

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 22-07-2019 Evining

## Event 44 Girls 11 Year Olds 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 29 Finals</b>				
3	Hana Mohamed Baheeg	11	Taleaa El Gish	NT
4	Salma Mostafa Ragb Ahmed	11	Taleaa El Gish	NT
5	Rawan Hassin Mohamed	11	SHOOT	NT
6	Hana Mohamed Refaat Eiss	11	DEGLA	NT
7	Retaj Mohamed Mostafa Sac	11	Taleaa El Gish	NT
8	Sama Atef Sayed	11	DEGLA	NT
<b>Heat 2 of 29 Finals</b>				
1	Sama Mohamed Ibrahim El	11	SHAMS	NT
2	Sama Talaat Taher El-Hadid	11	SHOOT	NT
3	Sama Ahmed Saied	11	AMRIA	NT
4	Mariam Taha Mohamed Ade	11	ZOHUR	NT
5	Fatma Alaa El Ganzory	11	DEGLA	NT
6	Jassmen Ahmed Mahmoud	11	SHOOT	NT
7	Rodaina Amer Said Amer	11	Taleaa El Gish	NT
8	Goudy Hady Adel	11	AHLY	NT
9	Hania Ashraf el Masry	11	SHOOT	NT
10	Mora Hany Kaisar	11	DEGLA	NT
<b>Heat 3 of 29 Finals</b>				
1	Sama Amr El Hadedy	11	DEGLA	NT
2	Roqaya Saad Mohamed	11	ZMALK	NT
3	Mariam Wael Attia	11	AHLY	NT
4	Mariam Ahmed Saber Abde	11	Taleaa El Gish	NT
5	Logain Sameh Mokhtar	11	DEGLA	NT
6	Jana Amr Abd El Maabod So	11	MAADI	NT
7	Joudy Ahmed Mohamed Abi	11	DEGLA	NT
8	Karmen Wael Abdelhamid	11	DEGLA	NT
9	Jomana Maged Magdy Abba	11	Taleaa El Gish	NT
10	Roaa Abdul Fattah Abdul B	11	ENPPI	NT
<b>Heat 4 of 29 Finals</b>				
1	Goury Khaled Bassem	11	AHLY	NT
2	Maryam Ahmed Gmal	11	SHOOT	NT
3	Malak Mohamed Hassan	11	ZMALK	NT
4	Sara Abd Elhaleem Mohame	11	Taleaa El Gish	NT
5	Maya Abdelaziz Zakaria	11	AHLY	NT
6	Gana Hossameldin Nabil	11	ZMALK	NT
7	Gamela Hosam Safwat	11	HELOP	NT
8	Hana Alaa Eldeen Ezzat	11	Taleaa El Gish	NT
9	Dana Waleed Taha	11	DEGLA	NT
10	Caren Wahid Niazy	11	DEGLA	NT
<b>Heat 5 of 29 Finals</b>				
1	Mera Walid Abdel Azeem	11	AHLY	NT
2	Hana Ahmed Hedaya	11	DEGLA	NT
3	Marim amr Mohamed	11	TRSAN	NT
4	Malak Zahi El Sahn	11	Sporting	NT
5	Malk Mohamed Soliman Ma	11	SHAMS	NT
6	Sara Hany Mohamed	11	DEGLA	NT
7	Norhan Amer Said	11	AMRIA	NT
8	Sama O Abdulrahman Moha	11	SHOOT	NT
9	Laila Ibrahim Ahmed Moha	11	Taleaa El Gish	NT
10	Nour Ashraf Omran	11	DEGLA	NT

## Heat 6 of 29 Finals

1	Sama Tamer Mohamed	11	GHABA	NT
2	Lara Ahmed Elwan	11	AHLY	NT
3	Kenzy Ahmed Abdel Wahab	11	AHLY	NT
4	Lamar Ashraf Ahmed	11	DEGLA	NT
5	Laian Hesham Tahseen	11	AHLY	NT
6	Habiba Mohamed Abbas	11	AHLY	NT
7	Hoor Ein Moataz Hussein	11	DEGLA	NT
8	Sama Said Mohamed	11	HURGH	NT
9	Malak Reda Mohamed Soro	11	Taleaa El Gish	NT
10	Sara Esam Eldin Abd Elaziz	11	ZOHUR	NT

## Heat 7 of 29 Finals

1	Mariam Ahmed Yehia	11	MAADI	NT
2	Rodaina Hessen Elsaid Ali	11	Taleaa El Gish	NT
3	Yara Hany Mohamed	11	DEGLA	NT
4	Zeina Ahmed Hussein	11	DEGLA	NT
5	Menna Allah Mohmed Saleh	11	M.S Tagamoa	NT
6	Joudy Mohamed Youssef	11	DEGLA	NT
7	Hagar Safwat Mohamed	11	ZOHUR	NT
8	Nijar Emad Abd Elsalam	11	ZOHUR	NT
9	Gana Ahmed Abdel Aziz	11	ZMALK	NT
10	Nadin Mohamed Mahmoud	11	AHLY	NT

