

Egypt Swimming Cup 2019-2020 - 15-Oct-20 to 20-Oct-20

Meet Program - 20/10/2020 Morning

Event 35 Men 13 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 12 Timed Finals						
4	Tarek AboElthana Mohamed A	21	Smouha	NT	_____	_____
5	Marwan Osama Samara Ibrahim	13	Senzo	NT	_____	_____
6	Mathew Ihon Samer	13	M.S Tagamoa	NT	_____	_____
Heat 2 of 12 Timed Finals						
2	Mazen Mabrouk Farag	13	M.S Tagamoa	1:38.02	_____	_____
3	Yousef amr Nabil	13	15 May	1:36.20	_____	_____
4	Abd Elrahman Saad Mostafa	13	Al Tersana	1:31.63	_____	_____
5	Omar Mohamed Atif	13	El Obour	1:30.89	_____	_____
6	Adam Hatem Mokhtar	14	Senzo	1:31.07	_____	_____
7	Abdul Rahman Amr Salah Mahmoud	16	Senzo	1:32.02	_____	_____
8	Belal Mohamed Saied	14	M.S Tagamoa	1:36.71	_____	_____
9	Yassin Moamen Eldamrany	13	M.S Tagamoa	1:43.07	_____	_____
Heat 3 of 12 Timed Finals						
1	Youssef Hassan Hegazv Hassan	14	Senzo	1:29.74	_____	_____
2	Ahmed Mahmoud Abdullah	16	M.S Tagamoa	1:27.44	_____	_____
3	Youssef Amr Moustafa Hanv	14	Heliolido	1:25.78	_____	_____
4	Mohamed Tamer Fahmv	15	Canal El Suez	1:24.81	_____	_____
5	Ziad Gawad Mahmoud	15	Cairo	1:24.11	_____	_____
6	Yasen Ahm. Abd ElHav Soiemann Abd E	14	El Gezira	1:24.40	_____	_____
7	Ammar Mohamed Mohamed	13	15 May	1:25.29	_____	_____
8	Youssef Al Moataz Mahmoud ali	16	Heliolido	1:26.49	_____	_____
9	Abd Elrahman Tamer M Abd Elmaasoc	13	El Nasr Club	1:27.84	_____	_____
10	Omar Mosaad Rafaat Mosaad	14	15 May	1:30.44	_____	_____
Heat 4 of 12 Timed Finals						
1	Ahmed Hessin Shaban	14	Hadak Al Ahram	1:23.76	_____	_____
2	Yehia Mohamed Avman	13	Heliopolis	1:23.27	_____	_____
3	Belal Tamer Abas	15	Canal El Suez	1:22.25	_____	_____
4	Omar Hamada Ahmed	14	Canal El Suez	1:21.76	_____	_____
5	Youssef Hossam Mohamed Mohamed	17	Nasr City	1:21.49	_____	_____
6	Mohamed Diaa Eldeen Mohamed	14	Nasr City	1:21.68	_____	_____
7	Ahmed Sameh Adel	15	Cairo	1:21.88	_____	_____
8	Hussen Mohamed EL Dsokv	14	Heliopolis	1:22.59	_____	_____
9	Mohamed Hany Fekry	14	El Nasr Club	1:23.60	_____	_____
10	Ahmed Hazem Ibrahim	13	Enppi	1:23.98	_____	_____
Heat 5 of 12 Timed Finals						
1	Hussen Ahm. Bahaa Eldin Farwez	16	El Gezira	1:21.10	_____	_____
2	Hade Mohamed Saed	15	El Mekaweloun	1:20.80	_____	_____
3	Hanna Refaat Hanna Awadalla	14	Heliolido	1:20.32	_____	_____
4	Abdel Rahman Mohamed Moustafa	15	El Obour	1:19.79	_____	_____
5	Yosef Omar Abd Elaziz Taalab	14	El Gezira	1:19.45	_____	_____
6	Rashed Hany Ramadan	17	Rowad	1:19.70	_____	_____
7	Omar Tamer Ahmed Elsaved	14	El Nasr Club	1:20.14	_____	_____
8	AbdelRahman Mohamed Saved	15	El Obour	1:20.74	_____	_____
9	Karem Mohamed Atia Ehsan	13	Heliopolis	1:20.88	_____	_____
10	Adham Mohamed abd Aziz	13	Nasr City	1:21.39	_____	_____

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Heat 6 Timed Finals... (Event 35 Men 13 & Over 100 LC Meter Breaststroke)

