

## Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

## Meet Program - 19/10/2020 Evening

## Event 32 Women 13 &amp; Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 4 Timed Finals</b>						
1	Farida Wasim Mohamed Adly	13	El Ghaba	10:30.94	_____	_____
2	Ioudv Ahmed Mohamed Nour	15	15 May	10:29.21	_____	_____
3	Ava Hossam El Din Abdel Azzem	18	El Shams	10:25.47	_____	_____
4	Salma Ahmed ali Mostafa	15	El Ghaba	10:21.41	_____	_____
5	Ava Mohamed Osama Taha Hossein	19	Shooting	10:19.01	_____	_____
6	Laila Mohamed Fathv	13	Shooting	10:20.49	_____	_____
7	Sara Tarek Abd El Aziz Ahmed	14	Heliolido	10:22.74	_____	_____
8	Ganna Samir Mohamed Hamzawv	17	El Ghaba	10:28.97	_____	_____
9	Malak Amr Abdel Monaem	18	Zamalek	10:29.37	_____	_____
10	Mariam Safwat Saleh	16	El Zohour	10:34.73	_____	_____
<b>Heat 2 of 4 Timed Finals</b>						
1	Rawan Mahmoud Fouad	19	Wadi Degla	10:15.13	_____	_____
2	Anod Amr Abd El Aziz	14	Wadi Degla	10:12.90	_____	_____
3	Rokaia Hisham Ahmed	14	Shooting	10:09.38	_____	_____
4	Rodaina Wael Mohamed	17	Rowad	10:02.83	_____	_____
5	Basmala Ashraf Sayed	21	Ahly	9:55.81	_____	_____
6	Yara ali el Koshv	15	Zamalek	9:57.77	_____	_____
7	Merna Mohamed adb Elhady	16	Zamalek	10:07.27	_____	_____
8	Jana Mohamed Ahmed	16	Wadi Degla	10:10.72	_____	_____
9	Salma Yasser Salah El Din Essawv	19	Heliolido	10:13.46	_____	_____
10	Youmna Mohamed Mahmoud Samy	17	El Shams	10:17.43	_____	_____
<b>Heat 3 of 4 Timed Finals</b>						
1	Rouaa Ahmed Ibrahim	16	Rowad	9:55.14	_____	_____
2	Kenzy Hazem Moneeb	14	Cairo	9:51.53	_____	_____
3	Nadin Adam Ahmed Foad Mohamed	17	El Shams	9:47.06	_____	_____
4	Yara Hussam Mohamed Salem	13	Hadak Al Ahram	9:45.88	_____	_____
5	Gana Emad Gaad Hosnv	17	El Shams	9:42.88	_____	_____
6	Salma Mohamed Ibrahim Hassan	17	El Shams	9:44.40	_____	_____
7	Elena Rogeh Hanv	14	Wadi Degla	9:46.33	_____	_____
8	Shahd Sameh Safouat Shaaban	16	Heliolido	9:50.15	_____	_____
9	Rawan Tamer Mohamed	16	Wadi Degla	9:53.88	_____	_____
10	Marim Mhmod Elsaid Elshik	16	Smouha	9:55.55	_____	_____
<b>Heat 4 of 4 Timed Finals</b>						
1	Sara Mohamed Hassan	19	Ahly	9:40.44	_____	_____
2	Nada Ahmed Othman	21	Bank Ahly Alex	9:36.97	_____	_____
3	Hana Khaled Samy Hassan	18	Shooting	9:36.22	_____	_____
4	Sara Mohamed Bhaa	15	Heliopolis	9:29.43	_____	_____
5	Sandv Avman Atef	20	Ahly	9:10.98	_____	_____
6	Loujin Abd Alla Slah Zkey	16	6th	9:18.97	_____	_____
7	Zaina Mohamed Haitham Hassn	15	Shooting	9:33.51	_____	_____
8	Mariam Hesham Mohamed	16	Ahly	9:36.54	_____	_____
9	Kenzy Ibrahim Ibrahim	16	Ahly	9:37.53	_____	_____
10	Ioudv Mohamed Alv	15	Sporting	9:42.15	_____	_____

## Event 33 Men 13 &amp; Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 4 Timed Finals</b>						
4	Mahmoud Ahmed Abd Elshafe Abas	14	El Shams	5:21.67	_____	_____
5	Abd Elrahman Amr Abd Elfatah Ghone	14	El Shams	5:19.36	_____	_____
6	Karim Ehab Abdel Kader	18	Zamalek	5:21.61	_____	_____
7	Marwan Mohamed Ahmed	13	Nasr City	5:22.34	_____	_____

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## Heat 2 Timed Finals... (Event 33 Men 13 &amp; Over 400 LC Meter IM)

