

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 17/10/2020 Evening

## Event 19 Women 13 &amp; Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 7 Timed Finals</b>						
2	Donya Amr Mohamed Nabih	18	El Shams	NT	_____	_____
3	Marim Mahmoud Mohamed	13	El Nasr Club	1:43.61	_____	_____
4	Rodaina Emad Maher	16	Senzo	1:36.28	_____	_____
5	Knoz Afivy Abd Elkader	17	El Nasr Club	1:32.41	_____	_____
6	Hams Hisham Mohamed	14	Cairo	1:33.40	_____	_____
7	Menna Alaah Mahrous	14	El Nasr Club	1:42.04	_____	_____
8	Eniy Mohamed AboZid	20	Smouha	NT	_____	_____
<b>Heat 2 of 7 Timed Finals</b>						
1	Lina Ahmed Osama	14	Royal	1:27.91	_____	_____
2	Malak Qazzafi Shehata	16	El Ghaba	1:25.48	_____	_____
3	Salma Ahmed Saved	14	El Zohour	1:24.00	_____	_____
4	Malak Ahmed Eisa	13	El Ghaba	1:22.46	_____	_____
5	Jana Hisham Mohamed	14	Cairo	1:22.00	_____	_____
6	Zeina Essam Ali Mamdouh	13	Heliolido	1:22.17	_____	_____
7	Jana Serag Mahmoud	13	Nasr City	1:23.73	_____	_____
8	Eva Gamal Sophe	16	El Ghaba	1:24.41	_____	_____
9	Malak Amr Essmat Mohamed	17	El Zohour	1:25.90	_____	_____
10	Habiba Saiid Darwish	13	El Nasr Club	1:29.88	_____	_____
<b>Heat 3 of 7 Timed Finals</b>						
1	Habiba Safwat Saleh	16	El Zohour	1:20.54	_____	_____
2	Malak Amr Abdel Monaem	18	Zamalek	1:19.74	_____	_____
3	Mariam Emad Mohamed Zohdv	13	Heliolido	1:19.25	_____	_____
4	Farida Hanv Mahmoud Ibrahim	19	Heliolido	1:19.13	_____	_____
5	Malak Nasr El Din Ibrahim	17	Zamalek	1:18.41	_____	_____
6	Rofavda Mohamed Emam	13	Zamalek	1:18.68	_____	_____
7	Hana Mohamed Hasaan	13	Zamalek	1:19.14	_____	_____
8	Sama Mohamed Dahy	13	Nasr City	1:19.27	_____	_____
9	Rawan Sherif El Saied	14	Tagamoa Heljhts	1:19.82	_____	_____
10	Malak Hussein Abd ElHalim Ahmed	14	Heliolido	1:21.90	_____	_____
<b>Heat 4 of 7 Timed Finals</b>						
1	Malak Mohamed abd el Kerim	16	Zamalek	1:17.01	_____	_____
2	Zena Mahmoud Mohamed Mosa	15	El Ghaba	1:16.91	_____	_____
3	Hana Mohie el den Osman	16	Heliopolis	1:16.37	_____	_____
4	Mariam Sherif Mohamed Shawky	14	Maadi	1:15.81	_____	_____
5	Ritag Ehab Saved Mohamed	14	El Shams	1:15.77	_____	_____
6	Karma aly Elsheraee	14	Heliopolis	1:15.80	_____	_____
7	Shahd Sameh Safouat Shaaban	16	Heliolido	1:16.11	_____	_____
8	Malak Ahmed Abo Bakr	16	Shooting	1:16.39	_____	_____
9	Farah Karim Mohamed	19	Heliopolis	1:16.99	_____	_____
10	Alia Ali Mohamed	17	Heliopolis	1:18.41	_____	_____

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## Heat 5 Timed Finals... (Event 19 Women 13 &amp; Over 100 LC Meter Backstroke)

1	Farida Sherif Ahmed Taha	13	Shooting	1:14.87	_____	_____
2	IoannaYosef Yehva Youssef	18	El Shams	1:13.38	_____	_____
3	Yasmine Sharif AbdElAziz Galal	16	El Shams	1:12.21	_____	_____
4	Fatma Mohamed Klel Ebrahim	16	6th	1:11.79	_____	_____
5	Lama Tamer Mohamed Ahmed	15	Smouha	1:11.23	_____	_____
6	Rodaina Mohamed Saad	15	Wadi Degla	1:11.47	_____	_____
7	Farah Osama Ahmed Mahmood	17	Bank Ahly Alex	1:11.99	_____	_____
8	Basmala Ashraf Sayed	21	Ahly	1:12.61	_____	_____
9	Sama Gehad Mohamed	14	Tawfekaya	1:14.74	_____	_____
10	Souhaila Moahmed Mahmoud Barakat	17	Shooting	1:15.15	_____	_____

## Heat 6 of 7 Timed Finals

1	Mariem Mohamed Emad Fahmy	15	Maadi	1:11.16	_____	_____
2	Leila Mohamed Ibrahim	15	Wadi Degla	1:10.38	_____	_____
3	Rawan Hesham Mohamed	19	Cairo	1:10.34	_____	_____
4	Shahd Ahmed Abd Elbakv	16	Sporting	1:10.11	_____	_____
5	Kenzv Ahmed Ali	17	Ahly	1:09.47	_____	_____
6	Kenzv Mohamed el Sebaev	14	Cairo	1:09.50	_____	_____
7	Dana Tamer Shafiq	17	Heliopolis	1:10.29	_____	_____
8	Hoda Ahmed Hussein	16	El Zohour	1:10.35	_____	_____
9	Haia Salah Mahmoud	20	Ahly	1:10.82	_____	_____
10	Rofaida Mahmoud Mohamed Hassan	14	Wadi Degla	1:11.23	_____	_____

