

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 18/10/2020 Morning

## Event 22 Women 13 &amp; Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 10 Timed Finals</b>						
4	Ro'oya Mashaly	22	Sporting	NT	_____	_____
5	Gana Mohamed Husavn	14	El Seka El Hadid	41.75	_____	_____
6	Nour Mohamed Hosnv	14	M.S Tagamoa	41.78	_____	_____
<b>Heat 2 of 10 Timed Finals</b>						
2	Salsabil Saved Mohamed	14	El Nasr Club	39.72	_____	_____
3	May amr Mohamed	13	M.S Tagamoa	38.56	_____	_____
4	Mai Ahmed Mohamed Abdo	13	El Obour	36.96	_____	_____
5	Lina Ahmed Osama	14	Royal	34.82	_____	_____
6	Roaa Mohamed Nabil Khalil	13	El Nasr Club	35.83	_____	_____
7	Malak Mahmoud Taha	14	Qaroun	37.94	_____	_____
8	Somia Mohamed Ebdelmohsen	14	M.S Tagamoa	39.44	_____	_____
9	Aya Rezk Shaban	13	M.S Tagamoa	40.09	_____	_____
<b>Heat 3 of 10 Timed Finals</b>						
1	Sama Tamer Maged Hassan	14	Heliolido	34.62	_____	_____
2	Salma Abd ElTawab ElSaved	16	El Nasr Club	33.75	_____	_____
3	Gana Saved Shaker	17	Al Tersana	33.38	_____	_____
4	Hania Hatem Mohamed	14	El Zohour	33.17	_____	_____
5	Jana Hisham Mohamed	14	Cairo	32.34	_____	_____
6	Mariam Mohamed Nabil	18	Rowad	32.88	_____	_____
7	Malak Amr Essmat Mohamed	17	El Zohour	33.36	_____	_____
8	Rodaina Emad Maher	16	Senzo	33.56	_____	_____
9	Laila Akram Hassan Afifi	14	Heliolido	34.43	_____	_____
10	Laila Khaled Faheem	16	El Mekaweloun	34.67	_____	_____
<b>Heat 4 of 10 Timed Finals</b>						
1	Habiba Safwat Saleh	16	El Zohour	32.01	_____	_____
2	Haneen amr Abdelaziz	15	Cairo	31.78	_____	_____
3	Hana Moataz Mahmoud Toulba	24	El Zohour	31.75	_____	_____
4	Raneem Mohamed Saved Ahmed	21	Heliolido	31.59	_____	_____
5	Sama Mohamed Dahv	13	Nasr City	31.14	_____	_____
6	Shahd Hesham Fouad Abaas	16	Zamalek	31.29	_____	_____
7	Rawan Ragab Ramadan Abdel Aziz	21	Zamalek	31.69	_____	_____
8	Leen Hossam Mansour	13	Cairo	31.76	_____	_____
9	Sama Gehad Mohamed	14	Tawfekaya	31.78	_____	_____
10	Mariam Nasr Ahmed Said	15	15 May	32.34	_____	_____
<b>Heat 5 of 10 Timed Finals</b>						
1	Retag Mohamed Ragab	14	Zamalek	31.04	_____	_____
2	Retag Ahmed Abu El Fotoh	14	El Zohour	30.67	_____	_____
3	Zena Mahmoud Mohamed Mosa	15	El Ghaba	30.63	_____	_____
4	Malak Ahmed Osama	14	El Mekaweloun	30.31	_____	_____
5	Habiba Fawzv Mostafa	13	El Nasr Club	30.15	_____	_____
6	Rahaf Ahmed Esmaeel	15	Zamalek	30.24	_____	_____
7	Gana Mohamed Ahmed Salama	15	El Ghaba	30.31	_____	_____
8	Loiain Hesham Mohamed	16	Cairo	30.67	_____	_____
9	Mena Mohamed Abd Elrhem	15	El Nasr Club	30.81	_____	_____
10	Rawan Sherif El Saied	14	Tagamoa Heljhts	31.14	_____	_____

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## Heat 6 Timed Finals... (Event 22 Women 13 &amp; Over 50 LC Meter Freestyle)

