

## National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

## Meet Program - 17-11-2019 Evening

## Event 17 Girls 11 Year Olds 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 23 Timed Finals</b>				
4	Hala Khaled Hagag	11	Canal El Suez	NT
5	Samar El Hossiny Ahmed	11	Canal El Suez	NT
6	Nada ali Fathy	11	Sharks Team	NT
7	Hana Tamer Ramadan	11	Beni Suef Club	NT
<b>Heat 2 of 23 Timed Finals</b>				
1	Malak Amr Salah	11	Senzo	NT
2	Joy Moheb Yehia	11	Al Qusiya Club	NT
3	Habiba Attia Youssef	11	Senzo	NT
4	Salma Ahmed Moustafa	11	Senzo	NT
5	Hoda Fathi ElGahndour	11	Canal El Suez	NT
6	Natally Sameh Rashad	11	Al Qusiya Club	NT
7	Wafaa Mohamed Ahmed Kandel	11	Ezbet Nahda	NT
8	Hala Reda Metwaly	11	Al Qusiya Club	NT
9	Loujaen Ahmed Abd Al Halem	11	Shooting	NT
10	Sama Ahmed Eladawy	11	Canal El Suez	NT
<b>Heat 3 of 23 Timed Finals</b>				
1	Noray Osama Nagah	11	Senzo	NT
2	Delara Tamer Mohamed	11	Misr Insurance	51.80
3	Khadija Mohamed Kamel	11	Sporting	46.09
4	Gloria Joseph George Mikhail Barsom	11	Heliolido	44.38
5	Judy Maged Mohamed	11	Rowad	43.70
6	Noha Mohamed Mohamed	11	15 May	44.00
7	Sarah Saber Mohamed	11	M.S Tagamoa	45.46
8	Karma Mohamed Elsayd Elabsy Elshafeey	11	Heliolido	49.24
9	Farida Mohammed Zakaria	11	Raas El Bar Club	NT
10	Joliana Gerges Bebawy	11	Al Qusiya Club	NT
<b>Heat 4 of 23 Timed Finals</b>				
1	Katrin Magdy Gad Gaed	11	6th	43.45
2	Yassmin Ahmed Ali	11	Rowad	43.30
3	Noor Mohamed Ahmed Elsayed Elkhoully	11	Heliolido	42.64
4	Malak Mohamed el Bahr	11	Sporting	42.14
5	Donna Nader Emile Barsome Khalile	11	Heliolido	41.68
6	Habiba Akram Zienom	11	M.S Tagamoa	41.70
7	zad Ahmed Mohamed	11	15 May	42.56
8	Haneen Yasser Saad Abd Elkader	11	6th	42.67
9	Kerya Wael Naaom	11	Sharks Team	43.33
10	Nour Omar Abdelfatah Omar Mohamed Zarad	11	Heliolido	43.62
<b>Heat 5 of 23 Timed Finals</b>				
1	Lubna Haitham Mohsen	11	Hadak Al Ahram	41.42
2	Zena Ahmed Abd El Hamed	11	Hadak Al Ahram	41.11
3	Yara Ahmed abd Elkader	11	15 May	40.89
4	Rodaina Mohamed Ameen	11	M.S Tagamoa	40.71
5	Roqaia Hamdy Gohar	11	Al Zaher	40.52
6	Maria Remon Nsem	11	Helwan Club	40.59
7	Hana Tahir Mohamed Ali	11	Tawfekaya	40.77
8	Farida Ramy Mahmoud Magdy Abdelhamied	11	Heliolido	41.10
9	Godana Nader Mohamed	11	Sharks Team	41.41
10	Logain Madhat Ahmed	11	15 May	41.57

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 6 Timed Finals... (Event 17 Girls 11 Year Olds 50 LC Meter Freestyle)**

1	Rana Sherif Ibrahim	11	El Nasr Club	40.36
2	Retal Hesham Elazap	11	El Mekaweloun	40.34
3	Malak Khaled Darwiesh	11	Maadi	40.21
4	Remas Ashraf Ebrahim	11	Tanta	40.06
5	Maram Eslem Edal	11	El Obour	39.91
6	Khadija Ihab Hosni	11	Sporting	39.99
7	Mariam Maher AL Said	11	Rowad	40.20
8	Salma Mostafa Ragb Ahmed	11	Taleaa El Gish Club	40.25
9	Goudy abd Elazez Mostafa	11	Talbeia	40.36
10	Hana Wael Salah Eldein	11	Tanta	40.46

**Heat 7 of 23 Timed Finals**

1	Mariam Ahmed Mohamed	11	Helwan Club	39.79
2	Amira Ahmed Mohamed	11	El Ghaba	39.55
3	Nada Moustafa Mohamed Hassan	11	Maadi	39.53
4	Nigar Mohamed Talaat	11	Tawfekaya	39.36
5	Gody Ahmed Anour	11	Police Club	39.35
6	Fareda Ahmed abd Elhalim	11	Tanta	39.36
7	Gannat Fathy Mohamed	11	El Ghaba	39.38
8	Sofya Somael Fakhre	11	El Mekaweloun	39.53
9	Jana Ahmed Ali	11	El Ghaba	39.66
10	Hapepa Mohamed Helmy	11	El Mekaweloun	39.86

**Heat 8 of 23 Timed Finals**

1	Remas Rabea Mousa Hassan	11	Olympic	39.13
2	Lojen Mohamed Omar	11	El Nasr Club	39.09
3	Zainab al Sayed Hussein	11	Nasr City	38.99
4	Lina Ahmed Abdel Halim	11	Hadak Al Ahram	38.93
5	Sama Yousef Abdallah	11	Talbeia	38.85
6	Rama Mohamed Abo Agwa	11	Tagamoa Heljhts	38.92
7	Sahar Nader Ibrahim Hassan	11	Tawfekaya	38.95
8	Abrar Eslam Yeihi	11	El Obour	39.08
9	Alya Ahmed Elsaeed Mahmoud	11	Moasasa Riadiah Askaria	39.10
10	Login Hossam Eldin Tageldin	11	Sharks Team	39.29