## Heat 8 of 29 Finals

1	Dilara Hany Mahmoud Ibral	11	MAADI	NT
2	Marim Mohamed Bakr	11	TRSAN	NT
3	Gana Ahmed Hanafy	11	AHLY	NT
4	Malak Hossam Mohamed	11	DEGLA	NT
5	Rokaia Mohamed Elsayed	11	GHABA	NT
6	Lena Hesham Mohamed EL	11	HELOP	NT
7	Goumana Sameh Mohamed	11	HELOP	NT
8	Lama Medhat Elsaid	11	Taleaa El Gish	NT
9	Retaj Walid Mousa Ahmed	11	Taleaa El Gish	NT
10	Salma Mohamed Ibrahim I	11	SHAMS	NT

## Heat 9 of 29 Finals

1	Gana Mohamed Ramadan	11	AHLY	NT
2	Hala Sherif Talaat	11	DEGLA	NT
3	Joudy Mahmoud Elsagher	11	DEGLA	NT
4	Sara Helmy Abdel Aziz	11	AHLY	NT
5	Hager Mohamed abd al Alec	11	Taleaa El Gish	NT
6	Fairoz Ahmed Ibrahim	11	SHAMS	NT
7	Mariam Fawzy Farouk	11	ZOHUR	NT
8	Nour Mohamed Kamal	11	DEGLA	NT
9	Janh Hesham Mohamed Zag	11	SHAMS	NT
10	Joudy Hany Soliman	11	DEGLA	NT

## Heat 10 of 29 Finals

1	Fatma Hossam Ahmed	11	Taleaa El Gish	NT
2	Hamsa Kamal Mohamed Ab	11	MRAC	NT
3	Habiba Akram Zienom	11	M.S Tagamoa	NT
4	Darine Mohamed Ahmed Kl	11	DEGLA	NT
5	Kenzy Wael Foud Ramadan'	11	SMOUH	NT
6	Gana Mohamed Abd Elslaar	11	Taleaa El Gish	NT
7	Basmala Maher Hamdan	11	GHABA	NT
8	Malak Rame Haki	11	HELOP	NT
9	Jory Islam Mohamed Haseel	11	MRAC	NT
10	Jomana Ayman Fathy	11	DEGLA	NT

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 22-07-2019 Evining

**Heat 11 Finals (#44 Girls 11 Year Olds 50 LC Meter Breaststroke)**

1	Habiba Ahmed Shehata Abc	11	MRAC	NT
2	Farah Ahmed Mohamed Far	11	HELOP	NT
3	JanaTamer Mohsen	11	SHOOT	NT
4	Rokayya Amr Hosny Moust	11	MAADI	1:13.54
5	Fatema Mohamed Anan	11	SHOOT	1:06.63
6	Ayten Osama Rashad Salem	11	DEGLA	1:06.72
7	Gana Moustafa Amin	11	ZMALK	1:14.18
8	Salma Ahmed Mohamed	11	DEGLA	NT
9	Hames Esam Esa	11	SHOOT	NT
10	Login Alaa Hosny	11	DEGLA	NT

**Heat 12 of 29 Finals**

1	Salma Mohamed Gamal	11	ZMALK	1:06.16
2	Noor Mohamed Ahmed Elsc	11	HELDO	1:05.52
3	Judy Ayman Gohar	11	ZOHUR	1:04.77
4	Aya Ahmed Asad	11	ZOHUR	1:02.72
5	Habiba Bassam	11	GHABA	1:02.33
6	Noreen ali Saleh	11	ENPPI	1:02.66
7	Roqia Essam Zkria Abass	11	SHAMS	1:03.48
8	Maryam Yasser Mahmoud	11	SHOOT	1:05.19
9	Farida Ramy Mahmoud Mağ	11	HELDO	1:05.91
10	Roaa Ashraf Mohamed	11	AHLY	1:06.30

**Heat 13 of 29 Finals**

1	Menna Moatasem Mamdoul	11	SHOOT	1:01.99
2	Mariam Ashraf Rashad Nab	11	Sporting	1:01.65
3	Reem Hazem Tawfik	11	AHLY	1:00.65
4	Hana Hamdy Mahmoud	11	AHLY	1:00.40
5	Nada Mohamed Hamdy Ras	11	HELOP	1:00.31
6	Salma Ayman Mohamed	11	HELOP	1:00.37
7	Salma Mohamed Fadel	11	ZOHUR	1:00.47
8	Sama Khaled Hanafy	11	GHABA	1:01.28
9	Hala Ahmed Mostafa	11	AHLY	1:01.85
10	Basmla Tamer Ramadan ali	11	Taleaa El Gish	1:02.24

**Heat 14 of 29 Finals**

1	Kinzy Khaled Aly	11	ENPPI	59.81
2	Salma Tamer Mahmoud	11	SHOOT	59.73
3	Nada Mohamed Fouad	11	Taleaa El Gish	59.60
4	Maryam Yaser Zinhom	11	SHOOT	59.38
5	Ritag Ahmed Mostafa Ghity	11	MRAC	59.11
6	Hana Ehab Salah El Din	11	SHOOT	59.29
7	Salma Mohamed Saad	11	ZMALK	59.44
8	Mariam Ahmed Attia Mohm	11	Taleaa El Gish	59.70
9	Malk Amr Hassan	11	ENPPI	59.79
10	Mariam Mohamed Mahmou	11	ZMALK	1:00.30