1	Hana Wael Magdi Mah . Elsaeed	14	El Gezira	29.91	_____	_____
2	Loiaina Khaled Mohamed Morsi	16	Heliolido	29.61	_____	_____
3	Anod Amr Abd El Aziz	14	Wadi Degla	29.38	_____	_____
4	Shahd Ahmed Abd Elbakv	16	Sporting	29.27	_____	_____
5	Yasmine Sharif AbdELAziz Galal	16	El Shams	29.16	_____	_____
6	Ritag Ehab Sayed Mohamed	14	El Shams	29.26	_____	_____
7	Lojeen Ebrahiem Khaliel	13	El Shams	29.31	_____	_____
8	Kenzv Mohamed el Sebaev	14	Cairo	29.46	_____	_____
9	Malak Mamdoh Khalil Mohamed	16	Al Tersana	29.72	_____	_____
10	Fareeda Mohamed Farouk	13	Heliolido	29.91	_____	_____

## Heat 7 of 10 Timed Finals

1	Alyaa Ehab Abdelmounim	13	Zamalek	29.11	_____	_____
2	Yasmin Hosam EL Den Abd EL Naser	14	Heliopolis	28.94	_____	_____
3	Hanva Hossam Nabil El Cotorv	23	El Gezira	28.88	_____	_____
4	Mariem Galal Saied	19	El Shams	28.79	_____	_____
5	Farida Amr Mohamed Abd El Motelib	15	Shooting	28.64	_____	_____
6	Habiba Avman Mahmoud Hamdv	16	Bank Ahly Alex	28.77	_____	_____
7	Farida Ahmed Ibrahim	14	El Ghaba	28.82	_____	_____
8	Hana Waled Hassan	15	El Ghaba	28.88	_____	_____
9	Nelly Elgmal Moh. Savd Mostafa Elgma	16	El Gezira	29.05	_____	_____
10	Allaa Ashraf Fekry	20	6th	29.16	_____	_____

## Heat 8 of 10 Timed Finals

1	Raghd Mohamed Elsaid Moham	15	Smouha	28.52	_____	_____
2	Nour Mohamed Ibrahim Ali	15	Smouha	28.40	_____	_____
3	Norhan Mohamed Mohei El din	17	Smouha	28.30	_____	_____
4	Farah Amr Abdel Motaleb	17	Shooting	28.26	_____	_____
5	Hana Mostafa Ahmed Hamdy	19	Ahly	28.21	_____	_____
6	Lela Ahmed Kamal	15	El Ghaba	28.22	_____	_____
7	Malak Ahmed Helmv	15	Ahly	28.28	_____	_____
8	Farah Tarek Hassan	16	Heliopolis	28.32	_____	_____
9	Mavar Mohamed Gaber	19	Ahly	28.42	_____	_____
10	Leila Mohamed Ibrahim	15	Wadi Degla	28.61	_____	_____

## Heat 9 of 10 Timed Finals

1	Rodaina Mohamed Saad	15	Wadi Degla	28.19	_____	_____
2	Malak Mohamed Abbas Mohamed	15	Maadi	28.16	_____	_____
3	Noor Moh. Samer Eleesh	18	El Gezira	28.12	_____	_____
4	Gihan Ahmed Abd El Azim Abdallah	16	Maadi	27.96	_____	_____
5	Yasmin Mamdouh Mahmoud	21	Ahly	27.92	_____	_____
6	Malak Mohamed Abd El Gaber	16	Bank Ahly Alex	27.96	_____	_____
7	Loujin Abd Alla Slah Zkev	16	6th	28.10	_____	_____
8	Dana Tamer Shafiq	17	Heliopolis	28.14	_____	_____
9	Hana Ashraf Mahmoud	19	Wadi Degla	28.17	_____	_____
10	Eniv Mohamed AboZid	20	Smouha	28.19	_____	_____

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## Heat 10 Timed Finals... (Event 22 Women 13 &amp; Over 50 LC Meter Freestyle)

