

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 15/10/2020 Evening

## Event 5 Men 13 &amp; Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 4 Timed Finals</b>						
3	Marwan Ahmed Elamrawy	25	Sporting	NT	_____	_____
4	Ahmed Fathev Elghandour	13	Canal El Suez	NT	_____	_____
5	Saif ELDin Waled Abdel Razik	17	Wadi Degla	9:26.73	_____	_____
6	Amr Khaled El Henawy	17	Wadi Degla	9:28.90	_____	_____
7	Marwan Ismael Elkmash	27	Sporting	NT	_____	_____
8	Ahmed Khaled Abdel Hamed	19	Shooting	NT	_____	_____
<b>Heat 2 of 4 Timed Finals</b>						
1	Ali Sherif Ali Mohamed	15	Shooting	9:23.88	_____	_____
2	Seif amr el Batal	14	Cairo	9:15.00	_____	_____
3	Mounir Ramez Mounir	16	Shooting	9:13.02	_____	_____
4	Amr Ahmde Mohamed Fatthv	19	El Shams	9:10.32	_____	_____
5	Yousef Hatem Seif	17	Shooting	9:08.98	_____	_____
6	Ahmed Adel Ramadan	18	El Ghaba	9:09.66	_____	_____
7	Seif Walaa Antar	15	Wadi Degla	9:11.21	_____	_____
8	amr Hesham Bayomy	17	Cairo	9:14.49	_____	_____
9	Abd Elrahman Amr Abd Elfatah Ghone	14	El Shams	9:15.31	_____	_____
10	Seif Saved Mahmoud	14	Helwan Club	9:24.06	_____	_____
<b>Heat 3 of 4 Timed Finals</b>						
1	Marwan Mohamed Ezz El Dawla	21	Zamalek	9:06.52	_____	_____
2	Yosef Amr Ali Emad El Din	18	6th	8:57.43	_____	_____
3	Mohamed Ehab El Tayeb	14	Wadi Degla	8:53.22	_____	_____
4	Ibrahim Mohamed Yoneis	20	Zamalek	8:46.60	_____	_____
5	Elhamv Mohamed Mahmoud	21	El Shams	8:44.02	_____	_____
6	Mohamed Mahmoud Mohamed	17	El Ghaba	8:46.20	_____	_____
7	Omar Ahmed Hassan Rvaan	15	El Shams	8:49.78	_____	_____
8	Seif Ramah Essam El Din	18	Shooting	8:56.27	_____	_____
9	Mohamed Saeed Eleiraqv	15	Zamalek	9:02.21	_____	_____
10	Sife Mohamwd Saber	15	Zamalek	9:08.77	_____	_____
<b>Heat 4 of 4 Timed Finals</b>						
1	Moustafa Tarik Moustafa	17	Heliopolis	8:40.31	_____	_____
2	Hamza Adham Amin	20	Ahly	8:37.16	_____	_____
3	amr Mohamed Anter	16	Zamalek	8:33.66	_____	_____
4	Ahmed Sameh Elsaid	16	Ahly	8:26.50	_____	_____
5	Ahmed Akram Abbas	24	Ahly	7:55.00	_____	_____
6	Mohamed Adel Mohamed Meseilhv	19	Ahly	8:04.30	_____	_____
7	Youssef Magdy Elhady	16	Ahly	8:33.45	_____	_____
8	Ali Hany Mohamed Al Soghair	18	El Shams	8:36.52	_____	_____
9	Mohamed Hesham Esmail Hamd	17	6th	8:40.28	_____	_____
10	Yasin Hatem Serv	16	Heliopolis	8:41.55	_____	_____

## Event 6 Women 13 &amp; Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 8 Timed Finals</b>						
4	Arii Hisham Zaglol	13	El Zohour	1:34.17	_____	_____
5	Habiba Saiid Darwish	13	El Nasr Club	1:29.96	_____	_____
6	Salma Abd ElTawab ElSaved	16	El Nasr Club	1:30.05	_____	_____