1	Yahia Mostafa Gamal Eldeen Salem	15	Rowad	1:19.12	_____	_____
2	Mohamed Ahmed Salah El Din	20	El Zohour	1:18.64	_____	_____
3	Mohamed Wael Abdala Abdelglil	15	Nasr City	1:18.42	_____	_____
4	Ahmed Tarek Ali Mostafa	16	El Shams	1:18.14	_____	_____
5	Zeiad Osama Fatthy Abdel Hamed	17	Al Tersana	1:17.24	_____	_____
6	Mahmoud Ahmed Abd Elshafe Abas	14	El Shams	1:17.63	_____	_____
7	Ali Mohamed Adel Ahmed	16	El Shams	1:18.29	_____	_____
8	Seif Ayman Abdel Hamed	17	El Ghaba	1:18.45	_____	_____
9	Yosif Khaled	16	El Nasr Club	1:18.85	_____	_____
10	Ziad Ayman Abd Elfatah	14	El Nasr Club	1:19.37	_____	_____

Heat 7 of 12 Timed Finals

1	Mohamed Walid Hesin Hamouda	13	El Ghaba	1:16.84	_____	_____
2	Rami Michel Artigaud	14	El Gezira	1:16.50	_____	_____
3	Ibrahim Yasser Farahat AbdElMagid	14	Maadi	1:15.36	_____	_____
4	Mostafa Moh. Ahm. Moh. Moharam	14	El Gezira	1:15.13	_____	_____
5	Abd ElRahman Shouky Mahrous	17	Shooting	1:14.75	_____	_____
6	abd Rahman Tamer Ismail	17	Shooting	1:14.86	_____	_____
7	Omar Khairy Ali	21	Zamalek	1:15.29	_____	_____
8	Ahmed Sameh Awad	17	Rowad	1:15.67	_____	_____
9	Ahmed Emad Samir Hassan	15	Heliolido	1:16.78	_____	_____
10	Moaaz Ahmed Ali Ahmed	14	Rowad	1:16.94	_____	_____

Heat 8 of 12 Timed Finals

1	Abd Elrhman Adel	16	El Ghaba	1:14.29	_____	_____
2	Anas Moustafa Al Sayed Bayoumi	16	Heliolido	1:14.20	_____	_____
3	Adham Abd Elnabve Mohamed	20	El Zohour	1:14.06	_____	_____
4	Karim Ehab Abdel Kader	18	Zamalek	1:13.52	_____	_____
5	Mazen Ismail Mohamed Ismail	16	Maadi	1:13.16	_____	_____
6	Mohamed Salem Essa	15	Heliopolis	1:13.48	_____	_____
7	Braa Avman Ali	16	El Zohour	1:13.96	_____	_____
8	Mohamed Emed Abdelhamed Radwan	13	6th	1:14.19	_____	_____
9	Azz El Din Hanv Nagv Ahmed	15	Shooting	1:14.28	_____	_____
10	Yossef Gamal Rashed	19	El Ghaba	1:14.64	_____	_____

Heat 9 of 12 Timed Finals

1	Yousof Hesham Anwer	15	Tanta	1:12.97	_____	_____
2	Zeiad Khairy Ali	18	Zamalek	1:12.44	_____	_____
3	Nour El Din Mohamed Mohamed	18	Zamalek	1:11.92	_____	_____
4	Ali Mohamed Ali Hasan El	15	Bank Ahly Alex	1:11.80	_____	_____
5	Ali Khaled Ahmed Mostafa	17	El Ghaba	1:11.54	_____	_____
6	Omar Khaled Moustafa Al Hadv	16	Maadi	1:11.69	_____	_____
7	Mohamed Ahmed Abdel Maugoud	22	6th	1:11.82	_____	_____
8	Yousif Mohamed Anwar	17	Heliopolis	1:12.41	_____	_____
9	Yosef Amr Ali Emad El Din	18	6th	1:12.85	_____	_____
10	abd Elrahman Mohamed Bader	15	Al Tersana	1:13.09	_____	_____

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Heat 10 Timed Finals... (Event 35 Men 13 & Over 100 LC Meter Breaststroke)