1	Lougin Yousief Ahmed Yousie	17	El Shams	27.81	_____	_____
2	Roula Ahm. Houssnv Houssein	18	El Gezira	27.65	_____	_____
3	Farida Tharwat Maher	17	Ahly	27.56	_____	_____
4	Hedy Amr Moustafa Hamouda	21	Heliopolis	27.46	_____	_____
5	Salma Saber	23	Shooting	27.00	_____	_____
6	Amina Magdy Mohamed El Sebeilgy	27	Heliopolis	27.04	_____	_____
7	Carine Elia Abd el Malak	14	Hadak Al Ahram	27.50	_____	_____
8	Rawan Mohamed AboElFadl	17	Wadi Degla	27.63	_____	_____
9	Kanzv Hesham Rashad	17	Shooting	27.81	_____	_____
10	Farida Ayman Samra	16	Shooting	27.83	_____	_____

## Event 23 Men 13 &amp; Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 11 Timed Finals</b>						
4	Yassin Ahmed Qulaii Raslan	13	Senzo	1:58.50	_____	_____
5	Omar Aed Rashwen Ahmed	13	El Obour	1:26.02	_____	_____
6	Seif El Din Essam Reda	13	Senzo	1:27.17	_____	_____
<b>Heat 2 of 11 Timed Finals</b>						
1	Nizar Amir Ahmed Al Saved	14	Senzo	1:20.40	_____	_____
2	Yossif Ahmed Badaww	14	El Nasr Club	1:15.50	_____	_____
3	Nour Aldeen Ahmed Hassen Ahmed	17	Nasr City	1:15.24	_____	_____
4	Ammar Mohamed Mohamed	13	15 May	1:14.87	_____	_____
5	Mohamed Khaled Hassan	16	El Obour	1:14.23	_____	_____
6	Abdel Aziz Youserv Abdel Aziz	15	El Nasr Club	1:14.73	_____	_____
7	Mohamed Hamdv Mohamed	13	El Obour	1:15.09	_____	_____
8	Ahmaed Abdeulnaser Mohamed	16	Royal	1:15.39	_____	_____
9	Mazen Mohamed Mohamady Mahmoud	13	El Nasr Club	1:17.64	_____	_____
<b>Heat 3 of 11 Timed Finals</b>						
1	Khaled Ayman Salem	13	Nasr City	1:13.30	_____	_____
2	Ibrahim Mohamed Mehleb	14	Maadi	1:11.89	_____	_____
3	Alv Ahmed Bahy Elden	14	El Nasr Club	1:10.63	_____	_____
4	Yousef Ahmed Shehata Mohamed	22	Zamalek	1:10.08	_____	_____
5	Yosef Ahm. Ebrahim Hebesha	14	El Gezira	1:08.80	_____	_____
6	Mohamed Walid Abd El Fattah	14	Maadi	1:09.21	_____	_____
7	Mazen Mohamed Mokhtar Mohamed	14	Heliolido	1:10.10	_____	_____
8	Loay Amgad el Mongy	15	Al Tersana	1:11.79	_____	_____
9	Hmad Fouad Karam	13	Al Tersana	1:12.92	_____	_____
10	Basel Ahmed Gamal Elden	14	El Nasr Club	1:13.49	_____	_____
<b>Heat 4 of 11 Timed Finals</b>						
1	Kareem Mohamed Fouad Algaml	15	Tawfekaya	1:08.55	_____	_____
2	Adham Moh. Galal ElDin ElSavd	15	El Gezira	1:07.91	_____	_____
3	Khaled Eslam Khaled	17	El Mekaweloun	1:07.46	_____	_____
4	Abdelrahman Ahmed Mohamed	16	El Obour	1:07.01	_____	_____
5	Elhamy Ibrahim Elhamy Badreldin	14	Heliolido	1:06.87	_____	_____
6	Omar Khairv Ali	21	Zamalek	1:07.01	_____	_____
7	Karem Ashraf	15	El Ghaba	1:07.16	_____	_____
8	Ead Ahmed Farowk	16	Nasr City	1:07.80	_____	_____
9	Karem Ashrv Kseem	13	Canal El Suez	1:08.50	_____	_____
10	Mohamed Nasr Ahmed	13	15 May	1:08.57	_____	_____

