37.19

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**Heat 61 Finals (#25 Boys 11 Year Olds 50 LC Meter Freestyle)**

1	Karim Tarek Ezzat Mohame	11	SHOOT	36.91
2	Yassin Mohamed Abou Bakr	11	DEGLA	36.87
3	Marwan Ahmed Ragab	11	ZOHUR	36.84
4	Mohamed Ayman Abd el Ha	11	SHOOT	36.83
5	Hossam Eldein Mohhamed	11	SHOOT	36.83
6	Karim Ahmed Mohamed Sh	11	HELOP	36.83
7	Seif Khalied Fathy	11	ZMALK	36.83
8	Yassin Mohamed Nazeh	11	AHLY	36.87
9	Omar Ahmed Mohamed A.M	11	DEGLA	36.88
10	Ali Mohamed ali	11	DEGLA	36.95

**Heat 62 of 76 Finals**

1	Adam Mohamed Abd Elfatal	11	ZOHUR	36.75
2	Ismail Adham Ibrahim Mos	11	ZOHUR	36.70
3	Ahmed Shirief Ahmed Moh	11	SHAMS	36.67
4	Mohamed Haitham El Sayec	11	MAADI	36.62
5	Tarek Amir	11	HELOP	36.60
6	Abdel Rahman Gasser Abde	11	AHLY	36.61
7	Ahmed Mohamed Hamdy A	11	Raas El Bar Club	36.66
8	Yassin Mostafa Nasr	11	Sporting	36.67
9	Ali Ahmed Mohamed A.Mor	11	DEGLA	36.72
10	Sofian Ahmed Mabrouk	11	AHLY	36.78

**Heat 63 of 76 Finals**

1	Yossef Ayman Said	11	GHABA	36.58
2	Badr Eldin Ahmed Mohame	11	ZOHUR	36.58
3	Yassin Gamal Said	11	AHLY	36.54
4	Yousef Ahmed Mohamed Sa	11	HELOP	36.46
5	Yassin Aly Salah Eldin	11	AHLY	36.41
6	Abdallah Ahmed Mahmoud	11	RWAD	36.45
7	Youssef Ayman Iskander	11	DEGLA	36.47
8	Anas Mohamed Sayed	11	ENPPI	36.56
9	Nour El-Din Tamer Hussien	11	SHOOT	36.58
10	Adham Mohamed Khalifa	11	AHLY	36.59

**Heat 64 of 76 Finals**

1	Hamza Ashraf Saber	11	AHLY	36.40
2	amr Magdy Elsayed	11	TRSAN	36.34
3	Yassin Haytham Mohamed I	11	AHLY	36.32
4	Omar Ahmed Sayed Moham	11	SHOOT	36.29
5	Ziad Ahmed Abd EL Wahab	11	RWAD	36.27
6	Omar Amr Ibrahim	11	DEGLA	36.28
7	Saif Mohamed Salah Eisaa	11	6 OCT	36.31
8	Marwan Mohamed Abdelm	11	DEGLA	36.32
9	Mahmud Adel Mohamad M	11	SMOUH	36.37
10	Abdel Malek Gasser Abdella	11	AHLY	36.41

**Heat 65 of 76 Finals**

1	Omar Adel A.Aziz	11	DEGLA	36.25
2	Mohamed Mahmoud Mohar	11	DEGLA	36.20
3	Mostafa Mohamed Hamed	11	DEGLA	36.15
4	Mohamed Hassan Abd El W	11	MAADI	36.13
5	Andria Wael Nagy Mosad Al	11	HELDO	36.05
6	Slem Wesam Samy Mohame	11	HELOP	36.06
7	Zein Nader Mostafa	11	DEGLA	36.14
8	Fares Yaser Shawky	11	DEGLA	36.17
9	Sief Ahmed Farouk	11	ZOHUR	36.22
10	Ali Ahmed Abd El-Hamed O	11	SHOOT	36.25