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 15/10/2020 Evening

## Heat 2 Timed Finals... (Event 6 Women 13 &amp; Over 100 LC Meter Butterfly)

1	Souhaila Mohamed Mostafa	17	El Zohour	1:26.49	_____	_____
2	Farah Yasser abd Elsalam	13	Cairo	1:23.99	_____	_____
3	Shado Abd Elaziz Favez Mohamed	15	El Shams	1:20.88	_____	_____
4	Sama Karm Nasr Mohamed	13	El Shams	1:19.88	_____	_____
5	Yassmin Ayman Abd ElHalim	14	El Shams	1:19.40	_____	_____
6	Lana Sherif Mohamed Abo ElNaga	14	El Shams	1:19.85	_____	_____
7	Nour Daa Eldin Fathy	14	El Nasr Club	1:20.83	_____	_____
8	Sama Wael Mohamed	15	Cairo	1:21.48	_____	_____
9	Nermin Mohamed Ahm. Mod. Fadel	14	El Gezira	1:26.09	_____	_____

## Heat 3 of 8 Timed Finals

1	Habiba Ayman Mahmoud Hamdv	16	Bank Ahly Alex	1:18.94	_____	_____
2	Mariem Mohammed abd Elaziz	14	15 May	1:18.36	_____	_____
3	Sama Wael Mohamed EL Hadv	15	El Shams	1:17.27	_____	_____
4	Khadiga Nabil Eprahim	16	Shooting	1:15.61	_____	_____
5	Kinzy Shref Gabr	17	Heliopolis	1:14.58	_____	_____
6	Retag Ahmed Abu El Fotoh	14	El Zohour	1:14.63	_____	_____
7	Sandra ElGamal Moh. Savd Mostafa El	14	El Gezira	1:16.23	_____	_____
8	Sara Amin Soliman Mabrouk	13	El Ghaba	1:17.75	_____	_____
9	Khadiga Mohsen Abdel Wahab	13	Rowad	1:18.40	_____	_____
10	Yasmin Wael Abdalaah	13	Zamalek	1:19.30	_____	_____

## Heat 4 of 8 Timed Finals

1	Hana Ahmed Saied Kandel	13	Heliopolis	1:14.40	_____	_____
2	Hana Mohie el den Osman	16	Heliopolis	1:13.91	_____	_____
3	Nada Tamer	13	Cairo	1:13.84	_____	_____
4	Carine Elia Abd el Malak	14	Hadak Al Ahram	1:13.60	_____	_____
5	Fareeda Mohamed Farouk	13	Heliolido	1:13.43	_____	_____
6	Farida Wasim Mohamed Adly	13	El Ghaba	1:13.50	_____	_____
7	Marim Mhmod Elsaid Elshik	16	Smouha	1:13.83	_____	_____
8	Bsmala Hassan Mohamed	17	El Mekaweloun	1:13.86	_____	_____
9	Gana aly Refaat aly	13	Zamalek	1:14.14	_____	_____
10	Habeba Mavsara Abdelhamed	15	El Mekaweloun	1:14.42	_____	_____

## Heat 5 of 8 Timed Finals

1	Salma Ahmed ali Mostafa	15	El Ghaba	1:12.84	_____	_____
2	Lian Shadv Sabrv	16	Heliopolis	1:11.86	_____	_____
3	Nada Ahmed Othman	21	Bank Ahly Alex	1:11.33	_____	_____
4	Ranheil Moaataz Ballah Ali Ibrahim	17	Zamalek	1:10.91	_____	_____
5	Lela Ahmed Kamal	15	El Ghaba	1:10.82	_____	_____
6	Omeina Mavsara Abdel Hamed	19	El Mekaweloun	1:10.85	_____	_____
7	Halla Alla Maher	14	Wadi Degla	1:10.92	_____	_____
8	Habiba Khalid Ebrahiem	15	Tawfekaya	1:11.33	_____	_____
9	Sarah Mohamed Abd ElSalam Mohame	14	Heliolido	1:12.59	_____	_____
10	Malak Ahmed Nagv Ali	16	Heliolido	1:13.16	_____	_____