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**Heat 5 Timed Finals... (Event 23 Men 13 & Over 100 LC Meter Butterfly)**

1	Yehia Ali Yehia Hassan	17	Heliolido	1:05.43	_____	_____
2	Mahmoud Essam El Din Abdalla	17	El Zohour	1:05.07	_____	_____
3	Mohamed Hassan Mohamed	16	15 May	1:04.60	_____	_____
4	Mohmed Eslam Mohamed Rshad Alhb	16	6th	1:04.16	_____	_____
5	Hazem Mohamed Hazem Sabrv	16	Senzo	1:03.92	_____	_____
6	Mohamed Ahmed Hamdy	17	Cairo	1:04.15	_____	_____
7	Mohamed Yaser Mohamed	17	El Ghaba	1:04.17	_____	_____
8	Ali Hesham Moh. Fekre Shrif	16	El Gezira	1:04.94	_____	_____
9	Ahmed Mohamed Ibrahim	20	El Mekaweloun	1:05.23	_____	_____
10	Monzer Mahmoud Ahmed	15	El Zohour	1:05.92	_____	_____

**Heat 6 of 11 Timed Finals**

1	Ahmed Atef Afifi	16	El Mekaweloun	1:03.68	_____	_____
2	Zvad Waael Abass Bhr	17	6th	1:03.43	_____	_____
3	Yossef Magdv el Azharv	15	Heliopolis	1:03.23	_____	_____
4	Ibrahiem Walid Fouad	17	Cairo	1:03.16	_____	_____
5	Nour Eldien Amr Elsaid Mohamed	16	Rowad	1:02.90	_____	_____
6	Yousif Mohamed Khalaf	19	Smouha	1:02.91	_____	_____
7	Mostafa Mahmoud Mostafa	15	Shooting	1:03.19	_____	_____
8	Adham Hadee Mohamed Talaat	15	Bank Ahly Alex	1:03.33	_____	_____
9	Abdelrahman Osama Omar	16	Cairo	1:03.48	_____	_____
10	Youssef Emad Hanafy Sayed	16	Heliolido	1:03.88	_____	_____

**Heat 7 of 11 Timed Finals**

1	Houssen Talal Houssen Savd	16	6th	1:02.53	_____	_____
2	Abd ElRahman Mohamed Aiman	15	Shooting	1:01.89	_____	_____
3	Yahia Mohamed Abdelaal Ebrahim	17	Nasr City	1:01.17	_____	_____
4	Mohamed Tarek Rashad Abd el Hamec	15	El Shams	1:01.13	_____	_____
5	Omar Ahmed Samir Eldawody	13	Gezira El Ward	1:01.08	_____	_____
6	Selim Moh. Ahm. Moktar Hasan	16	El Gezira	1:01.10	_____	_____
7	Ahmed Essam Mohamed	18	Cairo	1:01.14	_____	_____
8	Omar Adel Abdel Hamed	18	El Zohour	1:01.86	_____	_____
9	Mazen Mohamed Mohamed Omar	19	6th	1:02.18	_____	_____
10	Omar Sherif Galal Eldin Mahmoud	15	Maadi	1:02.65	_____	_____

**Heat 8 of 11 Timed Finals**

1	Ziad Khaled Shreef	17	Cairo	1:00.85	_____	_____
2	Mohanad Mamdouh Shahen	21	El Shams	1:00.76	_____	_____
3	Mohamed Hesham Mohamed	19	El Zohour	1:00.05	_____	_____
4	Mohamed Abdel Naser Ali	20	Shooting	1:00.02	_____	_____
5	Zeiad Sophy Mohamed	20	El Ghaba	1:00.00	_____	_____
6	Mostafa Khaled Mahmoud	19	El Shams	1:00.00	_____	_____
7	Yasen Amro Yasen Abd Elrahman Mad	17	El Gezira	1:00.03	_____	_____
8	Khaled Ahmed Mahmoud Gaber	15	Bank Ahly Alex	1:00.46	_____	_____
9	Mahmoud Avman Mahmoud Mohame	18	Bank Ahly Alex	1:00.77	_____	_____
10	Ahmed Tarek ali Fatehalla	17	Nasr City	1:00.90	_____	_____