**Heat 9 of 23 Timed Finals**

1	Ronzy Ahmed Shawky	11	Cairo	38.68
2	Miracle Ramy Guirguis	11	Rehab	38.53
3	Khadeja Osama Hussien	11	Cairo	38.27
4	Gannat Hamza El_faytoury	11	Sporting	38.19
5	Aya Mohsen	11	Cairo	38.15
6	Dilara Hany Mahmoud Ibrahim	11	Maadi	38.15
7	Hoor Mohamed	11	Baladyat El Mahala	38.22
8	Sara Ahmed Kamal	11	Hadak Al Ahram	38.45
9	Salma Hisham abd Elrhim	11	Al Tersana	38.68
10	Malak Mohamed Esmail	11	Al Zaher	38.70

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 10 Timed Finals... (Event 17 Girls 11 Year Olds 50 LC Meter Freestyle)**

1	Khadija Eslam Ahmed Samih	11 Sporting	38.01
2	Goudy Ahmed Samir	11 Al Shark Port Said	37.95
3	Habiba Mahmoud Abdelnaby	11 Sharks Team	37.80
4	Fatma Hossam Ahmed	11 Taleaa El Gish Club	37.78
5	Godi Mahmoud Hasan Yosef	11 El Obour	37.67
6	Gasmine Ahmed Elbadawi	11 Nasr City	37.76
7	Kinzy Fathy Mohamed	11 Moasasa Riadiyah Askaria	37.78
8	Roquia Amr Mohamed	11 Police Club	37.85
9	Farida Ahm. Aly Shakeeb	11 El Gezira	38.00
10	Sama Tamer Mohamed	11 El Ghaba	38.08

**Heat 11 of 23 Timed Finals**

1	Mariam Mosad Hassan aly	11 Moasasa Riadiyah Askaria	37.53
2	Salma Atta Abdallah	11 Helwan Club	37.50
3	Habiba Mohamed ElSayed Zaki	11 Enppi	37.38
4	Habiba Mohamed Zaki	11 Helwan Club	37.35
5	Rokaia Ayman Mohamed Magdy	11 El Zohour	37.20
6	Arwa Mohamed Shawky	11 Moasasa Riadiyah Askaria	37.28
7	Sara Ahmed Hamza	11 El Obour	37.36
8	Malak Ahmed Abd El Aal El Sayed	11 Maadi	37.39
9	Salma Ehab Atef	11 Rehab	37.51
10	Ethar Ahmed Gamal	11 Heliolido	37.62

**Heat 12 of 23 Timed Finals**

1	Sama Salah Eldin Mohmud Morade	11 Taleaa El Gish Club	36.93
2	Nawara Ashraf Abdo	11 Hadak Al Ahram	36.86
3	Karmaa Karim Rasmy	11 Enppi	36.74
4	Goody Aslam Mohamed Shawky	11 Nasr City	36.62
5	Lily Mohamed Abdel Raouf Ahmed	11 Tawfekaya	36.51
6	Hala Tarek Asim Mohamed	11 Nasr City	36.54
7	Sama Ahmed Mohamed	11 Tagamoa Heljhts	36.73
8	Jana Mohamed Abdeltawab	11 Helwan Club	36.78
9	Yasmin Abdel Gawad Hamed	11 Hadak Al Ahram	36.93
10	Karma Mohmed Ahmed	11 Cairo	36.99

**Heat 13 of 23 Timed Finals**

1	Noon Ahmed Osama	11 El Ghaba	36.47
2	Hams Hany Sayedm	11 Al Hawar	36.39
3	Hagar Safwat Mohamed	11 El Zohour	36.29
4	Habiba Mohmaed Himed Hamed	11 El Shams	36.17
5	Habiba Mohamed aly Mohamed	11 Moasasa Riadiyah Askaria	36.15
6	Jomana Walaa Abd Elhakim	11 El Obour	36.16
7	Rahma Allah Sameh Hassan	11 Enppi	36.28
8	Amina Moustafa Mohamed Talaat	11 Maadi	36.34
9	Hala Sherif Samir abd Elmohsen	11 Taleaa El Gish Club	36.39
10	Radwa Hamad Adel Hamad	11 Moasasa Riadiyah Askaria	36.48

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 14 Timed Finals... (Event 17 Girls 11 Year Olds 50 LC Meter Freestyle)**

1	Miray Ebram Mousad	11	El Shams	35.98
2	Nour Mohamed Ali	11	Al Zaher	35.94
3	Salma Mohamad Eed Ebrahim	11	Smouha	35.66
4	Rahma Samira Mufawaboun	11	Hadak Al Ahram	35.61
5	Demi Ahmed Fahmy Marwan	11	Nasr City	35.54
6	Sama Bassem Hamdy	11	Nasr City	35.58
7	Hager Mostfa Mohamed	11	Tagamoa Heljhts	35.66
8	Goody Hany Nabil	11	Nasr City	35.91
9	Menh Alla Mohamad Mohamad Nage	11	Smouha	35.96
10	Farha Mouhamed Mahmmoud	11	Al Shekh Zaeid	36.02

**Heat 15 of 23 Timed Finals**

1	Toka Ayman Ebrahim Eldsok	11	Smouha	35.50
2	Khadiga Hany Adel	11	Zamalek	35.45
3	Jana Wael Samir	11	El Nasr Club	35.27
4	Gana Sameh Zenhom	11	Zamalek	35.20
5	Mariam Taha Mohamed Adel	11	El Zohour	35.14
6	Rinad Walid Gomaa	11	Stad Mansoura	35.15
7	Salma Hesham Sayed	11	Shooting	35.22
8	Salma Waleed Raslan	11	Al Hawar	35.33
9	Malak Hesham Abd El Sallam Beshr	11	Maadi	35.48
10	Hager Mohamed abd al Aleem Mohamed	11	Taleaa El Gish Club	35.52

**Heat 16 of 23 Timed Finals**

1	Menna Allah Mohamed Saleh	11	M.S Tagamoa	35.07
2	Farida Amr Tarek Zaied	11	El Zohour	35.00
3	Rokaia Ahmed Samir	11	Stad Mansoura	34.92
4	Kenzy Yasser	11	Talbeia	34.78
5	Habiba Ramadan Mohamed	11	Stad Mansoura	34.61
6	Hana Asad Alsaid Shmata	11	6th	34.63
7	Karma Hosam Basim Elkhatib	11	6th	34.90
8	Logein Mohamed Ahmed Hany	11	El Obour	34.98
9	Mariem Hossam Elden Hassan	11	Cairo	35.06
10	Maay Ahmed Saied Abdelmot	11	Zamalek	35.13