**Heat 66 of 76 Finals**

1	Mohamed Mostafa Alla' EID	11	SHOOT	35.97
2	Mohamed Goumaa Ahmed	11	AHLY	35.91
3	Shams El din Yasser Hmada	11	SHOOT	35.88
4	Ahmed Mohamed Ahmed	11	DEGLA	35.82
5	Omar Mohamed Mohamed ;	11	TRSAN	35.79
6	Ebrahim Khaled Effat	11	HELOP	35.81
7	Omar Abdalaah Magdy	11	ZMALK	35.83
8	Ibrahim Mohamed Zarad	11	DEGLA	35.90
9	Omar Mohamed Ali Abdo	11	SHOOT	35.94
10	Yousef Hatem Makrem	11	SHOOT	36.05

**Heat 67 of 76 Finals**

1	Yassin Tamer Samir	11	ZOHUR	35.76
2	Aly Osama Ahm. Sayed Ahm	11	GEZIR	35.76
3	Yousief Mohamed Fathy Hu	11	ZMALK	35.71
4	Hussein Mohamed Hussein	11	DEGLA	35.64
5	Yassin Ahmed Abdel Raoof	11	AHLY	35.62
6	Omar Ahmed Mohamed	11	DEGLA	35.64
7	Abdalla Walid Farouk	11	AHLY	35.70
8	Marwan Waleed Mohamed ;	11	SHOOT	35.74
9	Hamza Amr Mohamed Mou	11	SHOOT	35.76
10	Omar Ahmed Mohamed Da	11	SHAMS	35.79

**Heat 68 of 76 Finals**

1	Nour El Din Wael El Nahas	11	DEGLA	35.59
2	Talal Ashraf Abdel Fatah	11	DEGLA	35.58
3	Mohamed Tamer Mohamed	11	AHLY	35.53
4	Mostafa Ebrhim Yehia Mahr	11	HELDO	35.49
5	Essam Khaled Abdel Hady	11	AHLY	35.47
6	Hassan Ibrahim Arafa	11	RWAD	35.48
7	Mostafa Rafaat Mahmoud M	11	DEGLA	35.52
8	Mohamed Mahmoud Elshav	11	AHLY	35.56
9	Yehia Tarek Yehia	11	SHOOT	35.58
10	Malek Ahmed Mohsen	11	DEGLA	35.62

**Heat 69 of 76 Finals**

1	Taim Ahmed Abd Elwhab	11	ZOHUR	35.45
2	Yasien Mohamed Fathy	11	ZMALK	35.38
3	Mohamed Ayman Mohamec	11	MRAC	35.27
4	Mohamed Hossam Ebrahim	11	Raas El Bar Club	35.23
5	Youssef Mostafa Omar	11	DEGLA	35.10
6	Yassin Hussam Yassin Sheb	11	SHOOT	35.22
7	Ahmed Mohamed Khairy H	11	DEGLA	35.24
8	Yahia Mohamed Salama Mo	11	SHAMS	35.32
9	Ali Samy Abdallah	11	DEGLA	35.45
10	Omar Mahmoud Saied	11	SHAMS	35.46

**Heat 70 of 76 Finals**

1	Mohamed Khaled Mohamec	11	ZMALK	35.02
2	Eslam Ahmed Elsayed	11	ZOHUR	34.98
3	Yehia Ahmed Mohamed Ad	11	AHLY	34.85
4	Ahmed Mohamed Ewes	11	AHLY	34.80
5	Mohamed Mahmoud Abdel	11	AHLY	34.70
6	Yassin Mostafa Ismail	11	SHOOT	34.79
7	Omar Ahmed Elzeni	11	ZOHUR	34.85
8	Adham Ahmed O Mohamed	11	SHOOT	34.90
9	Abdelrahman Shehab Eldee	11	SMOUH	34.98
10	Mohamed Sameh Abdel Mo	11	AHLY	35.03

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**Heat 71 Finals (#25 Boys 11 Year Olds 50 LC Meter Freestyle)**

1	Seif el Din Ayman Farid	11	DEGLA	34.63
2	Yassin Khaled Mohamed La	11	GHABA	34.53
3	Ahmed Mohamed Salah	11	DEGLA	34.51
4	Ali Ahmed El Prince	11	DEGLA	34.40
5	Yahia Hisham O Mohamed	11	SHOOT	34.37
6	Youssef Ahmed El_Sisi	11	Sporting	34.40
7	Moaz Mohamed Hashim	11	Raas El Bar Club	34.49
8	Adam Ayman A.Aziz	11	DEGLA	34.53
9	Yassin Khaled Ibrahim Huss	11	MAADI	34.62
10	Yassin Mohamed Tallat	11	AHLY	34.64