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## Heat 9 Timed Finals... (Event 23 Men 13 &amp; Over 100 LC Meter Butterfly)

1	Zeiad Omr Atteia	19	El Ghaba	59.79	_____	_____
2	Gamal Avmn Gamal abd el Magied	17	El Shams	59.68	_____	_____
3	Saleh Hossam El Din Saleh	17	El Zohour	59.51	_____	_____
4	Fares Mohamed Farouk	16	Heliopolis	59.41	_____	_____
5	Seif Mohamed Mohamed	16	Wadi Degla	59.27	_____	_____
6	Karim Ahmed Khaled Elewa	18	El Shams	59.31	_____	_____
7	Ahmed Wael Ahmed	16	Wadi Degla	59.49	_____	_____
8	Aser Mamduh Yihia	17	Heliopolis	59.53	_____	_____
9	Adam Shref Mostafa	16	Heliopolis	59.73	_____	_____
10	Peter Sameh Ezzat	17	Wadi Degla	59.94	_____	_____

## Heat 10 of 11 Timed Finals

1	Mostafa Ahmed Mohamed Esawy	18	Tanta	59.09	_____	_____
2	Ahmed Mohamed El Ghandour	17	Wadi Degla	58.67	_____	_____
3	Karim Medhat Badr Mohamed	21	Smouha	57.89	_____	_____
4	Adham Hany Kamal Abdel Aziz	18	Heliolido	57.81	_____	_____
5	Moustafa Maher Ahmed	21	El Ghaba	57.59	_____	_____
6	Sohaib Khaled Emam	17	Ahly	57.62	_____	_____
7	Hesham Wael Makram	21	Ahly	57.84	_____	_____
8	Ibrahim Mohamed Yoneis	20	Zamalek	58.48	_____	_____
9	Amar Hossam Fed El Tranesev	17	6th	58.68	_____	_____
10	aly Mogeep Salah Eldin	17	Zamalek	59.24	_____	_____

## Heat 11 of 11 Timed Finals

1	Ahmed Khaled Moustafa	20	Zamalek	57.19	_____	_____
2	Yassin Ayman Ali Toulba	17	Shooting	56.44	_____	_____
3	Ibrahim Ahmed Ibrahim	19	Sporting	56.09	_____	_____
4	Khaled Abdel Naser Ali	21	Shooting	55.16	_____	_____
5	Aly Ahmed Mahmoud Khalaf Alla	24	Ahly	54.48	_____	_____
6	Abdel Rahman Sameh Mahmoud	20	Ahly	54.60	_____	_____
7	Ali Mohab AbdelRaouf Ali	23	Heliopolis	55.43	_____	_____
8	Mohamed Hossam AbdElslam	22	Smouha	56.12	_____	_____
9	Sief Mohamed Mahmoud Mehreiz	19	Ahly	56.82	_____	_____
10	Mostafa Mohamed Al Tahan	20	Wadi Degla	57.30	_____	_____

## Event 24 Women 13 &amp; Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 5 Timed Finals</b>						
1	Rania Mohamed Mahmoud	19	El Zohour	3:46.63	_____	_____
2	Daren Ahmed Mohamed	13	Heliopolis	3:17.14	_____	_____
3	Khadiga Mohsen Abdel Wahab	13	Rowad	3:01.20	_____	_____
4	Zeina Ayman Saad	14	Zamalek	2:57.11	_____	_____
5	Avsel Mohamed Abdelghanv	13	El Ghaba	2:55.86	_____	_____
6	Mirolla Hany Samir	14	Wadi Degla	2:55.96	_____	_____
7	Yasmin Wael Abdalaah	13	Zamalek	2:58.93	_____	_____
8	Zenia Ahmed Saied Kandil	13	Heliopolis	3:11.92	_____	_____
9	Nawal Yasser Sayed	15	El Obour	3:26.97	_____	_____