**Heat 17 of 23 Timed Finals**

1	Karen Gourge Victor	11	El Ghaba	34.51
2	Aliaa Ahmad Rapea Saleh	11	Heliopolis	34.48
3	Gody Mohamed Esmail	11	Enppi	34.47
4	Hana Amr Mohamed Taha	11	6th	34.40
5	Engy Sherif O Mahmoud	11	Shooting	34.39
6	Jasmine Mohamed Youssef	11	Shooting	34.39
7	Haya Ahmed Samer	11	Heliopolis	34.43
8	Sagwa Khaled Mostafa Mahmo	11	Bank Ahly Alex	34.47
9	Jouneir Essam Younan	11	El Nasr Club	34.50
10	Alaa Mahmoud Mohamed	11	Al Shekh Zaeid	34.56

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 18 Timed Finals... (Event 17 Girls 11 Year Olds 50 LC Meter Freestyle)**

1	Haneen Waleed Ahmed Ahmed	11	Taleaa El Gish Club	34.32
2	Malak Reda Mohamed Soror	11	Taleaa El Gish Club	34.27
3	Salma Mohamed Azmy Abdallah	11	Moasasa Riadiah Askaria	34.24
4	Saja Walid Metwally	11	Sporting	34.15
5	Farah Ahmed	11	Heliopolis	34.07
6	Habeba Aly Ahmed Ibrahim	11	Olympic	34.09
7	Laila Hossam Eldin	11	Enppi	34.21
8	Sadan Khaled Mostafa Mahmo	11	Bank Ahly Alex	34.27
9	Mariam Tamer Fathi	11	Cairo	34.30
10	Micale Ramy Guirguis	11	Rehab	34.33

**Heat 19 of 23 Timed Finals**

1	Kinzy Yahia Mohamed Sameh	11	Enppi	33.99
2	Saga Alaa Adel Ibrahim	11	Shooting	33.94
3	Jana Ahmed akl	11	Sporting	33.91
4	Lojain Tarek Esmail	11	Heliopolis	33.80
5	Nour Mohamed Elsoda	11	Maadi	33.76
6	Hana Nabil Ahmed	11	Cairo	33.78
7	Ganna Mohamed Magdy Abdelhamed	11	Gezira El Ward	33.89
8	Retag Abas Sayed Abas	11	Tanta	33.92
9	Rawan Mohamed Saleh Mohmaed	11	El Shams	33.97
10	Nada Ahmed Mohamed	11	Royal	34.06

**Heat 20 of 23 Timed Finals**

1	Malak Mohamed Hassan	11	Ghazl El Mahala	33.46
2	Salma Ahmed Elsaid	11	Gezira El Ward	33.44
3	Norai Mohamed Galal	11	Shooting	33.18
4	Login Hossam Mohamed	11	Wadi Degla	32.97
5	Saba Ahmed Elshabrawy	11	Ahly	32.71
6	Khadega Kaled	11	Heliopolis	32.89
7	Zeina Ahmed Medhat	11	El Zohour	33.05
8	Fayruz Hussien Hanfy Baker	11	El Shams	33.25
9	Ayla Mohamed Ali EL Medany	11	Heliopolis	33.45
10	Hala Walid Abbas Abdelgawad	11	Olympic	33.67

**Heat 21 of 23 Timed Finals**

1	Wafaa Ahmed Saad ElDin	11	Wadi Degla	32.66
2	Lara Ahmed Elwan	11	Ahly	32.62
3	Hala Eslam Adel Yasin	11	Ahly	32.58
4	Hanin Saeed	11	Zamalek	32.45
5	Mariam Eslam Hosny	11	Wadi Degla	32.29
6	Hala Aboser	11	Baladyat El Mahala	32.42
7	Amenha Hesham Amin	11	El Zohour	32.53
8	Malak Mohamed Hassan	11	Zamalek	32.59
9	Sandy Mohamed Mosaad	11	Wadi Degla	32.63
10	Mariam Mohamed Awadallah	11	Canal El Suez	32.68

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 22 Timed Finals... (Event 17 Girls 11 Year Olds 50 LC Meter Freestyle)**

1	Maya Abdelaziz Zakaria	11	Ahly	32.27
2	Basmala Taha Abd Alraouf	11	Wadi Degla	32.10
3	Hana Sameh Younes	11	El Temsah	31.83
4	Arwa Mohamed Elsayed	11	Ahly	31.70
5	Jana Maged Amir	11	El Zohour	31.59
6	Fairoz Ahmed Ibrahiem	11	El Shams	31.61
7	Mona Mohamed Alaa	11	El Mekaweloun	31.82
8	Hanya Hossam Ahmad Salama	11	Smouha	31.94
9	Kenzy Wael Foud RamadanYos	11	Smouha	32.14
10	Rancy Mohamed Hafez	11	Tanta	32.28

**Heat 23 of 23 Timed Finals**

1	Logien Osama Mohamed Mahfouz	11	El Shams	31.33
2	Habeba Mohamad SaeydShabl	11	Smouha	31.23
3	Malak Islam Gamal	11	Wadi Degla	31.15
4	Goumana Mohamed Ibrahim	11	Ahly	31.08
5	Ingy Bassem Bahaa Eldin	11	Ahly	30.13
6	Nadine Hazem Mohamed	11	Pegasus Club	30.41
7	Nour Shref Osama	11	Heliopolis	31.12
8	Gana Allaeldin Mohamed	11	El Shams	31.17
9	Hader Mahmoud	11	Zamalek	31.31
10	Rokan Tamer O Ismail	11	Shooting	31.58