**Heat 72 of 76 Finals**

1	Amir Maged Eid Yousef	11	HELOP	34.32
2	Ahmed Osama Fathy	11	AHLY	34.26
3	Adham Mahmoud Sayed	11	AHLY	34.20
4	Moustfa Mohamed Mahmo	11	ENPPI	34.08
5	Omar Yamin Moheb	11	ZMALK	34.03
6	Yousef Emad El Din Mostafa	11	SHAR!	34.05
7	Yassin Amr Adel	11	AHLY	34.17
8	Youssef Mohamed Thabet	11	AHLY	34.23
9	Felemon Eshaq Fangary	11	GHABA	34.28
10	Zeyad Ashraf Wagdy	11	AHLY	34.34

**Heat 73 of 76 Finals**

1	Omar Khaled Gamal El Din	11	MAADI	33.97
2	Mostafa Moh. Monir Mostaf	11	GEZIR	33.82
3	Abd Allah Ahmed Abd El Az	11	MAADI	33.62
4	Ibrahim Mohamed Aly	11	AHLY	33.47
5	Nour Eldin Karem Mohame	11	AHLY	33.40
6	Moaz Ahmed Abdelmonee	11	ZMALK	33.46
7	Yassin Ahmed Abou Khedr	11	SHAR!	33.48
8	Seif Elasmaam Ahmed Moha	11	ZOHUR	33.79
9	Ahmed Hani O Ezzat	11	SHOOT	33.88
10	Omar Khaled Ibrahim	11	AHLY	34.01

**Heat 74 of 76 Finals**

1	Khaled Mohamed Samir	11	AHLY	33.32
2	Yassin Hussein Nabil Husse	11	SHOOT	33.26
3	Hassan Ahmed Ehab Wahby	11	HELOP	33.01
4	Essa Shref Abd EL Monem	11	HELOP	32.86
5	Marawan Mohamed Sayed	11	AHLY	32.77
6	Yassien Ahmed Hussien Wa	11	DEGLA	32.79
7	Mohamed Ashraf Hassan	11	AHLY	33.01
8	Ahmed Mohamed Yaseir	11	ZMALK	33.10
9	Hady Mohamed Sabry	11	ENPPI	33.29
10	Abdel Rahman Ahmed El_fa	11	Sporting	33.39

**Heat 75 of 76 Finals**

1	Yossef Ayman Abdalla Moha	11	SMOUH	32.59
2	Mostafa Mohamed Salah Sai	11	TANTA	32.43
3	Marwan Ali Mahmoud	11	DEGLA	32.37
4	Hamza Mohamed Hassan M	11	HELOP	32.28
5	Zeyad Mohamed Elsayed	11	Sporting	32.10
6	Selim Shrif Osama Helmy M	11	GEZIR	32.18
7	Adam Mohamed Mahmoud	11	SHOOT	32.28
8	Youssef Khaled Mohamed	11	DEGLA	32.41
9	abd Allah Mohamed Abdela	11	ZMALK	32.49
10	Ahmed Yasser Mahmoud Sa	11	ZOHUR	32.74

**Heat 76 of 76 Finals**

1	Hassan Ahmed Mohamed E	11	HELOP	32.00
2	Selim Ahm. Mah. Ahm. Niaz	11	GEZIR	31.71
3	Mohamed Medhat Shalby	11	HELOP	31.60
4	Omar Ahmed Emad	11	SHOOT	31.05
5	Omar Mohamed Hassan	11	AHLY	29.94
6	Mohamad Amr Mohamad M	11	SMOUH	30.80
7	Yasien Mohamed Roshdy	11	ZMALK	31.35
8	Mohamed Osama Fekry	11	DEGLA	31.66
9	Belal Tamer Aly	11	AHLY	31.99
10	Youssef Abdel Hakeem Moh	11	DEGLA	32.02

**Event 26 Girls 11 Year Olds 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

4	Retaj Walid Mousa Ahmed	11	Taleaa El Gish	NT
5	Mariam Khaled Fawzy	11	DEGLA	NT
6	Karen Gourke Victor	11	GHABA	NT
7	Reym Mahmoud Ali	11	SHOOT	NT