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## Heat 2 Timed Finals... (Event 24 Women 13 &amp; Over 200 LC Meter Butterfly)

1	Sara Amin Soliman Mabrouk	13	El Ghaba	2:54.02	_____	_____
2	Malak Hussein Abd ElHalim Ahmed	14	Heliolido	2:52.04	_____	_____
3	Nada Ahmed Othman	21	Bank Ahly Alex	2:50.21	_____	_____
4	Laila Mohamed Fathy	13	Shooting	2:47.78	_____	_____
5	Gana alv Refaat alv	13	Zamalek	2:46.77	_____	_____
6	Farida Wasim Mohamed Adly	13	El Ghaba	2:47.42	_____	_____
7	Hana Ahmed Saied Kandel	13	Heliopolis	2:48.79	_____	_____
8	Malak Sherif Shawkv El Goharv	17	Maadi	2:50.45	_____	_____
9	Shahd Hany Hussein Darwish	16	El Shams	2:53.81	_____	_____
10	Nour Hamed Abdelhafez Abdalah	13	Wadi Degla	2:54.76	_____	_____

## Heat 3 of 5 Timed Finals

1	Malak Ahmed Nagy Ali	16	Heliolido	2:45.37	_____	_____
2	Loiain Osama Mohamed	15	Wadi Degla	2:43.94	_____	_____
3	Mariam Emad Hamed Motaweia	17	Zamalek	2:41.25	_____	_____
4	Shahd Amr Mohamed EL Garie	13	Heliolido	2:40.48	_____	_____
5	Mariam Abdel-Rahman Sakr	23	Ahly	2:38.72	_____	_____
6	Iana Mohamed Ahmed	16	Wadi Degla	2:40.35	_____	_____
7	Sarah Mohamed Abd ElSalam Mohame	14	Heliolido	2:40.55	_____	_____
8	Habiba Khalid Ebrahiem	15	Tawfekaya	2:42.23	_____	_____
9	Malak Mamdoh Khalil Mohamed	16	Al Tersana	2:44.47	_____	_____
10	Bsmala Hassan Mohamed	17	El Mekaweloun	2:46.57	_____	_____

## Heat 4 of 5 Timed Finals

1	Marim Mhmod Elsaid Elshik	16	Smouha	2:37.88	_____	_____
2	Halla Alla Maher	14	Wadi Degla	2:36.17	_____	_____
3	Ranheil Moaatav Ballah Ali Ibrahim	17	Zamalek	2:35.58	_____	_____
4	Shahd Sameh Safouat Shaaban	16	Heliolido	2:34.35	_____	_____
5	Laila Mohamed Hitham	13	Shooting	2:33.70	_____	_____
6	Iana Mohamed Omar Mohamed Elderv	14	El Shams	2:34.04	_____	_____
7	Kenzv Hazem Moneeb	14	Cairo	2:34.38	_____	_____
8	Hlla Khaled Diab	13	Ahly	2:35.83	_____	_____
9	Mena Mohamed Abd Elrhem	15	El Nasr Club	2:36.95	_____	_____
10	Rozana Waleed Desokv	13	Nasr City	2:37.95	_____	_____

## Heat 5 of 5 Timed Finals

1	Hana Khaled Samv Hassan	18	Shooting	2:31.16	_____	_____
2	Iana Khalid	16	Sporting	2:29.60	_____	_____
3	Kenzv Mostafa Hashad	15	Ahly	2:26.57	_____	_____
4	Kenzv Ibrahim Ibrahim	16	Ahly	2:25.75	_____	_____
5	Nour Daa Elden abo Bakr	16	Heliopolis	2:22.98	_____	_____
6	Zaina Mohamed Haitham Hassn	15	Shooting	2:23.41	_____	_____
7	Sara Mohamed Hassan	19	Ahly	2:25.77	_____	_____
8	Haidy Hosam Nabil Cotore	21	El Gezira	2:28.82	_____	_____
9	Nada Ahmed El Said Elbasvounv	13	Shooting	2:30.85	_____	_____
10	Nada Ahmed Samer	20	Sporting	2:31.82	_____	_____