## National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

## Meet Program - 17-11-2019 Evening

## Event 18 Girls 14 Year Olds 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Timed Finals</b>				
2	Mariam Mohamed Atef	14	Al Qusiya Club	NT
3	Dareen Mohamed Ahmed	14	Beni Suef Club	NT
4	Jana Mohamed Ali	14	El Nasr Club	44.73
5	Maryam Sayed Atallah	14	Talbeia	44.30
6	Gana Hazem Mohamed	14	Tagamoa Heljhts	44.59
7	Fatma Nader Nabil	14	Cairo	45.94
8	Farida Gamal Atia	14	Al Zaher	NT
9	Rina Amgad Sabry Ghaly	14	Senzo	NT
<b>Heat 2 of 11 Timed Finals</b>				
1	Malak Amr Ali	14	Beni Suef Club	44.06
2	Zenab Moh. Ibrahim Aly	14	El Gezira	41.53
3	Mariam Ahmed Mohamed	14	Al Zaher	40.63
4	Judy Hossam Eldin Abdelaz	14	Nasr City	39.72
5	Malak Maged El Sokkary	14	M S Benha City	39.31
6	Habiba Ehab Hassan Ebrahim	14	6th	39.49
7	Yasmen Ayman Mohamed	14	Tagamoa Heljhts	40.08
8	Mirna Mohamed Mansour	14	Misr Insurance	41.30
9	Engy Ibrahim Ali Sayed Hassan	14	Mansheit Naser	41.98
10	Allaa Ahmed Kamal	14	Al Zaher	44.12
<b>Heat 3 of 11 Timed Finals</b>				
1	Nourhan Hussien Ahmed	14	Taleaa El Gish Club	38.86
2	Nagham Ayman Ibrahim	14	El Zohour	38.63
3	Mariam Ahmed Zakria	14	Police Club	38.38
4	Lojayna Hossam el din	14	Al Tersana	38.01
5	Rwan Khaled Abdelhalem	14	Taleaa El Gish Club	37.80
6	Hoda Talat Mohamed	14	Al Shark Port Said	37.89
7	Joumana Mohamed Eldegwy	14	S Shbein Al Koum	38.35
8	Malak Gamal Matwally	14	El Zohour	38.41
9	Nadine Ahmed Abdel Maaboud	14	Taleaa El Gish Club	38.81
10	Sherwit Mohamed Elsayed	14	Moasasa Riadiah Askaria	38.93
<b>Heat 4 of 11 Timed Finals</b>				
1	Klara Alfred Sabr	14	Zamalek	36.31
2	Esraa Alaa Hassan	14	El Shrook	35.99
3	Jomanah Assem Samer	14	15 May	35.71
4	Lamar Ebrahim Foad	14	El Mekaweloun	35.06
5	Karma Abdel Fattah Abdul Muttalib Kedr	14	Shooting	34.84
6	Fareh Yasser Mohamed Samy Mohamed	14	El Shams	34.84
7	Fareda Shreif Halouda	14	Heliopolis	35.35
8	Yara Osama Mohamed Zaatar	14	Taleaa El Gish Club	35.77
9	Sindrilla Mohamed Saied	14	Zamalek	36.15
10	Haidy Hamdy Rashad	14	El Zohour	37.25

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 5 Timed Finals... (Event 18 Girls 14 Year Olds 50 LC Meter Freestyle)**

1	Alea Ahm. Adel Abd Elrahman Genena	14	El Gezira	34.65
2	Shahd Akml Mohamed Mohamed Alna	14	6th	34.37
3	Yara Waled Saed	14	Tagamoa Heljhts	34.18
4	Yasmin Mohame ElSaid Ismael	14	Smouha	34.05
5	Mariam Mohamed m Hamdy Soliman	14	Moasasa Riadiah Askaria	33.81
6	Habiba Sameh Fahmy	14	Heliopolis	33.88
7	Jana Mohamed Samy	14	Smouha	34.14
8	Karma Ahmed Elmohandes	14	Cairo	34.30
9	Judy Awwad Mohamed	14	El Zohour	34.57
10	Gana Mohamed abd el Salam	14	Hadak Al Ahram	34.82

**Heat 6 of 11 Timed Finals**

1	Hania Sherif Mohamed	14	Ahly	33.45
2	Hana Walaa Abdelhakim	14	El Obour	33.13
3	Farida amr Atia Saad	14	Nasr City	32.96
4	Malak Mahmud Hassan	14	El Ghaba	32.80
5	Martina Magdy Bekhet	14	Zamalek	32.77
6	Afrosena Sameh Kamel	14	Hadak Al Ahram	32.80
7	Sara Ibrahim Mohamed	14	Ahly	32.95
8	Soha Hesham El Said Mohamed	14	Shooting	32.99
9	Karma Abd el Rhman Ezzt Mohamed	14	El Shams	33.32
10	Kenzy Amr El Sayed	14	Tanta	33.53

**Heat 7 of 11 Timed Finals**

1	Darien Wael Said Abdel Raouf	14	Al Shehk Zaeid	32.42
2	Nor Salah El Din Mohmed	14	Shooting	32.29
3	Shahd Sherif Abdallah	14	El Mekaweloun	32.11
4	Jana Ahmed Abdallah	14	Wadi Degla	31.98
5	Haneen amr Abdelaziz	14	Cairo	31.93
6	Farah Mohamed Moussa Kotb	14	Olympic	31.93
7	Sara Tarek Ahmed Mohsen	14	Maadi	32.08
8	Habiba Ahmed Abd El Fattah	14	Wadi Degla	32.11
9	Marim Usama Mohamed	14	Al Tersana	32.32
10	Kenzy amr Ahmed	14	Zamalek	32.58

**Heat 8 of 11 Timed Finals**

1	Sara Mohamed Ezzat	14	Heliopolis	31.74
2	Salma Samir abd el Azim	14	Al Tersana	31.62
3	Gana Mohamed Ibrahim	14	Ahly	31.57
4	Zena Mahmoud Mohamed Mosa	14	El Ghaba	31.32
5	Zahwa Mohsen Sayed	14	Ahly	31.13
6	Jana Tamer Moh. Essam Eldin Gohar	14	El Gezira	31.30
7	Jana Sherif Mahmoud	14	Wadi Degla	31.43
8	Malak Islam Mohamed	14	Ahly	31.60
9	Haya HossamEldin Kndel	14	Smouha	31.73
10	Shams Anas Hessen Elsherif	14	El Shams	31.90



**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 9 Timed Finals... (Event 18 Girls 14 Year Olds 50 LC Meter Freestyle)**