**Heat 2 of 12 Finals**

1	Mariam Wesam Mohamed	11	AHLY	NT
2	Ingy Bassem Bahaa Eldin	11	AHLY	NT
3	Rokaia Mohamed Elsayed	11	GHABA	NT
4	Marly Nabil Talat	11	DEGLA	NT
5	Maya Abdelaziz Zakaria	11	AHLY	NT
6	Fatma Amro Sabry Rashed	11	SHAMS	NT
7	Habiba Amr Ibrahim	11	DEGLA	NT
8	Ganat Kareem Mohamed Hc	11	MRAC	NT
9	Fayruz Hussien Hanfy Bake	11	SHAMS	NT
10	Login Hossam Mohamed	11	DEGLA	NT

**Heat 3 of 12 Finals**

1	Jana Ahmed akl	11	Sporting	NT
2	Mayar Ahmed amr	11	ZMALK	NT
3	Malak Hany Gad Elhaq	11	GHABA	NT
4	Lily Hany Mohamed	11	DEGLA	NT
5	Hala Sameh Saied Hussien	11	SHAMS	NT
6	Aseil Islam Mohammed	11	ENPPI	NT
7	Jana Atef Rabie Ahamed	11	SHOOT	NT
8	Hana Mohamed Asharaf Ma	11	SHAMS	NT
9	Rahma Allah Sameh Hassan	11	ENPPI	NT
10	Rokan Tamer O Ismail	11	SHOOT	NT

**Heat 4 of 12 Finals**

1	Hanya Hossam Ahmad Sala	11	SMOUH	NT
2	Laila Ashraf Salah	11	DEGLA	NT
3	Rawan Mohamed Saleh Mo	11	SHAMS	NT
4	Malk Magdy gad ali	11	DEGLA	NT
5	Kinzy Khaled Aly	11	ENPPI	NT
6	Maryam Saad	11	ZMALK	NT
7	Aysel Sameh Mahmoud	11	ZOHUR	NT
8	Zeina Mohamed Salah Eldin	11	AHLY	NT
9	Jassmen Ahmed Mahmoud	11	SHOOT	NT
10	Nadine Bassem Joseph	11	DEGLA	NT



## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 20-07-2019 Morning

**Heat 5 Finals (#26 Girls 11 Year Olds 200 LC Meter IM)**

1	Zeina Amr Hussein	11	AHLY	NT
2	Farida Nasser Mohamed El-	11	SHOOT	NT
3	Malak Islam Gamal Abdelha	11	SHAMS	NT
4	Malk Mohamed Soliman Ma	11	SHAMS	NT
5	Amina Moustafa Mohamed	11	MAADI	NT
6	Hala Sherif Samir abd Elmo	11	Taleaa El Gish	NT
7	Malak Shirief Kmal Elsadek	11	SHAMS	NT
8	Sama Khaled Hanafy	11	GHABA	NT
9	Gana Emad Mohamed	11	AHLY	NT
10	Sama Tamer Mohamed	11	GHABA	NT

**Heat 6 of 12 Finals**

1	Rawan Yahia	11	ZMALK	NT
2	Wafaa Ahmed Saad ELDin	11	DEGLA	NT
3	Habiba Mohamed Nashaat /	11	HELDO	NT
4	Haneen Waleed Ahmed Ahr	11	Taleaa El Gish	NT
5	Maya Mohamad Mahmud H	11	SMOUH	NT
6	Saja Walid Metwally	11	Sporting	NT
7	Habiba Bassam	11	GHABA	NT
8	Malak Islam Gamal	11	DEGLA	NT
9	Malak Reda Mohamed Soro	11	Taleaa El Gish	NT
10	Miray Ebram Mousad	11	SHAMS	NT

**Heat 7 of 12 Finals**

1	Jenviave Micheal Ibraheim	11	Taleaa El Gish	NT
2	Nour Shref Osama	11	HELOP	NT
3	Gana amr Ahmed	11	ZMALK	NT
4	Joudy Hisham Sabry El Baki	11	DEGLA	NT
5	Goudy Said Abdelmoneem	11	ZMALK	NT
6	Malak Ashraf Ahmed Ezzat	11	SHOOT	NT
7	Mennatallah Tamer Fawzy	11	DEGLA	NT
8	Yasmen Naser Esmael Moha	11	SMOUH	NT
9	Roqia Essam Zkria Abass	11	SHAMS	NT
10	Fairoz Ahmed Ibrahiem	11	SHAMS	NT