1	Mohanad Mohamed Wageh	17	Shooting	1:11.11	_____	_____
2	Adhm Montser Kmaal	15	Shooting	1:11.00	_____	_____
3	Omar Osama Mohamed	19	Smouha	1:10.01	_____	_____
4	Ahmed Hany Ahmed	14	Wadi Degla	1:09.66	_____	_____
5	Ahmed Mohamed El Menvavv	16	Wadi Degla	1:09.31	_____	_____
6	Ahmed Mohamed Amr	16	El Zohour	1:09.37	_____	_____
7	Khaled Hammad Mohamed	16	Wadi Degla	1:09.72	_____	_____
8	Karim Mohamed El Gharabawv	15	El Zohour	1:10.10	_____	_____
9	Ahmed Khaled Mahmoud	17	Cairo	1:11.08	_____	_____
10	Ahmed Mohssein Zaher Al Housseiny	19	Zamalek	1:11.42	_____	_____

Heat 11 of 12 Timed Finals

1	Moahamed Sameh Moustafa Mohamec	16	Maadi	1:08.94	_____	_____
2	Zevad Osama Mohamed	19	Smouha	1:08.43	_____	_____
3	Mohamed Mashhour Yehia	15	Ahly	1:08.41	_____	_____
4	Mohmed Sherief	18	Cairo	1:07.77	_____	_____
5	Ahmed Ismail Mohamed Ismail Ibrahi	17	Maadi	1:07.37	_____	_____
6	Saif Ahmed abd Elmoniem Emarah	17	El Shams	1:07.57	_____	_____
7	Mohamed Ashraf Abdel Hay	19	Ahly	1:08.07	_____	_____
8	Mohamed Ashraf Fouad Hassan	17	6th	1:08.42	_____	_____
9	Mahmoud Maged Abo el Ela	16	Wadi Degla	1:08.46	_____	_____
10	Saif ELDIn Sameh A.Elmoaez	17	Wadi Degla	1:09.22	_____	_____

Heat 12 of 12 Timed Finals

1	Abdallah Yasser Mohamed	19	Cairo	1:06.71	_____	_____
2	Mohand Tarik Mohamed Ali El	20	Smouha	1:06.06	_____	_____
3	Dalv Dimitrios Chin	23	Sporting	1:05.71	_____	_____
4	Hassan Yasser Ezzat	22	Ahly	1:05.18	_____	_____
5	Youssef Ismail Elkamash	25	Sporting	1:01.05	_____	_____
6	Mohamed Housam Ibrahim	24	Ahly	1:04.92	_____	_____
7	Faris Mohamed Mashalv	21	Sporting	1:05.28	_____	_____
8	Karim Mohamed Samy	17	Ahly	1:05.76	_____	_____
9	Karim Hatem abd el Sabour	19	Nasr City	1:06.32	_____	_____
10	Omar Ehab Ahmed Abo el Ftoh	18	El Shams	1:07.31	_____	_____

Event 36 Women 13 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
4	Nada Tamer	13	Cairo	5:12.83	_____	_____
5	Rawda Ashrif Ramdan	15	15 May	5:10.83	_____	_____
6	Gana aly Refaat aly	13	Zamalek	5:11.33	_____	_____
7	Reem Mohamed Ibrahim	15	Zamalek	5:13.58	_____	_____
Heat 2 of 6 Timed Finals						
1	Amira Hatem Saad Sakr	16	Bank Ahly Alex	5:06.81	_____	_____
2	Malak Amr Abdel Monaem	18	Zamalek	5:04.56	_____	_____
3	Mirna Sameh Shawky Mostafa	14	Heliolido	5:03.63	_____	_____
4	Farida Wasim Mohamed Adlv	13	El Ghaba	5:01.89	_____	_____
5	Salma Ahmed ali Mostafa	15	El Ghaba	5:01.28	_____	_____
6	Aya Mohamed Osama Taha Hossein	19	Shooting	5:01.59	_____	_____
7	Amira Hatem Ahmed Shawkv	14	Maadi	5:02.18	_____	_____
8	Ioudv Ahmed Mohamed Nour	15	15 May	5:04.52	_____	_____
9	Mariam Safwat Saleh	16	El Zohour	5:05.57	_____	_____
10	Bsmala Hassan Mohamed	17	El Mekaweloun	5:09.88	_____	_____

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Heat 3 Timed Finals... (Event 36 Women 13 & Over 400 LC Meter Freestyle)