## Heat 6 of 8 Timed Finals

1	Malak Mamdoh Khalil Mohamed	16	Al Tersana	1:10.42	_____	_____
2	Mena Mohamed Abd Elrhem	15	El Nasr Club	1:09.87	_____	_____
3	Laila Mohamed Hitham	13	Shooting	1:09.14	_____	_____
4	Mariam Abdel-Rahman Sakr	23	Ahly	1:08.90	_____	_____
5	Alvaa Ehab Abdelmounim	13	Zamalek	1:08.61	_____	_____
6	Nour Mohamed Hossain	15	Shooting	1:08.85	_____	_____
7	Hana Waled Hassan	15	El Ghaba	1:09.02	_____	_____
8	Hana Wael Magdi Mah . Elsaeed	14	El Gezira	1:09.63	_____	_____
9	Loiaina Khaled Mohamed Morsi	16	Heliolido	1:09.88	_____	_____
10	Shahd Amr Mohamed EL Garie	13	Heliolido	1:10.52	_____	_____

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 15/10/2020 Evening

## Heat 7 Timed Finals... (Event 6 Women 13 &amp; Over 100 LC Meter Butterfly)

1	Sara Mahmoud El Gendy	14	Wadi Degla	1:08.24	_____	_____
2	Nada Ahmed El Said Elbasvounv	13	Shooting	1:08.00	_____	_____
3	Mariam Emad Hamed Motaweia	17	Zamalek	1:07.57	_____	_____
4	Shahd Yasser	18	Smouha	1:07.04	_____	_____
5	Nour Mohamed Ibrahim Ali	15	Smouha	1:06.37	_____	_____
6	Jana Khalid	16	Sporting	1:06.72	_____	_____
7	Rofaida Mahmoud Mohamed Hassan	14	Wadi Degla	1:07.21	_____	_____
8	Aisha Ahmed Khaled	14	Ahly	1:07.60	_____	_____
9	Malak Mohamed Mohamed Gaber	15	Maadi	1:08.04	_____	_____
10	Haidy Hosam Nabil Cotore	21	El Gezira	1:08.50	_____	_____

## Heat 8 of 8 Timed Finals

1	Rodaina Mohamed Saad	15	Wadi Degla	1:06.16	_____	_____
2	Mavar Mohamed Gaber	19	Ahly	1:05.89	_____	_____
3	Sara Mohamed Hassan	19	Ahly	1:05.62	_____	_____
4	Kenzy Ibrahim Ibrahim	16	Ahly	1:05.36	_____	_____
5	Nour Daa Elden abo Bakr	16	Heliopolis	1:02.56	_____	_____
6	Loien Deiaa Eldin Abd Elalem	17	Wadi Degla	1:04.87	_____	_____
7	Dina Khaled Elgaloly	20	Sporting	1:05.57	_____	_____
8	Ro`ua Ahmed Farag	18	Shooting	1:05.83	_____	_____
9	Norhan Mohamed Mohei El din	17	Smouha	1:06.05	_____	_____
10	Gihan Ahmed Abd El Azim Abdallah	16	Maadi	1:06.24	_____	_____

## Event 7 Men 13 &amp; Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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## Heat 1 of 11 Timed Finals

4	Sohaeib Avman Samir	14	Canal El Suez	NT	_____	_____
5	Karim Haythem EL Saved	13	Heliolido	49.30	_____	_____
6	Omar Hamada Ahmed	14	Canal El Suez	NT	_____	_____
7	Tarek AboElthana Mohamed A	21	Smouha	NT	_____	_____

## Heat 2 of 11 Timed Finals

1	Abdullah Amiad Ibrahim	13	Qaroun	47.38	_____	_____
2	Mazen Mabrouk Farag	13	M.S Tagamoa	43.76	_____	_____
3	Belal Mohamed Saied	14	M.S Tagamoa	42.33	_____	_____
4	Yousef amr Nabil	13	15 May	42.07	_____	_____
5	Badr Reda Badr	15	15 May	41.12	_____	_____
6	Yasin Moh. Ahm. Omar Raslan	13	El Gezira	41.24	_____	_____
7	Marwan Osama Samara Ibrahim	13	Senzo	42.26	_____	_____
8	Ziad Ahmed abd Elhamid	14	Enppi	43.03	_____	_____
9	Mathew Ihon Samer	13	M.S Tagamoa	46.39	_____	_____
10	Yassin Moamen Eldamranv	13	M.S Tagamoa	47.80	_____	_____