1	Gana Tarek Mohamed Farid	14	Shooting	31.02
2	Marim Mohamed Osman	14	El Nasr Club	30.93
3	Nouran Marawan Ramadan	14	Ahly	30.85
4	Somia Ahmed Mohamed	14	El Ghaba	30.69
5	Fareda Mohamed Nwar	14	Tanta	30.58
6	Malak Hasan Moh. Elhoshy	14	El Gezira	30.59
7	Habeba Mohamed Moussa Kotb	14	Olympic	30.72
8	Jana Mohamed Samir Khaled	14	Olympic	30.92
9	Gana Mohamed Ahmed Salama	14	El Ghaba	30.97
10	Alaa Amr El Sokry	14	Sporting	31.11

**Heat 10 of 11 Timed Finals**

1	Malak Khaled Mostafa	14	Shooting	30.30
2	Malak Mohamed Mahmoud Gaber	14	Maadi	30.11
3	Gody Ahmed Badawy Mhmoud	14	Smouha	29.99
4	Nour Mohamed Hossain	14	Shooting	29.57
5	Farida Amr Mohamed Abd El Motelib	14	Shooting	29.04
6	Aida Ahm. Mohssin Abd Elrazek	14	El Gezira	29.31
7	Nadin Ayman Hessien	14	Wadi Degla	29.87
8	Haya Hisham ali	14	Al Tersana	30.00
9	Rahaf Ahmed Esmaeel	14	Zamalek	30.26
10	Zeina Bassem Ali	14	Wadi Degla	30.33

**Heat 11 of 11 Timed Finals**

1	Malak Mohamed Mhmoud Hamad	14	Smouha	28.99
2	Raghd Mohamed Elsaid Moham	14	Smouha	28.76
3	Malak Ahmed Helmy	14	Ahly	28.52
4	Lela Ahmed Kamal	14	El Ghaba	28.42
5	Malak Mohamed Abbas Mohamed	14	Maadi	28.00
6	Rodaina Mohamed Saad	14	Wadi Degla	28.02
7	Nour Mohamed Ibrahim Ali	14	Smouha	28.50
8	Mariam Mohamed Emad Fahmy	14	Maadi	28.63
9	Hana Waled Hassan	14	El Ghaba	28.78
10	Leila Mohamed Ibrahim	14	Wadi Degla	29.03

## National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

## Meet Program - 17-11-2019 Evening

## Event 19 Boys 11 Year Olds 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 18 Timed Finals</b>				
4	George Onsy Makram	11	Al Qusiya Club	NT
5	Mohammed Magdy Hassan	11	El Temsah	NT
6	Hamza Ahmed Sayed	11	Canal El Suez	NT
<b>Heat 2 of 18 Timed Finals</b>				
1	Amer Ehab Mohamed	11	15 May	NT
2	Malik Haisam Abd Elkader	11	Raas El Bar Club	NT
3	Antouny Joun Roshdy Aziz	11	Rahalat Sohaj	NT
4	Ahmed Reda Ismaail	11	Helwan Club	4:14.61
5	Mahmed Mahmoud el Sewesy	11	El Nasr Club	4:10.02
6	Mahmoud amr El_Meniawy	11	Sporting	4:10.49
7	Yasin Maged Ragab	11	Canal El Suez	NT
8	Mostafa ElSayed Hassan	11	Canal El Suez	NT
9	Abdel Rahman Mohamed Shaban	11	15 May	NT
10	Yousif Amro Drahim	11	Raas El Bar Club	NT
<b>Heat 3 of 18 Timed Finals</b>				
1	Ahmed Mohamed Hossny	11	Taleaa El Gish Club	4:08.26
2	Omar Taha Ibrahiem Ahmed	11	El Shams	4:07.17
3	ali Adel ali	11	Hadak Al Ahram	4:06.02
4	Abdelaziz Mohamed Abdelaziz	11	Helwan Club	4:03.15
5	Ahmed Ramy Said Amin	11	Moasasa Riadia Askaria	4:01.41
6	Omar Yasser Hemed Mohamed	11	Heliopolis	4:01.64
7	Mazem Ayman Khallil	11	Sharks Team	4:05.87
8	Ali Haytham Apdel Moniem	11	Shooting	4:06.11
9	Ali Bahaa EL Den Ali	11	Heliopolis	4:07.26
10	Mohand Yasser Mohamed Hossny	11	Taleaa El Gish Club	4:08.32
<b>Heat 4 of 18 Timed Finals</b>				
1	Mazen Saher Samy	11	Helwan Club	3:59.86
2	Izz Eldin Basem Mohamed	11	Hadak Al Ahram	3:58.27
3	Eyad Mahmed Arafa	11	El Nasr Club	3:56.46
4	Eyad Ehab Abdelfattah	11	Helwan Club	3:54.84
5	Abdelrahman Sameh Mohammed	11	Talbeia	3:50.88
6	Kareem Ehab Sabry Mahmoud	11	Shooting	3:54.83
7	Fady John Nagy Fahmy	11	Taleaa El Gish Club	3:56.22
8	Abdelrahman Ahmed Hassan	11	Sharks Team	3:58.16
9	Mahmoud Elsayed eid Okda	11	Tanta	3:59.37
10	Mostafa Sayed Hashem Sayed	11	Taleaa El Gish Club	4:00.12
<b>Heat 5 of 18 Timed Finals</b>				
1	Yosif Hatem Yosif	11	El Nasr Club	3:50.15
2	Mohamed Ahmed Mohamed	11	Hadak Al Ahram	3:49.65
3	Hassan Karim Ahmed Klela	11	Heliopolis	3:49.02
4	Mohamed Wahid Ahmed Abo El Fottoh	11	Maadi	3:47.56
5	Tayem Wessam Azab	11	Sporting	3:46.81
6	Mohmed Mahmoud ali Mohmed	11	15 May	3:47.23
7	Omar Sameh abd Elmawla	11	Tanta	3:47.71
8	Mohab Elden Esmeil abd Elsamia	11	El Obour	3:49.13
9	Youssef Mohamed Abd Elazem	11	El Zohour	3:50.07
10	Nour Mostafa Mohamed Said	11	El Zohour	3:50.87

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 6 Timed Finals... (Event 19 Boys 11 Year Olds 200 LC Meter Breaststroke)**