**Heat 8 of 12 Finals**

1	Farida Ahm. Aly Shakeeb	11	GEZIR	NT
2	Hana Hamdy Mahmoud	11	AHLY	NT
3	Laian Hesham Tahseen	11	AHLY	NT
4	Sama Salah Eldin Mohmud	11	Taleaa El Gish	3:55.13
5	Wafaa Hossam Eldin Adel	11	ZMALK	3:46.14
6	Goudy Mohamed Fahim	11	AHLY	3:50.40
7	Habiba Ahmed Abdelsalam	11	Taleaa El Gish	3:58.39
8	Salma Khaled Mohamed	11	DEGLA	NT
9	Mariam Hesham Fouad	11	AHLY	NT
10	Habiba Ahmed Hassan	11	AHLY	NT

**Heat 9 of 12 Finals**

1	Mariam Ahmed Abdel Hakn	11	AHLY	3:43.18
2	Sama Islam	11	ZMALK	3:32.99
3	Hana Mohamed Ezzat Taha	11	HELOP	3:29.47
4	Roqaya Saad Mohamed	11	ZMALK	3:28.70
5	Nouran Tamer Hassan	11	ENPPI	3:25.54
6	Laila Mahmoud Mohamed M	11	SHOOT	3:26.33
7	Haya Mohamed Imbaby	11	AHLY	3:29.20
8	Mariam Eslam Hosny	11	DEGLA	3:31.41
9	Nada Amr Mohamed ElGha	11	HELDO	3:35.34
10	Carla Riemon abd el Malek	11	Taleaa El Gish	3:44.27

**Heat 10 of 12 Finals**

1	Habiba Tarek Salah	11	DEGLA	3:22.76
2	Rokaya Hussein Mohamed	11	AHLY	3:20.86
3	Rawan Khaled FatoH Abdel	11	Taleaa El Gish	3:20.64
4	Maya Hazem Fouad Morsy	11	SHAMS	3:18.30
5	Alaa Mamdouh abd Elhady	11	MRAC	3:14.82
6	Salma Mohamed Ibrahiem I	11	SHAMS	3:17.90
7	Zenab Ahmed Mokhtar	11	ZMALK	3:18.57
8	Malak Aseem Mohamed aly	11	ZMALK	3:20.72
9	Sama Mohamed Ibrahiem II	11	SHAMS	3:22.07
10	Hania Mohamed Asem	11	ENPPI	3:23.34

**Heat 11 of 12 Finals**

1	Farah Osama Mohamed Azc	11	DEGLA	3:13.90
2	Yasmin Mohamed Erfan	11	SHOOT	3:10.48
3	Saba Ahmed Elshabrawy	11	AHLY	3:06.08
4	Rawan Yossry Zaky Khalaf	11	SHAMS	3:04.95
5	Nazly Mohamed Elokda	11	SHOOT	3:04.67
6	Norai Mohamed Galal	11	SHOOT	3:04.75
7	Lina Haythaim Hassan	11	DEGLA	3:05.42
8	Goumana Mohamed Ibrahir	11	AHLY	3:06.71
9	Lena Ashraf Abdelrahman	11	AHLY	3:12.97
10	Menatallah Galal Samir	11	ZMALK	3:14.04

**Heat 12 of 12 Finals**

1	Lili Ezzat Fawzi Ahm. Elganr	11	GEZIR	3:03.28
2	Habeba Mohamad SaeydSh:	11	SMOUH	3:02.09
3	Lara Ahmed Elwan	11	AHLY	3:01.97
4	Arwa Faisal El Sherif	11	DEGLA	2:57.91
5	Malak Ahmed 0 Gamal al Sh	11	SHOOT	2:55.89
6	Farah Aymen Adel Mettwaly	11	SHOOT	2:56.48
7	Basmala Taha Abd Alraouf	11	DEGLA	2:58.82
8	Dana Rafik El Saady	11	DEGLA	3:01.98
9	Nancy Mostafa Ibrahiem Mc	11	SHAMS	3:02.23
10	Habiba Shady Mohamed	11	DEGLA	3:04.03