## Heat 3 of 11 Timed Finals

1	Abd Elrahman Tamer M Abd Elmaasoc	13	El Nasr Club	40.60	_____	_____
2	Adam Hatem Mokhtar	14	Senzo	39.89	_____	_____
3	Youssef Hassan Hegazy Hassan	14	Senzo	39.43	_____	_____
4	Omar Osama Samir Eldhshan	13	El Gezira	38.10	_____	_____
5	Ahmed Hazem Ibrahim	13	Enppi	37.95	_____	_____
6	Youssef Amr Moustafa Hany	14	Heliolido	38.05	_____	_____
7	Mohamed Tamer Fahmv	15	Canal El Suez	38.11	_____	_____
8	Youssef Tawfik Hamdv Tawfik	14	Senzo	39.69	_____	_____
9	Abdul Rahman Amr Salah Mahmoud	16	Senzo	40.46	_____	_____
10	Mahmoud Hazem Mahmoud Elghzawv	14	El Nasr Club	40.69	_____	_____

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 15/10/2020 Evening

**Heat 4 Timed Finals... (Event 7 Men 13 & Over 50 LC Meter Breaststroke)**

1	Ahmed Mahmoud Abdullah	16	M.S Tagamoa	37.23	_____	_____
2	Youssef Hossam Mohamed Mohamed	17	Nasr City	37.00	_____	_____
3	Hanna Refaat Hanna Awadalla	14	Heliolido	36.57	_____	_____
4	Ziad Ayman Abd Elfatah	14	El Nasr Club	36.33	_____	_____
5	Mohamed Wael Abdala Abdelglil	15	Nasr City	36.16	_____	_____
6	Karem Mohamed Atia Ehsan	13	Heliopolis	36.23	_____	_____
7	Omar Tamer Ahmed Elsayed	14	El Nasr Club	36.52	_____	_____
8	Hussen Mohamed EL Dsokv	14	Heliopolis	36.93	_____	_____
9	Mohamed Hany Fekry	14	El Nasr Club	37.21	_____	_____
10	Adham Mohamed abd Aziz	13	Nasr City	37.34	_____	_____

**Heat 5 of 11 Timed Finals**

1	Omar Mohammed Mahmoud	16	Hadak Al Ahram	35.59	_____	_____
2	Yahia Mostafa Gamal Eldeen Salem	15	Rowad	35.46	_____	_____
3	Ahmed Hazem Mohamed Apdlwahed	16	6th	35.25	_____	_____
4	Rashed Hany Ramadan	17	Rowad	34.87	_____	_____
5	Mohamed Walid Hesin Hamouda	13	El Ghaba	34.83	_____	_____
6	Yosef Omar Abd Elaziz Taalab	14	El Gezira	34.84	_____	_____
7	Ahmed Emad Samir Hassan	15	Heliolido	35.14	_____	_____
8	Yehia SeifEL din EL Marghanv	15	El Shams	35.34	_____	_____
9	AbdelRahman Mohamed Saved	15	El Obour	35.56	_____	_____
10	Mohamed Diao Eldeen Mohamed	14	Nasr City	36.02	_____	_____

**Heat 6 of 11 Timed Finals**

1	Zeiad Osama Fatthy Abdel Hamed	17	Al Tersana	34.47	_____	_____
2	Moaz Ahmed Ali Ahmed	14	Rowad	34.30	_____	_____
3	Omar Khairv Ali	21	Zamalek	34.19	_____	_____
4	Anas Moustafa Al Saved Bavoumi	16	Heliolido	33.75	_____	_____
5	Braa Ayman Ali	16	El Zohour	33.56	_____	_____
6	Karim Waled Hossam El Din	18	Shooting	33.61	_____	_____
7	Seif Ayman Abdel Hamed	17	El Ghaba	33.90	_____	_____
8	Yossef Gamal Rashed	19	El Ghaba	34.28	_____	_____
9	Ali Mohamed Adel Ahmed	16	El Shams	34.45	_____	_____
10	Abdel Rahman Mohamed Moustafa	15	El Obour	34.61	_____	_____