1	Hamza Mohamed Abdelmonem Abdelfata	11	Taleaa El Gish Club	3:45.84
2	Mahmoud Soliman abd Alkhalek	11	Taleaa El Gish Club	3:45.26
3	Yasin Wael Elfshawy	11	El Nasr Club	3:44.52
4	Yasin amr Morad	11	Heliopolis	3:44.00
5	Ahmed Shady Ahmed	11	Hadak Al Ahram	3:43.90
6	Ahmed Wael Sedky	11	Hadak Al Ahram	3:43.90
7	Omar Khaled Mohamed	11	El Zohour	3:44.36
8	Mohamed Waled Taher	11	Rowad	3:44.98
9	Ibrahim Alaa Eldin El Messary	11	Shooting	3:45.28
10	Ali Osama Abdel Mohsen Gado	11	Heliolido	3:45.98

**Heat 7 of 18 Timed Finals**

1	Omar Mohamed Hazem	11	Police Club	3:42.51
2	Mahmoud Khaled Mahmoud Samy Bishr	11	El Shams	3:39.79
3	Moaz Ahmed El Tablawy	11	El Zohour	3:39.57
4	Ebrahim Mohamed Ahmed	11	El Ghaba	3:39.03
5	Mostafa Medhat Mabrok	11	El Ghaba	3:38.39
6	Youssef Mohamed Fathalla	11	Sporting	3:38.85
7	Mohamed Reda Badr	11	15 May	3:39.31
8	Malek Hossam	11	Zamalek	3:39.75
9	Abd EL Rahman Ahmed Ramadan	11	Rowad	3:41.02
10	Adham Osama Khames	11	15 May	3:43.74

**Heat 8 of 18 Timed Finals**

1	Mustafa Ahmed Mostafa Yousry Ahmed	11	Shooting	3:38.23
2	Marwan Ayman Usama	11	El Zohour	3:37.90
3	Mohamed Haitham El Sayed Awad	11	Maadi	3:37.21
4	Yassin Hussam Yassin Shebata	11	Shooting	3:36.35
5	Mahmoud Tamer Mahmoud	11	Helwan Club	3:35.76
6	Andria Wael Nagy Mosad AbdElshahed	11	Heliolido	3:36.14
7	abd Elrahman Waled Afefy	11	Tanta	3:36.68
8	Abdallah Ahmed Mahmoud	11	Rowad	3:37.33
9	Aley Ezzeldeen	11	El Zohour	3:37.93
10	Ahmed Abdeleal Nabeh	11	Helwan Club	3:38.24

**Heat 9 of 18 Timed Finals**

1	Joshua Joseph Fouad	11	Al Tersana	3:35.40
2	ali Abdelmonaim Mohamed	11	Taleaa El Gish Club	3:34.95
3	Hassan Nabil Samy Elnaggar	11	El Gezira	3:34.74
4	Adam Mohamed Atya	11	Rowad	3:34.55
5	Adham Ashraf Sheta	11	Sporting	3:34.20
6	omr Mahmoud Abdallah	11	15 May	3:34.34
7	Aly Moh. Ibrahim El Awady Abd Elaziz	11	El Gezira	3:34.71
8	Marawan Waleed Mohamede Said Mekaw	11	Rowad	3:34.75
9	Mohned WaLed Atef	11	El Obour	3:35.22
10	Mohamed Khaled Saad	11	El Ghaba	3:35.63

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 10 Timed Finals... (Event 19 Boys 11 Year Olds 200 LC Meter Breaststroke)**

1	Mazin Mohamed Ahmed Abaas	11	Enppi	3:34.19
2	Abdelrahman Mohamed Hassan	11	Sharks Team	3:33.63
3	Moemen Omar Mahmoud Samy	11	6th	3:33.08
4	Mohamed Waled Barakat	11	Heliopolis	3:32.57
5	Abd EL Rahman Ramy Mohsen	11	Rowad	3:32.18
6	Mostafa Mohamed Mohamed Ashrf	11	Gezira El Ward	3:32.57
7	Mohamad Emad Abdelmaksowd Eb	11	Smouha	3:32.97
8	Yossef Waled Ebrahim Mohama	11	Smouha	3:33.27
9	Yassin Ahmed Hessin	11	Sharks Team	3:33.66
10	Ziad Ahmed Barghash	11	Zamalek	3:34.20

**Heat 11 of 18 Timed Finals**

1	Yousef Hatem Makrem	11	Shooting	3:30.84
2	Mohamed Ihab aly	11	Zamalek	3:30.72
3	Omar Waiel Saied Bader	11	El Shams	3:30.24
4	Zyad Hany Rashad	11	El Mekaweloun	3:28.85
5	Ahmed Mohamed Zohdy	11	Helwan Club	3:28.34
6	Mohnnad Mahmoud Maher	11	Talbeia	3:28.75
7	Zeyad Mohamed Ghazy	11	Hadak Al Ahram	3:28.88
8	Eyad Ahmed Hasan Abd Elhmid	11	6th	3:30.35
9	Steven Ehab Magdy	11	Nasr City	3:30.72
10	Adam Sameh Hosny	11	Talbeia	3:31.38

**Heat 12 of 18 Timed Finals**

1	Karim Tarek Ezzat Mohamed	11	Shooting	3:27.84
2	Mostafa Hesham FatoH Basune	11	Smouha	3:27.35
3	Hamza Mohamed Elmohamady	11	Zamalek	3:26.96
4	Abdelhammid Walid Abdelhammid	11	Stad Mansoura	3:26.18
5	Ahmed Mohamed Mohamed Elsayed	11	El Ghaba	3:25.84
6	Yossef Efraim Sabry	11	El Ghaba	3:26.01
7	Moamen Amr Mohamad Hamed Ko	11	Smouha	3:26.26
8	Abdel Rahman Ehab Mohamed	11	Al Shehk Zaeid	3:27.02
9	Karim Sameh Karim	11	Al Tersana	3:27.70
10	Adham Shady Mohsen El Habbal	11	El Zohour	3:28.25

**Heat 13 of 18 Timed Finals**

1	GabaLLa Yousry Gaballa	11	Sharks Team	3:25.15
2	Mohamed Magdy Abdo	11	Police Club	3:24.52
3	Moaz Emad Abdelmaksoud Eb	11	Smouha	3:23.56
4	Mohamed Ibrahim Zakreya	11	A S E C	3:23.02
5	Ahmed Mahmoud Magdy	11	Sporting	3:22.03
6	Moaz Abdelfatah Ali Abdel	11	Smouha	3:22.34
7	Ahmed Osama Abdelhameed	11	M.S Tagamoa	3:23.34
8	Marawan Hani Samy	11	Rehab	3:23.65
9	Yousef Mohamed Mostafa Aly	11	El Shams	3:24.64
10	Mohamed Amr Elsayed Abdelaziz	11	Olympic	3:25.75