**Heat 15 of 29 Finals**

1	Ayten Mahmoud Ismail	11	AHLY	58.55
2	Roqia Ahmed Hassan Moha	11	Taleaa El Gish	58.45
3	Malak Hany Gad Elhaq	11	GHABA	58.04
4	Habiba Mustafa Hamdy Mol	11	Taleaa El Gish	57.77
5	Silwana Mohamed Banawy	11	Taleaa El Gish	57.65
6	Hana Hussein Emad	11	AHLY	57.70
7	Kenzy Amr Abo Elfetouh	11	AHLY	57.97
8	Nada Moustafa Mohamed H	11	MAADI	58.35
9	Leenah Yasser Refaat	11	SHOOT	58.46
10	Logain Ahmed Badr	11	DEGLA	58.78

**Heat 16 of 29 Finals**

1	Farida Mohamed Hosny	11	DEGLA	57.39
2	Karma Ahmed Taher	11	AHLY	57.32
3	Haneen Ahmed Elsayed	11	ZOHUR	57.27
4	Salwa Hassan Abd EL Halee	11	RWAD	57.14
5	Rawan Essam Nagah	11	AHLY	57.10
6	Gody Hosam Ahmed	11	SHOOT	57.11
7	Zaad Mahmoud Helmy	11	ENPPI	57.17
8	Nabila Mohamed Adel	11	ZMALK	57.28
9	Hana Alaa Ahmed Ali	11	SHOOT	57.36
10	Jana Mohamed Medhat Shol	11	DEGLA	57.60

**Heat 17 of 29 Finals**

1	Soha Yasser Shawky Ibrahim	11	Taleaa El Gish	56.90
2	Hana Mohamed Anwar	11	ZMALK	56.63
3	Jouri Esmail Hassan	11	SHOOT	56.31
4	Mariam O Mohamed Ahmed	11	SHOOT	55.91
5	Gana amr Ahmed	11	ZMALK	55.56
6	Farida Salah Mohamed	11	ZOHUR	55.72
7	Aseil Islam Mohammed	11	ENPPI	55.98
8	Farah Fady Gamal	11	AHLY	56.36
9	Gomana Yaseer Hassan	11	ZMALK	56.75
10	Nada Medhat Hassan	11	AHLY	56.94

**Heat 18 of 29 Finals**

1	Nour Mohamed Hussein	11	AHLY	55.51
2	Gana Omar Ezz Eldin	11	AHLY	55.24
3	Rawan Ashraf Sayed Ameen	11	Taleaa El Gish	54.97
4	Loujin Mahmoud Gamal Me	11	ZOHUR	54.81
5	Judy Maged Mohamed	11	RWAD	54.62
6	Razan Gamal Metwaly	11	ZOHUR	54.68
7	Yasmen Mohamed Saad	11	AHLY	54.94
8	Fairouz Mazin Adel	11	DEGLA	55.06
9	Karen Yasser Tawfik Halim	11	MAADI	55.47
10	Nour Elshamy	11	Sporting	55.53

**Heat 19 of 29 Finals**

1	Farida Mohamed Ali	11	AHLY	54.51
2	Laila Hossam Eldin	11	ENPPI	54.21
3	Fareda Hagag Mohamed	11	SHOOT	54.14
4	Aliaa Walid Abd El-Aziz	11	SHOOT	53.82
5	Retaj Osama Mahmoud	11	ZOHUR	53.67
6	Neira Mohamed Hashem	11	AHLY	53.69
7	Berihan Ahmed Wasem Abc	11	MRAC	54.02
8	Reym Mahmoud Ali	11	SHOOT	54.15
9	Sofia Ahmed Samier Saad	11	SHAMS	54.47
10	Ritag Mohamed Emad	11	DEGLA	54.61

**Heat 20 of 29 Finals**

1	Renad Ehab Ramdan	11	DEGLA	53.56
2	Habiba Ayman Abbas Maan	11	Sporting	53.39
3	Lojain Mohamed O Salim	11	SHOOT	53.22
4	Somia Shiref Mohamed	11	SHAMS	53.07
5	Reem Ahmed Said	11	DEGLA	52.98
6	Lougin Mohamed Abbas	11	AHLY	52.99
7	Kenzy Hamada Saad	11	AHLY	53.11
8	Habiba Ahmed Abdelsalam	11	Taleaa El Gish	53.25
9	Malak Mohamed Nabil	11	AHLY	53.47
10	Jana Raouf Rabie Khalil	11	SHOOT	53.62

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 22-07-2019 Evining

**Heat 21 Finals (#44 Girls 11 Year Olds 50 LC Meter Breaststroke)**

1	Mayar Ahmed Fouad	11	ZMALK	52.95
2	Miray Ebram Mousad	11	SHAMS	52.79
3	Gana Ahmed Moustafa	11	ZMALK	52.69
4	Mariam Wesam Mohamed	11	AHLY	52.32
5	Maya Amr Mostafa	11	SHOOT	52.19
6	Habiba Mohamed ElSayed Z	11	ENPPI	52.31
7	Mariam Maher AL Said	11	RWAD	52.41
8	Sama Gaseer Hussien	11	ZMALK	52.69
9	Aya Alaa Ahamed	11	SHOOT	52.94
10	Rana Walied Mohamed	11	ZMALK	52.96