**Heat 7 of 11 Timed Finals**

1	Rami Michel Artigaud	14	El Gezira	33.53	_____	_____
2	Mahmoud Mohamed Mahmoud Ghaza	19	Zamalek	33.28	_____	_____
3	Mostafa Moh. Ahm. Moh. Moharam	14	El Gezira	33.24	_____	_____
4	Adham Abd Elnabve Mohamed	20	El Zohour	33.13	_____	_____
5	Youssef Mohamed Mostafa	16	Zamalek	32.90	_____	_____
6	abd Elrahman Mohamed Bader	15	Al Tersana	33.07	_____	_____
7	Fadv Ehab Weliam Gad El Rab	19	Zamalek	33.19	_____	_____
8	Ibrahim Yasser Farahat AbdElMagid	14	Maadi	33.24	_____	_____
9	Mohamed Salem Essa	15	Heliopolis	33.33	_____	_____
10	Omar Hosam El Dinahmed Ahmed	17	El Shams	33.56	_____	_____

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 15/10/2020 Evening

## Heat 8 Timed Finals... (Event 7 Men 13 &amp; Over 50 LC Meter Breaststroke)

1	Abd Elrhman Adel	16	El Ghaba	32.69	_____	_____
2	Mahmoud Waleed Elmasrv	17	Cairo	32.50	_____	_____
3	Yehya Ashraf Mohamed Ali	18	El Zohour	32.25	_____	_____
4	Yousif Mohamed Anwar	17	Heliopolis	32.19	_____	_____
5	Karim Mohamed El Gharabawv	15	El Zohour	31.90	_____	_____
6	Ali Mohamed Ali Hasan El	15	Bank Ahly Alex	31.91	_____	_____
7	Ali Khaled Ahmed Mostafa	17	El Ghaba	32.25	_____	_____
8	Yousof Hesham Anwer	15	Tanta	32.39	_____	_____
9	abd Rahman Tamer Ismail	17	Shooting	32.58	_____	_____
10	Abd ElRahman Shouky Mahrous	17	Shooting	32.78	_____	_____

## Heat 9 of 11 Timed Finals

1	Omar Osama Mohamed	19	Smouha	31.84	_____	_____
2	Omar Mohamed Taha Radwan	20	Smouha	31.70	_____	_____
3	Ahmed Mohamed Amr	16	El Zohour	31.41	_____	_____
4	Ziad Khaled Shreef	17	Cairo	31.34	_____	_____
5	Moahamed Sameh Moustafa Mohamec	16	Maadi	31.27	_____	_____
6	Morad Yaser Hafez	17	Wadi Degla	31.29	_____	_____
7	Mahmoud Maged Abo el Ela	16	Wadi Degla	31.39	_____	_____
8	Mohamed Mahmoud Attia	15	Wadi Degla	31.62	_____	_____
9	Adhm Montser Kmaal	15	Shooting	31.81	_____	_____
10	Ahmed Wael el Mohandes	15	Heliopolis	31.88	_____	_____

## Heat 10 of 11 Timed Finals

1	Ahmed Mohamed El Menvawv	16	Wadi Degla	31.20	_____	_____
2	Shady Mahmoud Hammam Abdel Lati	18	Maadi	30.93	_____	_____
3	Ahmed Khaled Mahmoud	17	Cairo	30.75	_____	_____
4	Zevad Osama Mohamed	19	Smouha	30.37	_____	_____
5	Sief Mohamed Mahmoud Mehreiz	19	Ahly	30.06	_____	_____
6	Saif Ahmed abd Elmoniem Emarah	17	El Shams	30.08	_____	_____
7	Mohmed Sherief	18	Cairo	30.46	_____	_____
8	Nour El Din Mohamed Mohamed	18	Zamalek	30.77	_____	_____
9	Mohanad Mohamed Wageh	17	Shooting	31.09	_____	_____
10	Abdelrahman Khaled Mohmed	17	Wadi Degla	31.25	_____	_____