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 14 Timed Finals... (Event 19 Boys 11 Year Olds 200 LC Meter Breaststroke)**

1	Yassin Khaled Mohamed Lashi	11	El Ghaba	3:21.24
2	Abdallah Hassan Gheith	11	Rehab	3:20.49
3	Ahmad Ehab Ebrahim Abdelwa	11	Smouha	3:19.41
4	Karim Mohamed Hany	11	A S E C	3:18.80
5	Ahmed Nabil Mohamed Shltot	11	Tanta	3:18.62
6	Mahmoud Mohamed Fayek Elshaer	11	6th	3:18.63
7	Ali Ahmed Magdy	11	Cairo	3:18.81
8	Selim Moh. Foad Hamdy	11	El Gezira	3:20.28
9	Yousef Khaled Mohamed Raslan	11	6th	3:21.01
10	Omar Alaa el din Mahmoud	11	Hadak Al Ahram	3:21.29

**Heat 15 of 18 Timed Finals**

1	Mohamed Sameh Saied Mohamed	11	Bank Ahly Alex	3:18.27
2	Yassin Ahmed Eisa	11	Rehab	3:16.25
3	Ahmed Mohsen Mohamed	11	Ahly	3:15.67
4	Marwan Mohamed Elsaid	11	Stad Mansoura	3:14.93
5	Ali Ahmed Mohamed Ali	11	Ahly	3:14.61
6	Yasser Mohamed Abbas	11	Zamalek	3:14.78
7	Nor Eldin Amr Elsayad Basuony	11	Elethead	3:15.30
8	Hassan Ibrahim Arafa	11	Rowad	3:15.81
9	Omar Mohamed Ezzat	11	Ahly	3:17.70
10	Mohmed Mostafa Moktar	11	Cairo	3:18.32

**Heat 16 of 18 Timed Finals**

1	Yousef Ahmed Fathy	11	Stad Mansoura	3:14.29
2	Omar Mohamed Abdel Azem	11	Al Hawar	3:13.35
3	Omar Khaled Gamal El Din Sayed	11	Maadi	3:12.58
4	Mohamed Afifi Mohamed	11	Wadi Degla	3:12.07
5	Ahmed Mohamed Abdel Salam Mohamed	11	Heliolido	3:11.62
6	Yousif Haitham Elsaid	11	Zamalek	3:11.71
7	Youssef Ahmed EL_Sisi	11	Sporting	3:12.53
8	Mohamed Yousef Alebs	11	Baladyat El Mahala	3:12.65
9	Yousif Waleed Eid Abdul Azim	11	6th	3:13.57
10	Ahmed Sameir Hassan	11	Talbeia	3:14.43

**Heat 17 of 18 Timed Finals**

1	Zad Ahmed Mohamed Asran	11	Wadi Degla	3:10.69
2	Mohamed Walid Hosny Ahmed	11	Maadi	3:09.92
3	Amr Wael Elhamy Abdelmoniem	11	Olympic	3:08.72
4	abd Elrahman Mohamed Ebrahim gad	11	Tanta	3:08.19
5	Kamal Mohamed Kamal	11	Ahly	3:07.99
6	Nabil Ahmed Nabil Elharas	11	Tanta	3:08.12
7	Mohamed Ahmed Mohamed Osman	11	Ahly	3:08.28
8	Mazen Maged Mahmoud	11	Wadi Degla	3:09.57
9	Adham Mostafa Abdulla	11	Elethead	3:10.57
10	Essa Shref Abd EL Monem	11	Heliopolis	3:11.10

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 18 Timed Finals... (Event 19 Boys 11 Year Olds 200 LC Meter Breaststroke)**

1	Nour Eldin Karem Mohamed	11	Ahly	3:07.79
2	Hussin Hesham Hussin	11	Wadi Degla	3:05.94
3	Amr Assem Shawkat	11	Wadi Degla	3:01.51
4	Hamza Mohamed Hassan Moubarak	11	Heliopolis	2:58.55
5	Hazem Hossam Nady	11	Wadi Degla	2:50.99
6	Ibrahim Shams Eldin Mohamed	11	Ahly	2:52.10
7	Hamza Mahmoud Ibrahim	11	Stad Mansoura	2:59.02
8	Omar Emad Samir Abdallah	11	Wadi Degla	3:03.47
9	Ahmed Hamdi Salah Mohamed	11	Elethad	3:06.43
10	Yassin Mohamed Abdelghany Elsaid	11	6th	3:07.95