**Heat 22 of 29 Finals**

1	Mariem Ahmed Elnouby	11	ZMALK	51.73
2	Jasmen Maged Magdy Abba	11	Taleaa El Gish	51.64
3	Gana Safwat Abd Elhamied	11	SHAMS	51.62
4	Mira Tamer Ragae	11	DEGLA	51.54
5	Sandra Emad Onsy	11	RWAD	51.29
6	Hana Ahmed Mohamed	11	DEGLA	51.45
7	Gana Sameh Zenhom	11	ZMALK	51.62
8	Mariem Ahmed Elsaheed	11	ZMALK	51.63
9	Hana Mahmoud Ibrahim M	11	ZOHUR	51.65
10	Mariam Hany Abd el Wahed	11	SHOOT	52.05

**Heat 23 of 29 Finals**

1	Noon Ahmed Osama	11	GHABA	51.27
2	Malak Khaled Darwiesh	11	MAADI	51.12
3	Laila Waled EL Shahat Man	11	HELOP	51.02
4	Hana Mohamed Khalfalla	11	AHLY	50.81
5	Fatma Amro Sabry Rashed	11	SHAMS	50.68
6	Rana Emad Hamed Moham	11	RWAD	50.80
7	Jana Abdel Razik Mohamed	11	AHLY	50.91
8	Lamar Khaled Samir	11	DEGLA	51.03
9	Elaria Atef Adel	11	ZOHUR	51.22
10	Malak Ahmed Abd El Aal El	11	MAADI	51.28

**Heat 24 of 29 Finals**

1	Sara Mostafa Shaker	11	SHOOT	50.65
2	Ethar Ahmed Gamal	11	HELDO	50.40
3	Goudy Ahmed Mohamed	11	AHLY	50.00
4	Mariam Ahmed Abdel Hahn	11	AHLY	49.71
5	Nadine Bassem Joseph	11	DEGLA	49.46
6	Mariem aly Mahdy Mohame	11	ZMALK	49.57
7	May Ahmed Saied	11	ENPPI	49.99
8	Habiba Tarek Salah	11	DEGLA	50.18
9	Malak Shirief Kmal Elsadek	11	SHAMS	50.63
10	Yomna Said Hanfy	11	DEGLA	50.66

**Heat 25 of 29 Finals**

1	Joanna Waleed Shanan	11	MAADI	49.34
2	Goudy Bassem Mohamed	11	AHLY	49.15
3	Goudy Ahmed Samir	11	SHAR	49.03
4	Retag Karim Kamal	11	AHLY	48.73
5	Haidy Alla Eldin Hamdy	11	AHLY	48.52
6	Gody Hatem Adel Osman	11	MAADI	48.60
7	Lougin Mohamed Abdel Sat	11	AHLY	48.96
8	Mariam Mostafa Hanafy	11	DEGLA	49.13
9	Hala Sherif Samir abd Elmo	11	Taleaa El Gish	49.33
10	Ayla Mohamed Ali EL Meda	11	HELOP	49.37

**Heat 26 of 29 Finals**

1	Farah Ahmed Emam	11	AHLY	48.30
2	Khadiga Hany Adel	11	ZMALK	48.25
3	Goudy Mostafa Ahmed	11	AHLY	48.17
4	Sara Mohamed AbdelAty	11	AHLY	48.07
5	Halla Ahmed Abdelrahman	11	ZMALK	47.67
6	Sama Islam	11	ZMALK	47.74
7	Malak Mohamed Abd Elgha	11	DEGLA	48.11
8	Mariam Ali Yosry	11	HELOP	48.21
9	Shaden Ahmed Shawky	11	ZMALK	48.28
10	Zeina Mohamed Salah Eldin	11	AHLY	48.49

**Heat 27 of 29 Finals**

1	Remas Mohamed A.Wafa	11	DEGLA	47.39
2	Jana Maged Amir	11	ZOHUR	47.28
3	Gamela Hassan EL Saied	11	HELOP	47.09
4	Nour Ahmed EL Shref Okba	11	HELOP	46.70
5	Mariam Walid Sayed	11	DEGLA	45.99
6	Goudy Ahmed Saeed Shalaa	11	ZMALK	46.26
7	Maya Hazem Fouad Morsy	11	SHAMS	46.74
8	Maryam Saad	11	ZMALK	47.17
9	Daline Amr Masry	11	DEGLA	47.39
10	Mariam Mohamed Fathy	11	DEGLA	47.62

**Heat 28 of 29 Finals**

1	Jannat Safwat Saleh	11	ZOHUR	45.39
2	Farida Mohamed Khalel	11	BNKG	45.07
3	Ganat Kareem Mohamed Hæ	11	MRAC	44.88
4	Farida Mahmoud Ahmed M:	11	AHLY	44.62
5	Farida Mostafa Ahmed Fath	11	SHOOT	44.13
6	Rawan Yossry Zaky Khalaf	11	SHAMS	44.25
7	Hana Mohamed Asharaf Ma	11	SHAMS	44.74
8	Mera Medhat Madbouly	11	AHLY	45.03
9	Marly Nabil Talat	11	DEGLA	45.18
10	Dima Ahmed O Abdulrahma	11	SHOOT	45.98