1	Yasen Abdelaziz Mohsen Abel Aziz	16	6th	5:16.28	_____	_____
2	Ahmed Emad Samir Hassan	15	Heliolido	5:10.24	_____	_____
3	Mohamed Ashraf Abdel Ghafar	17	Wadi Degla	5:08.75	_____	_____
4	Ahmed Tarek ali Fatehalla	17	Nasr City	5:08.42	_____	_____
5	Yosef Amr Ali Emad El Din	18	6th	5:06.32	_____	_____
6	Ahmed Ayman Ali Mohamed	15	El Shams	5:06.39	_____	_____
7	Seif Walaa Antar	15	Wadi Degla	5:08.65	_____	_____
8	Zeiad Hamdy Amin Ossman	17	Zamalek	5:08.93	_____	_____
9	Omar Ahmed Hassan Ryaan	15	El Shams	5:11.85	_____	_____
10	Esmail Shref Adel	16	Heliopolis	5:17.76	_____	_____

## Heat 3 of 4 Timed Finals

1	Ahmed Mohssein Zaher Al Housseiny	19	Zamalek	5:03.63	_____	_____
2	Youssef Ehab Mostafa	15	Ahly	5:01.31	_____	_____
3	Mohamed Ashraf Abdel Hav	19	Ahly	5:01.28	_____	_____
4	Youssef Amr Sayed	14	Wadi Degla	4:59.10	_____	_____
5	Abdel Reheim Samir Al Sheinawv	22	Zamalek	4:55.69	_____	_____
6	Omar Sherif Saved	17	Zamalek	4:57.20	_____	_____
7	Saif Eldin Aiman Ahmed	17	Wadi Degla	4:59.67	_____	_____
8	Omar Osama Mohamed	19	Smouha	5:01.30	_____	_____
9	Zeiad Omr Atteia	19	El Ghaba	5:01.74	_____	_____
10	Ahmed Sameh Awad	17	Rowad	5:04.59	_____	_____

## Heat 4 of 4 Timed Finals

1	Yousef Adel Ramadan	15	El Shams	4:52.97	_____	_____
2	Ramiz Elsaeyd Abdoh	17	Wadi Degla	4:50.00	_____	_____
3	Selim Moh. Ahm. Moktar Hasan	16	El Gezira	4:41.68	_____	_____
4	Karem Magdv Ismail	20	Sporting	4:34.72	_____	_____
5	Salah Mohamed Amin	28	Smouha	4:31.38	_____	_____
6	Ahmed Hamdv Salem	28	Ahly	4:33.05	_____	_____
7	Yosef Hanv Mohamed	18	Ahly	4:38.94	_____	_____
8	Omar Hany Abdalla	18	Ahly	4:43.17	_____	_____
9	Yassin Avman Ali Toulba	17	Shooting	4:50.25	_____	_____
10	Ali Mohamed Ali Hasan El	15	Bank Ahly Alex	4:53.11	_____	_____

## Event 34 Women 13 &amp; Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 8 Timed Finals</b>						
4	Ro'ova Mashalv	22	Sporting	NT	_____	_____
5	Mariam Ahmed Hamdv	17	El Nasr Club	1:47.61	_____	_____
6	Mariam Madhat Moustafa	17	M.S Tagamoa	1:49.88	_____	_____
<b>Heat 2 of 8 Timed Finals</b>						
2	Menna Alaah Mahrous	14	El Nasr Club	1:45.64	_____	_____
3	Basmala Blal Rafat	13	Al Tersana	1:41.84	_____	_____
4	Maya Mohamed Omar	13	Heliolido	1:37.87	_____	_____
5	Laila Khaled Faheem	16	El Mekaweloun	1:35.94	_____	_____
6	Ghoswn Wahed Mohamed	16	El Obour	1:35.96	_____	_____
7	Iudv Awwad Mohamed	15	El Zohour	1:37.88	_____	_____
8	Farah Yasser Bakry	15	El Nasr Club	1:44.06	_____	_____
9	Mav amr Mohamed	13	M.S Tagamoa	1:46.38	_____	_____

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## Heat 3 Timed Finals... (Event 34 Women 13 &amp; Over 100 LC Meter Breaststroke)

1	Shorok Ayman Abd Elfatah Elsayed	13	El Nasr Club	1:34.56	_____	_____
2	Nour Amr Mah. Fouad Elguindv	14	El Gezira	1:32.06	_____	_____
3	Malak Amir Mohamed Eisa	13	El Ghaba	1:31.37	_____	_____
4	Shahd Mohamed Zikri	13	El Shams	1:29.50	_____	_____
5	Nadya Moh. Methat Hassan Alaam	13	El Gezira	1:29.28	_____	_____
6	Fareh Shiref Hassan Ahmed Azab	15	El Shams	1:29.42	_____	_____
7	Samaa Sherif Mohamed	13	Zamalek	1:30.16	_____	_____
8	Nada Hanv Mohamed	13	Heliolido	1:31.52	_____	_____
9	Engy Mohamed Abd Elhameed	14	El Zohour	1:33.69	_____	_____
10	Maya Ahmed Yasser Mohamed	13	El Ghaba	1:35.30	_____	_____