## National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19

## Meet Program - 17-11-2019 Evening

## Event 20 Boys 14 Year Olds 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 9 Timed Finals</b>				
2	Ziad Gawad Mahmoud	14	Cairo	NT
3	Mohamed Samir Abo ElFtooh	14	El Nasr Club	3:25.23
4	Stephen Hany Samir Ramzy	14	Taleaa El Gish Club	3:22.41
5	Mohamed Badwy Salah	14	Zamalek	3:21.39
6	Ali Mohamed Goma	14	Hadak Al Ahram	3:21.89
7	Mohamed Taher	14	Mansheit Naser	3:22.59
8	Yasin Khaled Ahmed Sami	14	6th	3:34.33
9	Ahmed Hossameldeen Abdela	14	Al Qusiya Club	NT
<b>Heat 2 of 9 Timed Finals</b>				
1	Ahmed Mohamed Hassan	14	El Ghaba	3:18.68
2	Mohamed Hatem Mohamed Abd el Rahma	14	El Shams	3:17.78
3	Youssef Mohamed Abdel Rahman	14	15 May	3:17.17
4	Youssef Hazm	14	Taleaa El Gish Club	3:10.94
5	Yousif Mohamed Fathy	14	Shooting	3:08.98
6	Mohamed Magdy Ezzat	14	Moasasa Riadiah Askaria	3:10.61
7	Ebrahim Sameh Mohamed	14	El Mekaweloun	3:11.13
8	Yossef Khaled Magdy Ibrahim	14	Taleaa El Gish Club	3:17.64
9	Yassen Moh. Shrif Moh. Elbarbary	14	El Gezira	3:18.47
10	Ali Ahmed Ali Shaaban	14	El Zohour	3:20.59
<b>Heat 3 of 9 Timed Finals</b>				
1	Batrek Ateef Gatas	14	Zamalek	3:08.56
2	Yehia Khaled Yehia Mohamed Ali	14	6th	3:07.13
3	Ahmed abd el Hady Hassan	14	Zamalek	3:06.19
4	Yaseen Nabil Mohamed	14	Zamalek	3:04.52
5	Mohamed Hisham Mohamed	14	El Nasr Club	3:04.21
6	Belal Tamer Abas	14	Canal El Suez	3:04.51
7	Abd Alaa Hany Ahmed	14	Shooting	3:05.04
8	Nour el Sayed Kamal el din	14	Al Tersana	3:06.61
9	Karim Samy Mohamed	14	Bank Ahly Geza	3:08.08
10	Ziad Mohab Mostafa	14	Tagamoa Heljhts	3:08.82
<b>Heat 4 of 9 Timed Finals</b>				
1	Marawan Bader Eldin Radi	14	El Shams	3:01.87
2	AbdelRahman Mohamed Sayed	14	El Obour	3:01.69
3	Ahmed Sameh Adel	14	Cairo	3:01.35
4	Omar Ehab Rida	14	Shooting	2:58.73
5	Mostafa Emad Mohamed Awad	14	Gezira El Ward	2:57.99
6	Hade Mohamed Saed	14	El Mekaweloun	2:58.40
7	Ahmed Waled Fayad	14	Smouha	2:59.60
8	Yehia SeifEL din EL Marghany	14	El Shams	3:01.52
9	Hosaam Fahim Waled	14	Al Tersana	3:01.76
10	ali Diaa el Gendy	14	Heliopolis	3:03.42

**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 5 Timed Finals... (Event 20 Boys 14 Year Olds 200 LC Meter Breaststroke)**

1	Hosam Eldien Shreef Mahmoud	14	Tawfekaya	2:57.29
2	Karim Mohamed Mahmoud	14	El Shrook	2:56.73
3	Abdel Rahman Mohamed Moustafa	14	El Obour	2:56.14
4	Yehia ali Mohsen	14	Heliopolis	2:54.51
5	Mohamed Wael Abdala Abdelgil	14	Nasr City	2:52.39
6	Omar Tamer Said AbdElaziz	14	Smouha	2:52.85
7	Yasin Mohamed Abu Raya	14	Tanta	2:56.10
8	Gaser Mohamed el Shahat	14	Al Tersana	2:56.26
9	Yousef Mohamed Hashim Mohamed	14	Moasasa Riadhia Askaria	2:56.78
10	Belal Mohamed Abd El Aziz Saad	14	Maadi	2:57.34

**Heat 6 of 9 Timed Finals**

1	Mazn Alsaied Atya Dawoud	14	6th	2:52.35
2	Omar Hazem	14	Zamalek	2:51.77
3	Adham Hesham Mohmed abd Alaa	14	Shooting	2:50.43
4	Selim Ihab Ghali	14	Wadi Degla	2:49.26
5	Ahmed Eslam Hossny	14	Wadi Degla	2:47.62
6	Abdalla Gasser AbdelLatif	14	Ahly	2:48.00
7	Seif Ahmed Ibrahim	14	Wadi Degla	2:49.44
8	Yahia Mostafa Gamal Eldeen Salem	14	Rowad	2:51.33
9	Aly Mostafa Tareef	14	Ahly	2:52.12
10	Omar Hatem Hassan	14	El Zohour	2:52.35

**Heat 7 of 9 Timed Finals**

1	Badr Ahmed Mohamed Anis	14	Olympic	2:47.02
2	Youssef Tamer Mohamed Hamed	14	Wadi Degla	2:46.83
3	Yahya Tarek Fawzy	14	Sporting	2:46.38
4	Yassin Maaataz Zakaria	14	Ahly	2:44.89
5	Abdlrhmn Amro Nshat Abdlghni	14	6th	2:44.56
6	Yassin Hisham Nour	14	Smouha	2:44.69
7	Amr Maged Abdel Gawad	14	Wadi Degla	2:44.98
8	Mohamed Alaa Azouz	14	Ahly	2:46.77
9	Mohamed Emad Shaaban	14	Ahly	2:46.99
10	Ahmed Mohamed Ahmed Elkenawy	14	Al Hawar	2:47.56

**Heat 8 of 9 Timed Finals**

1	abd Elrahman Mohamed Bader	14	Al Tersana	2:43.09
2	Adhm Montser Kmaal	14	Shooting	2:42.54
3	Darren Dimitrios Chin	14	Sporting	2:42.41
4	Azz El Din Hany Nagy Ahmed	14	Shooting	2:41.62
5	Eazz El Din Mohamed Khamis	14	Sporting	2:40.56
6	Omar Walid Mamdouh Al Khayat	14	Maadi	2:41.11
7	Mohamed Walid Abdel Aziz	14	Elethead	2:42.24
8	Abdla Mohmd Ahmd Ali Almhdi	14	6th	2:42.46
9	Ahmed Amr Magdy	14	Shooting	2:42.96
10	Ahmade Hamed Abbaas	14	Talbeia	2:43.96



**National Swimming Championship 2019-2020 - 16-Nov-19 to 05-Dec-19****Meet Program - 17-11-2019 Evening****Heat 9 Timed Finals... (Event 20 Boys 14 Year Olds 200 LC Meter Breaststroke)**

1	Youssef Ehab Mostafa	14	Ahly	2:39.84
2	Yusof Hesham Anwer	14	Tanta	2:38.69
3	Ali Mohamed Ali Hasan El	14	Bank Ahly Alex	2:37.14
4	Yousef Adel Ramadan	14	El Shams	2:34.12
5	Mohamed Mashhour Yehia	14	Ahly	2:30.95
6	Mohaned LiwaaEldin Ali	14	Smouha	2:32.43
7	Mohamed Salem Essa	14	Heliopolis	2:36.65
8	Belal Mohamed Abdel Wahab	14	Wadi Degla	2:37.84
9	Mohamed Mahmoud Attia	14	Wadi Degla	2:39.64
10	Ahmed Emad Samir Hassan	14	Heliolido	2:40.03