**Heat 29 of 29 Finals**

1	Kinzy Yahia Mohamed Same	11	ENPPI	43.53
2	Saga Alaa Adel Ibrahim	11	SHOOT	43.05
3	Yara Hesham Mohsen	11	AHLY	42.34
4	Lina Haythaim Hassan	11	DEGLA	40.96
5	Dana Rafik El Saady	11	DEGLA	38.97
6	Hlla Eslam Adel Yassin	11	AHLY	40.49
7	Login Hossam Mohamed	11	DEGLA	42.14
8	Youmna Hesham Mohsen	11	AHLY	42.90
9	Zina Ahmed Medhat	11	AHLY	43.45
10	Jasmine Mohamed Youssef	11	SHOOT	43.56

**Event 45 Boys 11 Year Olds 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 21 Finals**

4	Ahmed Mohamed Hamdy A	11	Raas El Bar Club	NT
5	Omar Mosaad Mohamed	11	SHOOT	NT
6	Mahmoud Mohamed Atef	11	Taleaa El Gish	NT

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 22-07-2019 Evning

**Heat 2 Finals (#45 Boys 11 Year Olds 100 LC Meter Backstroke)**

2	Ahmed Osama Abdelhamee	11	M.S Tagamoa	NT
3	Omar Abd EL Razek Kamal	11	RWAD	NT
4	Mohamed Khaled Mohamec	11	ZMALK	NT
5	Youssef Mohamed Ahmed M	11	AHLY	NT
6	Ismail Adham Ibrahim Mos	11	ZOHUR	NT
7	Omr Hany Magdy	11	ENPPI	NT
8	Youssef Kamal Mohamed	11	DEGLA	NT
9	Hamza Mohamed Said	11	AHLY	NT

**Heat 3 of 21 Finals**

1	Omar Tamer Issa	11	RWAD	NT
2	Mohamed Haitham Moham	11	DEGLA	NT
3	Youssef Mohamed Idris	11	AHLY	NT
4	Yehia Ahmed Mohamed Ade	11	AHLY	NT
5	Mohamed Hany Abdalla	11	AHLY	NT
6	Saad Eldin Waleed Wagdy	11	ZOHUR	NT
7	Ahmed Haitham Mohamed	11	ENPPI	NT
8	Omar Mohamed Ahmed Ah	11	ZMALK	NT
9	Eyad Amro Ibrahim	11	Taleaa El Gish	NT
10	Omar Eslam Ahmad Abdeln	11	SMOUIH	NT

**Heat 4 of 21 Finals**

1	Moustfa Mohamed Mahmo	11	ENPPI	NT
2	Amir Mohamed Saleh	11	GHABA	NT
3	Youssef Ahmed Elsaied Abd	11	Taleaa El Gish	NT
4	Yassin Ahmed Abdel Raoof	11	AHLY	NT
5	Youssef Hussien Gado	11	ZOHUR	NT
6	Ahmed Hossam Farouk	11	AHLY	NT
7	Abdelrahman Ibrahim Ahm	11	MRAC	NT
8	Abdullah Ahmed Farouk	11	M.S Tagamoa	NT
9	Omar Salah Salah Mostafa	11	SHOOT	NT
10	Moustafa Wael Habib	11	DEGLA	NT

**Heat 5 of 21 Finals**

1	Youssef Ahmed Mohame	11	DEGLA	NT
2	Selim Shrif Osama Helmy M	11	GEZIR	NT
3	Mohamed Ashraf Mohamed	11	AHLY	NT
4	amr Magdy Elsayed	11	TRSAN	NT
5	Abdel Rahman Ahmed Nass	11	DEGLA	NT
6	Mostafa Rafaat Mahmoud M	11	DEGLA	NT
7	Abd Alla Amr Ali Ahmed	11	ZOHUR	NT
8	Omar Ahmed Hasan Khedr	11	SHOOT	NT
9	Islam Mohamed Khaled Abc	11	Sporting	NT
10	Kamal Mohamed Kamal	11	AHLY	NT

**Heat 6 of 21 Finals**

1	Ali Mohamed Kamal	11	DEGLA	NT
2	Adam Ayman A.Aziz	11	DEGLA	NT
3	Amr Mohamed Mahmoud It	11	AHLY	NT
4	Yahia Hazim Husieen	11	ZMALK	NT
5	Yassin Sherif Younes	11	DEGLA	NT
6	Adam Mohamed Mahmoud	11	ZOHUR	NT
7	Fadl Ramy Abdelkarim	11	AHLY	NT
8	Ahmed Abdel Monaem Ibr	11	AHLY	NT
9	Omar Saleh Ibrahim abd All	11	MRAC	NT
10	aly Ahmed aly Ahmed	11	Taleaa El Gish	NT

**Heat 7 of 21 Finals**

1	Hasan Mohamed Hasan	11	Taleaa El Gish	NT
2	Youssef Samer Makram	11	DEGLA	NT
3	Yousief Mohamed Fathy Hu:	11	ZMALK	NT
4	Marwan Mohamed A.Latif	11	DEGLA	NT
5	Abdel Malek Gasser Abdella	11	AHLY	NT
6	Taim Ahmed Abd Elwhab	11	ZOHUR	NT
7	Fares Karm Refaay	11	AHLY	NT
8	Ahmed Hessin Ahmed	11	ENPPI	NT
9	Mohamed Osama Fekry	11	DEGLA	NT
10	Yossey Ayman Said	11	GHABA	NT