## Heat 11 of 11 Timed Finals

1	Mohand Tarik Mohamed Ali El	20	Smouha	29.98	_____	_____
2	Omar Ehab Ahmed Abo el Ftoh	18	El Shams	29.97	_____	_____
3	Abdallah Yasser Mohamed	19	Cairo	29.47	_____	_____
4	Dalv Dimitrios Chin	23	Sporting	29.31	_____	_____
5	Youssef Ismail Elkamash	25	Sporting	27.52	_____	_____
6	Karim Hatem abd el Sabour	19	Nasr City	28.94	_____	_____
7	Mohamed Housam Ibrahim	24	Ahly	29.39	_____	_____
8	Hassan Yasser Ezzat	22	Ahly	29.71	_____	_____
9	Mohamed Mashhour Yehia	15	Ahly	29.97	_____	_____
10	Karim Mohamed Samv	17	Ahly	29.99	_____	_____

## Event 8 Women 13 &amp; Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 4 Timed Finals</b>						
3	Nada Ahmed Samer	20	Sporting	NT	_____	_____
4	Sara Tarek Abd El Aziz Ahmed	14	Heliolido	5:56.53	_____	_____
5	Sarah Mohamed Abd ElSalam Mohame	14	Heliolido	5:51.60	_____	_____
6	Rodavna Haytham Mahmoud	13	Al Tersana	5:56.30	_____	_____
7	Tala Tarekf el Kafrawe	14	Heliopolis	6:00.70	_____	_____

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 15/10/2020 Evening

**Heat 2 Timed Finals... (Event 8 Women 13 & Over 400 LC Meter IM)**

1	Lamees Amr Mhmoud Elsokary	13	6th	5:50.02	_____	_____
2	Malak Ahmed Nagv Ali	16	Heliolido	5:48.25	_____	_____
3	Mariam Mohamed Ahmed Kotb	14	Smouha	5:47.16	_____	_____
4	Alia Khaled Abas Sabaa	14	Heliopolis	5:46.30	_____	_____
5	Nouran Mahmoued Mohamed	15	Wadi Degla	5:45.10	_____	_____
6	Alyaa Ehab Abdelmounim	13	Zamalek	5:45.79	_____	_____
7	Rozana Waleed Desoky	13	Nasr City	5:46.85	_____	_____
8	Fareda Ahmed Khalel	14	Wadi Degla	5:47.70	_____	_____
9	Shahd Amr Mohamed EL Garie	13	Heliolido	5:49.89	_____	_____
10	Mariem Galal Saied	19	El Shams	5:51.22	_____	_____

**Heat 3 of 4 Timed Finals**

1	Mariam Emad Hamed Motaweia	17	Zamalek	5:42.48	_____	_____
2	Basmalah Gomaa Ali	15	Bank Ahly Alex	5:39.04	_____	_____
3	Shahd Yasser	18	Smouha	5:36.29	_____	_____
4	Habiba Hesham Mostafa Hamdy	17	Wadi Degla	5:28.71	_____	_____
5	Haidv Hosam Nabil Cotore	21	El Gezira	5:27.12	_____	_____
6	Mena Tarek Alv	15	Ahly	5:28.35	_____	_____
7	Iana Mohamed Omar Mohamed Elderer	14	El Shams	5:30.16	_____	_____
8	Hana Mohie el den Osman	16	Heliopolis	5:38.18	_____	_____
9	Mai Khaled Abdeltif	17	Wadi Degla	5:39.11	_____	_____
10	Shahd Sameh Safouat Shaaban	16	Heliolido	5:43.19	_____	_____

**Heat 4 of 4 Timed Finals**

1	Alva Mostafa Mohamed	17	Ahly	5:26.21	_____	_____
2	Nadine Mohmed Mohmed Amin	14	6th	5:23.75	_____	_____
3	Sara Mohamed Hassan	19	Ahly	5:17.65	_____	_____
4	Dina Khaled Elgalolv	20	Sporting	5:15.39	_____	_____
5	Nour Diaa Elden abo Bakr	16	Heliopolis	5:07.14	_____	_____
6	Zaina Mohamed Haitham Hassn	15	Shooting	5:14.89	_____	_____
7	Loien Deiaa Eldin Abd Elalem	17	Wadi Degla	5:15.58	_____	_____
8	Kenzy Mostafa Hashad	15	Ahly	5:19.12	_____	_____
9	Sara Mohamed Bhaa	15	Heliopolis	5:24.71	_____	_____
10	Hlla Khaled Diab	13	Ahly	5:26.31	_____	_____