## Heat 7 of 7 Timed Finals

1	Rawan Tamer Mohamed	16	Wadi Degla	1:09.07	_____	_____
2	Lougin Yousief Ahmed Yousie	17	El Shams	1:08.90	_____	_____
3	Mariam Abdel-Rahman Sakr	23	Ahly	1:08.68	_____	_____
4	Farah Amr Abdel Motaleib	17	Shooting	1:07.34	_____	_____
5	Raghd Mohamed Elsaid Moham	15	Smouha	1:06.08	_____	_____
6	Roula Ahm. Houssnv Houssein	18	El Gezira	1:06.28	_____	_____
7	Farida Amr Mohamed Abd El Motelib	15	Shooting	1:07.87	_____	_____
8	Lojen Deiaa Eldin Abd Elalem	17	Wadi Degla	1:08.87	_____	_____
9	Goumana Tarek Yehia	15	Ahly	1:09.03	_____	_____
10	Rawda Nabil Mohamed	18	Smouha	1:09.27	_____	_____

## Event 20 Men 13 &amp; Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 4 Timed Finals</b>						
1	Ziad Ahamed Ragab Abd el Hamed	14	Shooting	4:34.94	_____	_____
2	Seif Saved Mahmoud	14	Helwan Club	4:32.56	_____	_____
3	Mohamed Ahmed Baha Elden	23	Maadi	4:29.01	_____	_____
4	Seif amr el Batal	14	Cairo	4:27.17	_____	_____
5	Kirolos Gamal Sobhv	17	El Shams	4:25.64	_____	_____
6	Mohamed Yaser Fared Abd Elazez	14	El Shams	4:26.25	_____	_____
7	amr Hesham Bavomv	17	Cairo	4:27.67	_____	_____
8	Mahmoud Avman Mahmoud Mohame	18	Bank Ahly Alex	4:29.47	_____	_____
9	Ali Sherif Ali Mohamed	15	Shooting	4:34.35	_____	_____
10	Marwan Ahmed Elamrawv	25	Sporting	NT	_____	_____

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## Heat 2 Timed Finals... (Event 20 Men 13 &amp; Over 400 LC Meter Freestyle)

1	Mounir Ramez Mounir	16	Shooting	4:23.89	_____	_____
2	Mohamed Saeed Eleiraqv	15	Zamalek	4:22.49	_____	_____
3	Ramiz Elsaeyd Abdoh	17	Wadi Degla	4:20.93	_____	_____
4	Yosef Amr Ali Emad El Din	18	6th	4:20.47	_____	_____
5	Omar Ahmed Hassan Rvaan	15	El Shams	4:20.00	_____	_____
6	Mohamed Ehab El Tayeb	14	Wadi Degla	4:20.46	_____	_____
7	Ahmed Wael Ahmed	16	Wadi Degla	4:20.62	_____	_____
8	Marwan Mohamed Ezz El Dawla	21	Zamalek	4:21.69	_____	_____
9	Ahmed Adel Ramadan	18	El Ghaba	4:23.21	_____	_____
10	Houssen Talal Houssen Sayd	16	6th	4:24.05	_____	_____

## Heat 3 of 4 Timed Finals

1	Shehab Hossam Mahmoud Garab	19	El Ghaba	4:18.18	_____	_____
2	Seif Ramah Essam El Din	18	Shooting	4:17.68	_____	_____
3	Ahmed Khaled Moustafa	20	Zamalek	4:13.69	_____	_____
4	Karim Ahmed Khaled Elewa	18	El Shams	4:12.50	_____	_____
5	amr Mohamed Anter	16	Zamalek	4:12.17	_____	_____
6	Ali Hanv Mohamed Al Soghair	18	El Shams	4:12.31	_____	_____
7	Mrawan Mostafa Mowaled	17	Wadi Degla	4:13.24	_____	_____
8	Yasin Hatem Serv	16	Heliopolis	4:14.00	_____	_____
9	Ahmed Khaled Abdel Hamed	19	Shooting	4:17.95	_____	_____
10	Saif Eldin Aiman Ahmed	17	Wadi Degla	4:18.19	_____	_____

## Heat 4 of 4 Timed Finals

1	Ibrahim Mohamed Yoneis	20	Zamalek	4:11.99	_____	_____
2	Youssef Magdy Elhady	16	Ahly	4:09.21	_____	_____
3	Mohamed Hossam AbdElslam	22	Smouha	4:02.62	_____	_____
4	Mohamed Adel Mohamed Meseilhv	19	Ahly	3:56.00	_____	_____
5	Marwan Ismael Elkmash	27	Sporting	3:46.36	_____	_____
6	Ahmed Akram Abbas	24	Ahly	3:51.18	_____	_____
7	Yosef Hanv Mohamed	18	Ahly	4:00.10	_____	_____
8	Ahmed Sameh Elsaid	16	Ahly	4:04.27	_____	_____
9	Mohamed Mahmoud Mohamed	17	El Ghaba	4:11.78	_____	_____
10	Mohamed Hesham Esmaiel Hamd	17	6th	4:12.07	_____	_____