**Heat 8 of 21 Finals**

1	Ahmed Abdelazim Saleh	11	Taleaa El Gish	NT
2	Eyad Ahmed Adel	11	GHABA	NT
3	Ahmed Essam Abd Elkreem	11	Taleaa El Gish	NT
4	Mohamed Mahmoud Hussie	11	SHOOT	NT
5	Ali Ahmed El Prince	11	DEGLA	NT
6	Youssef Mohamed Refaat	11	DEGLA	NT
7	Saif Alla Hatem Raouf	11	SHAMS	NT
8	Mohamed Medhat Shalby	11	HELOP	NT
9	Mostafa Wael Samir	11	SHAR!	NT
10	Antonios Hany Fawzy Awad	11	DEGLA	NT

**Heat 9 of 21 Finals**

1	Mohamed Karim Mohamed	11	DEGLA	NT
2	Youssef Mohamed Abd EL A	11	RWAD	NT
3	Karim Ahmed abd Elrahma	11	ROYAL	NT
4	Mohamed Sadeq Hassan	11	GHABA	NT
5	Mohamed Baher Mohamed	11	DEGLA	NT
6	Assem Mohamed Ramadan	11	DEGLA	NT
7	Omar Magdy Omar	11	DEGLA	NT
8	Ahmed Mahmoud Magdy	11	Sporting	NT
9	Mohmoud Moataz Abdallah	11	SHAMS	NT
10	Selim Samer Mahmoud	11	DEGLA	NT

**Heat 10 of 21 Finals**

1	Ahmed Samir Gharib Goma:	11	Taleaa El Gish	NT
2	Omar Ahmed Saeed El Sher	11	SHOOT	NT
3	Yassin Ahmed Bahaa	11	DEGLA	NT
4	Omar Mohamed Anwar	11	DEGLA	NT
5	Karim Nader Mohamed Taw	11	MAADI	NT
6	Hamza Ashraf Saber	11	AHLY	NT
7	Youssef Ahmed El Mahdy	11	SHOOT	NT
8	Yassin Mohamed Abd El sala	11	Taleaa El Gish	NT
9	Ahmed Mahmoud Fouad To	11	ZOHUR	NT
10	Omar Ahmed Mohamed	11	DEGLA	NT

**Heat 11 of 21 Finals**

1	Yahia Mohamed Salama Mo	11	SHAMS	NT
2	Mahmoud Haitham Mahmo	11	GHABA	NT
3	Mostafa Sherif Ahmed Rouf	11	SHOOT	1:59.19
4	Aser Molham Mahmoud Mo	11	MAADI	1:54.80
5	Marek Nader Kamal Zaki	11	SHAMS	1:52.39
6	Ahmed Mostafa Abd Elkalef	11	ZOHUR	1:53.28
7	Mohamed Wadah Mohamec	11	HELOP	1:57.28
8	Eyad Ahmed Fathy Abdalla	11	AHLY	2:01.83
9	Shrif Ahm. Zaky Ibrahim Ze	11	GEZIR	NT
10	Khaled Mohamed Samir	11	AHLY	NT

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 22-07-2019 Evning

**Heat 12 Finals (#45 Boys 11 Year Olds 100 LC Meter Backstroke)**

1	Uoussef Mohamed Mostafa	11	Taleaa El Gish	1:48.38
2	Mohamed Shady Ebrahim	11	GHABA	1:47.14
3	Moaz Tamer Hassan Mohm	11	SHAMS	1:45.46
4	Mahmoud Amr El-shobaki	11	SHOOT	1:45.30
5	Mohamed Hani Mohamed H	11	DEGLA	1:44.63
6	Kerolos Malak Rezk	11	DEGLA	1:44.98
7	Ebrahim Khaled Effat	11	HELOP	1:45.45
8	Hamza Mohamed Abo Talet	11	DEGLA	1:45.67
9	Ismail Ahmed Salah	11	SHOOT	1:47.74
10	Ismail Mohamed Mahmoud	11	SHOOT	1:50.52

**Heat 13 of 21 Finals**

1	Mohamed Emad el din Abd	11	SHOOT	1:42.65
2	Abd Elaziz Mohamed Abd E	11	ZOHUR	1:42.12
3	Omar Mahmoud Ayman	11	AHLY	1:41.54
4	Karim Mohamed Ibrahim M	11	MAADI	1:39.26
5	Mohamed Mostafa Ibrahim	11	AHLY	1:38.68
6	Ali Ahmed Ali Ahmed	11	HELOP	1:38.75
7	Youssef Ahmed Fouad Ebad	11	AHLY	1:41.51
8	Ahmed Shirief Ahmed Moh	11	SHAMS	1:41.62
9	Yasin Amro Ahm. Kamal Say	11	GEZIR	1:42.23
10	Mohamed Tamer Ahmed	11	SHOOT	1:44.50

**Heat 14 of 21 Finals**

1	Hamza Magdy Mohamed	11	AHLY	1:38.65
2	Alamir Shady Shokry Ahme	11	SHAMS	1:37.93
3	Zeiad Osama Fahmy	11	ZMALK	1:37.65
4	Abdel Rahman Gasser Abde	11	AHLY	1:37.51
5	Mostafa Ebrhim Yehia Mahr	11	HELDO	1:37.34
6	Ahmed Mohamed Hasaneer	11	MRAC	1:37.35
7	Karim Tamer Badr	11	DEGLA	1:37.61
8	Mohamed Abdelmounem A	11	SHAMS	1:37.78
9	Yassin Mostafa Nasr	11	Sporting	1:38.06
10	Khaled Sherif Mahdy	11	DEGLA	1:38.66