## Heat 4 of 8 Timed Finals

1	Gana amr Magdy	13	Zamalek	1:29.20	_____	_____
2	Rawda Ashrif Ramdan	15	15 May	1:28.56	_____	_____
3	Farida Mohamed Tharwat	13	Heliolido	1:27.81	_____	_____
4	Minna Mohamed Yousry	14	Zamalek	1:26.96	_____	_____
5	Fatma Mohamed Khaled	15	Royal	1:26.56	_____	_____
6	Lele Mohamed Mostafa	16	Enppi	1:26.71	_____	_____
7	Farida Mohamed Ahmed El Okda	14	Shooting	1:27.24	_____	_____
8	Souhaila Ehab Mohamed	13	Zamalek	1:28.31	_____	_____
9	Mariam Safwat Saleh	16	El Zohour	1:29.00	_____	_____
10	Nada Mohamed Ahmed Kafaka	13	Zamalek	1:29.26	_____	_____

## Heat 5 of 8 Timed Finals

1	Shams Anas Hessen Elsherif	15	El Shams	1:25.92	_____	_____
2	Sohyla amr abd el Hakeem	17	Cairo	1:25.47	_____	_____
3	Mariam Mohamed Ibrahim	18	Cairo	1:24.58	_____	_____
4	Razan Mohamed Beshar Adbel Motal	15	Wadi Degla	1:24.06	_____	_____
5	Mariam amr Mohamed	15	Wadi Degla	1:23.96	_____	_____
6	Malk Mamduh Hammad	17	Heliopolis	1:24.02	_____	_____
7	Nada Ahmed Samer	20	Sporting	1:24.34	_____	_____
8	Lobna Ahmed Khalifa	16	Bank Ahly Alex	1:25.42	_____	_____
9	Farida Tamer Farouk abd ElMonsif	16	El Shams	1:25.92	_____	_____
10	Yara Yaser Yahia	19	Cairo	1:26.47	_____	_____

## Heat 6 of 8 Timed Finals

1	Mirna Sameh Shawkv Mostafa	14	Heliolido	1:23.86	_____	_____
2	Kanzy Hesham Rashad	17	Shooting	1:23.21	_____	_____
3	Gana Mohamed Ahmed Salama	15	El Ghaba	1:22.15	_____	_____
4	Shahd Ahmed Safwat	14	Cairo	1:21.99	_____	_____
5	Rana Osama Abdel Halem	19	Ahly	1:21.93	_____	_____
6	Ranim Mohamed Wagih	18	Bank Ahly Alex	1:21.94	_____	_____
7	Farah Tarik Abdel Fattah	19	El Shams	1:22.14	_____	_____
8	Rawan Wael	15	Ahly	1:22.61	_____	_____
9	Basmalah Gomaa Ali	15	Bank Ahly Alex	1:23.31	_____	_____
10	Alia Khaled Abas Sabaa	14	Heliopolis	1:23.94	_____	_____

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## Heat 7 Timed Finals... (Event 34 Women 13 &amp; Over 100 LC Meter Breaststroke)

1	Rahma Ahmed Hesham Mohamed Mo:	19	Heliolido	1:21.40	_____	_____
2	Mariam Mohamed Soliman Aoda	13	Wadi Degla	1:21.04	_____	_____
3	Karma Shady Mohamed Sabry	13	Heliopolis	1:20.43	_____	_____
4	Shahd Mohamed Ismael	15	Smouha	1:19.84	_____	_____
5	Toka Ahmed Khalifa Mohame	17	Bank Ahly Alex	1:19.24	_____	_____
6	Mariam Mohamed Ahmed Kotb	14	Smouha	1:19.66	_____	_____
7	Malak Mohamed Haytham Rabeia	18	Shooting	1:20.16	_____	_____
8	Sara Elhamv Foad Abd El Sallam	15	Maadi	1:20.64	_____	_____
9	Lian Shady Sabry	16	Heliopolis	1:21.12	_____	_____
10	Nadin Ayman Hessien	15	Wadi Degla	1:21.52	_____	_____

## Heat 8 of 8 Timed Finals

1	Goudy Abdelhalem Fathala Z	15	Bank Ahly Alex	1:18.28	_____	_____
2	Nadine Mohmed Mohmed Amin	14	6th	1:17.56	_____	_____
3	Dina Mosaad El Taivbe	17	Sporting	1:16.54	_____	_____
4	Hedy Amr Moustafa Hamouda	21	Heliopolis	1:13.93	_____	_____
5	Sara Soliman Said	16	Ahly	1:12.57	_____	_____
6	Rewida Hisham Tolba Ibrahim	25	Ahly	1:13.32	_____	_____
7	Salma Saber	23	Shooting	1:14.05	_____	_____
8	Karma Ahmed Nabil	16	Shooting	1:17.28	_____	_____
9	Hana Mostafa Ahmed Hamdy	19	Ahly	1:18.00	_____	_____
10	Habiba Hesham Mostafa Hamdy	17	Wadi Degla	1:18.96	_____	_____