**Heat 15 of 21 Finals**

1	Abd Elrahman Mohamed Al	11	ZOHUR	1:37.09
2	Youssef Mohamed el Derwy	11	Sporting	1:35.85
3	Yossef Mohamed Hassan	11	GHABA	1:35.39
4	Youssef Mohamed Farouk E	11	SHOOT	1:35.20
5	Adam Tarek Adel EL Ghazol	11	HELOP	1:34.91
6	Mohamed Emad Ghonemy	11	RWAD	1:35.10
7	Adam Mohamed Abd Elfata	11	ZOHUR	1:35.35
8	Marwan Tamer El Sayed	11	ZOHUR	1:35.55
9	Ahmed Hassan Ahmed Bad	11	AHLY	1:36.90
10	Omar Ahmed Sayed Moham	11	SHOOT	1:37.10

**Heat 16 of 21 Finals**

1	Yassin Mohamed Nazeh	11	AHLY	1:34.62
2	Yassin Mohamed Abou Bak	11	DEGLA	1:34.25
3	Zain Ahmed ali Ahmed	11	DEGLA	1:34.11
4	Essam Khaled Abdel Hady	11	AHLY	1:33.91
5	Hamza Mahmoud Magdy	11	AHLY	1:33.36
6	Ibrahim Mohamed Ibrahim	11	MAADI	1:33.55
7	Ramez Amgad Botros	11	DEGLA	1:34.09
8	Adel Khaled Gougou	11	Sporting	1:34.14
9	Ahmed Mohamed Ewes	11	AHLY	1:34.60
10	Shrief Hazem Ahmed	11	AHLY	1:34.69

**Heat 17 of 21 Finals**

1	Mostafa Moh. Monir Mostaf	11	GEZIR	1:32.41
2	Mahmoud Eissa Moharam	11	DEGLA	1:31.88
3	Adham Mohamed Khalifa	11	AHLY	1:31.73
4	Yassin Ahmed Nabil	11	Sporting	1:31.51
5	Mohand Haytham Ezzat	11	AHLY	1:30.52
6	Youssef Khalil Alsaid	11	RWAD	1:31.48
7	Mohamed Bakry Kaaed Abd	11	MAADI	1:31.53
8	Ibrahim Mohamed Zarad	11	DEGLA	1:31.84
9	Mohamed Mostafa Alla' EID	11	SHOOT	1:32.30
10	Amir Maged Eid Yousef	11	HELOP	1:33.25

**Heat 18 of 21 Finals**

1	Ahmed Salah Ahmed Mohar	11	GHABA	1:30.37
2	Baraa Mostafa ElSayed Bayc	11	HELDO	1:30.20
3	Hassan Ahmed Ehab Wahby	11	HELOP	1:30.06
4	Hamza Amro Kandiel	11	SHAMS	1:29.88
5	Ibrahim Moh. Abd Elaziz Gl	11	GEZIR	1:29.35
6	Zein Nader Mostafa	11	DEGLA	1:29.37
7	Hazem Hatem Nasr Ahmed	11	HELDO	1:30.01
8	Mahmoud Hassan Mohame	11	SHAMS	1:30.11
9	Omar Mohamed Ali Abdo	11	SHOOT	1:30.25
10	Omar Ahmed Sayed Hamed	11	ZOHUR	1:30.37

**Heat 19 of 21 Finals**

1	Youssef Ahmed El_Sisi	11	Sporting	1:29.10
2	Omar Ahmed Mohamed A.M	11	DEGLA	1:28.96
3	Fahd Hassan Hasanin	11	ZMALK	1:28.77
4	Youssef Galal Sayed	11	DEGLA	1:28.21
5	Jakoub Rimon Yakoub	11	BNKG	1:27.44
6	Yassin Amr Adel	11	AHLY	1:28.06
7	Omar Ahmed Mohamed Gal	11	RWAD	1:28.27
8	Tarek Amir	11	HELOP	1:28.88
9	Abd Allah Ahmed Abd El Az	11	MAADI	1:29.02
10	Karem Moatasem Mahmoud	11	DEGLA	1:29.17

**Heat 20 of 21 Finals**

1	Adam Ali Hassan Ahmed	11	SHOOT	1:26.62
2	Yousif Haitham Elsaid	11	ZMALK	1:26.32
3	Yassien Ahmed Hussien Wa	11	DEGLA	1:25.29
4	Omar Mahamed Karam Ali I	11	HELDO	1:24.53
5	Adam Mohamed Mahmoud	11	DEGLA	1:23.92
6	Omar Mohamad Ali Ebrahe	11	SMOUH	1:24.15
7	Ahmed Sameh Mohamed Er	11	HELOP	1:24.85
8	Yassin Khaled Ibrahim Huss	11	MAADI	1:26.22
9	Yasien Mohamed Roshdy	11	ZMALK	1:26.40
10	Mohamed Ahmed Sallem M	11	MAADI	1:26.82

**Heat 21 of 21 Finals**

1	Farouk Mohamed Moharam	11	DEGLA	1:22.96
2	Tayem Waled Mostafa AbdE	11	SMOUH	1:22.83
3	Nour Eldin Mohamed Refaa	11	AHLY	1:21.90
4	Ahmed Mohamed Anwar Fe	11	AHLY	1:19.87
5	Mohamed Khaled Mohamec	11	SHOOT	1:15.63
6	Marwan Ali Mahmoud	11	DEGLA	1:17.13
7	Yasin Mossa Moh. Faghr Eld	11	GEZIR	1:21.48
8	Omar Khaled Ibrahim	11	AHLY	1:22.78
9	Belal Tamer Aly	11	AHLY	1:22.91
10	Yassin Hussein Nabil Husse	11	SHOOT	1:23.56

## Federation Swimming Cup 2019-2020 - 7/16/2019 to 8/7/2019

## Meet Program - 22-07-2019 Evining

**Event 46 Girls 11 Year Olds 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

2	Hala Sameh Saied Hussien	11	SHAMS	NT
3	Malak Shirief Kmal Elsadek	11	SHAMS	NT
4	Joudy Hisham Sabry El Bakr	11	DEGLA	NT
5	Goudy Said Abdelmoneem	11	ZMALK	NT
6	Gana Ahmed Abdelbadee	11	ZMALK	NT
7	Rahma Allah Sameh Hassan	11	ENPPI	NT
8	Basmala Taha Abd Alraouf	11	DEGLA	NT

**Heat 2 of 6 Finals**

1	Amenha Hesham Amin	11	ZOHUR	NT
2	Halla Ahmed Abdelrahman	11	ZMALK	NT
3	Habiba Ayman Abbas Maar	11	Sporting	NT
4	Ingy Bassem Bahaa Eldin	11	AHLY	NT
5	Aysel Sameh Mahmoud	11	ZOHUR	NT
6	Rokaya Hussein Mohamed	11	AHLY	NT
7	Shaza Ahmed Abdraboo	11	ZMALK	NT
8	Basnt Walied Mohamed Abc	11	SHAMS	NT
9	Yasmen Naser Esmael Moha	11	SMOUH	NT
10	Alaa Mamdouh abd Elhady	11	MRAC	NT

**Heat 3 of 6 Finals**

1	Malak Aseem Mohamed aly	11	ZMALK	NT
2	Zaad Mahmoud Helmy	11	ENPPI	NT
3	Gana abo Elelaa Abdelnafa	11	ZMALK	NT
4	Jana Ahmed Hosny	11	ZOHUR	2:00.22
5	Karien Alfrid Saber	11	ZMALK	1:50.30
6	Jomana Maged Magdy Abba	11	Taleaa El Gish	1:55.09
7	Haidy Alla Eldin Hamdy	11	AHLY	NT
8	Hend Mohamed Mohamed S	11	Taleaa El Gish	NT
9	Malak Ahmed O Gamal al Sh	11	SHOOT	NT
10	Haneen Waleed Ahmed Ahr	11	Taleaa El Gish	NT

**Heat 4 of 6 Finals**

1	Jana Atef Rabie Ahamed	11	SHOOT	1:46.78
2	Hana Mohamed Ezzat Taha	11	HELOP	1:39.52
3	Jasika Dawood Aziz	11	AHLY	1:39.05
4	Jana Mohamed Darwish	11	GHABA	1:38.90
5	Sama Mohamed Ibrahim Il	11	SHAMS	1:38.75
6	Amina Moustafa Mohamed	11	MAADI	1:38.87
7	Laila Mahmoud Mohamed M	11	SHOOT	1:39.00
8	Hagar Safwat Mohamed	11	ZOHUR	1:39.29
9	Mariam Ebrahim Mohamed	11	HELOP	1:44.78
10	Wafaa Hossam Eldin Adel	11	ZMALK	1:49.51

**Heat 5 of 6 Finals**

1	Yasmin Mohamed Erfan	11	SHOOT	1:37.46
2	Mariam Eslam Hosny	11	DEGLA	1:35.00
3	Nouran Tamer Hassan	11	ENPPI	1:32.64
4	Reem Ahmed Said	11	DEGLA	1:29.46
5	Jana Ahmed akl	11	Sporting	1:27.94
6	Jana Mohamed Mahmoud	11	DEGLA	1:29.32
7	Malak Ashraf Ahmed Ezzat	11	SHOOT	1:31.57
8	Habiba Tarek Salah	11	DEGLA	1:33.40
9	Rawan Khaled Fatoh Abdel	11	Taleaa El Gish	1:35.07
10	Lara Ramy Ahmed	11	AHLY	1:37.67

**Heat 6 of 6 Finals**

1	Farah Osama Mohamed Azc	11	DEGLA	1:26.52
2	Hames Esam Esa	11	SHOOT	1:22.34
3	Goumana Mohamed Ibrahim	11	AHLY	1:21.84
4	Farida Nasser Mohamed El-	11	SHOOT	1:20.85
5	Hanya Hossam Ahmad Sala	11	SMOUH	1:18.65
6	Nadin Mohamed Mahmoud	11	AHLY	1:20.84
7	Nour Shref Osama	11	HELOP	1:21.27
8	Salma Ahmed Abo Mosalm	11	AHLY	1:22.25
9	Salma Khaled Mohamed	11	DEGLA	1:24.09
10	Laila Ashraf Salah	11	DEGLA	1:27.84