1	Lama Tamer Mohamed Ahmed	15	Smouha	5:00.96	_____	_____
2	Mava Ahmed Adel Ali	18	El Shams	4:59.95	_____	_____
3	Salam Mohamed Hassan Abdel Gawad	18	6th	4:57.49	_____	_____
4	Rokaia Hisham Ahmed	14	Shooting	4:56.90	_____	_____
5	Rawan Mahmoud Fouad	19	Wadi Degla	4:55.26	_____	_____
6	Omeina Maysara Abdel Hamed	19	El Mekaweloun	4:55.57	_____	_____
7	Salma Yasser Salah El Din Essawy	19	Heliolido	4:57.12	_____	_____
8	Habeba Mavsara Abdelhamed	15	El Mekaweloun	4:59.11	_____	_____
9	Merna Mohamed adb Elhady	16	Zamalek	5:00.67	_____	_____
10	Ganna Samir Mohamed Hamzawy	17	El Ghaba	5:01.13	_____	_____

Heat 4 of 6 Timed Finals

1	Rodaina Wael Mohamed	17	Rowad	4:53.97	_____	_____
2	Marim Mhmod Elsaid Elshik	16	Smouha	4:53.28	_____	_____
3	Anod Amr Abd El Aziz	14	Wadi Degla	4:50.84	_____	_____
4	Laila Mohamed Hitham	13	Shooting	4:49.12	_____	_____
5	Rouaa Ahmed Ibrahim	16	Rowad	4:46.82	_____	_____
6	Kenzv Hazem Moneeb	14	Cairo	4:47.95	_____	_____
7	Yara ali el Koshy	15	Zamalek	4:50.78	_____	_____
8	Youmna Mohamed Mahmoud Samv	17	El Shams	4:52.38	_____	_____
9	Toka Ahmed Khalifa Mohame	17	Bank Ahly Alex	4:53.39	_____	_____
10	Malak Amr Mohamed	14	Wadi Degla	4:55.07	_____	_____

Heat 5 of 6 Timed Finals

1	Elena Rogeh Hanv	14	Wadi Degla	4:45.99	_____	_____
2	Rawan Tamer Mohamed	16	Wadi Degla	4:45.13	_____	_____
3	Shahd Sameh Safouat Shaaban	16	Heliolido	4:44.59	_____	_____
4	Rawan Hesham Mohamed	19	Cairo	4:43.97	_____	_____
5	Malak Mohamed Abd El Gaber	16	Bank Ahly Alex	4:41.99	_____	_____
6	Gana Emad Gaad Hosnv	17	El Shams	4:43.11	_____	_____
7	Nadin Adam Ahmed Foad Mohamed	17	El Shams	4:44.42	_____	_____
8	Yara Hussam Mohamed Salem	13	Hadak Al Ahram	4:44.90	_____	_____
9	Salma Mohamed Ibrahim Hassan	17	El Shams	4:45.96	_____	_____
10	Ioudv Mohamed Alv	15	Sporting	4:46.77	_____	_____

Heat 6 of 6 Timed Finals

1	Nada Ahmed Othman	21	Bank Ahly Alex	4:37.54	_____	_____
2	Sara Mohamed Bhaa	15	Heliopolis	4:35.64	_____	_____
3	Kenzv Ibrahim Ibrahim	16	Ahly	4:33.93	_____	_____
4	Ro`ua Ahmed Farag	18	Shooting	4:30.71	_____	_____
5	Sandy Ayman Atef	20	Ahly	4:28.18	_____	_____
6	Farida Tharwat Maher	17	Ahly	4:30.61	_____	_____
7	Loujin Abd Alla Slah Zkev	16	6th	4:31.00	_____	_____
8	Mena Tarek Aly	15	Ahly	4:35.46	_____	_____
9	Zaina Mohamed Haitham Hassn	15	Shooting	4:35.81	_____	_____
10	Basmala Ashraf Saved	21	Ahly	4:39.31	_____	_____

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Event 37 Men 13 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 8 Timed Finals						
2	Mohamed Hassan Mohamed	16	15 May	NT	_____	_____
3	Yassin Hanv Mahmoud	13	Heliolido	3:04.18	_____	_____
4	Abdlrhman Avman Salah Elsaved	13	Heliolido	2:57.59	_____	_____
5	Adam Waled Yossri	14	El Ghaba	2:57.14	_____	_____
6	Moaaz Mohamed Ibrahim	14	El Ghaba	2:57.51	_____	_____
7	Mohamed Tamer Zaki	13	El Nasr Club	2:58.47	_____	_____
8	Kress Nader abd Elsaid	13	Cairo	3:05.68	_____	_____
Heat 2 of 8 Timed Finals						
1	Yosif Ahmed Mohsen	13	El Nasr Club	2:51.18	_____	_____
2	Ahmed Shehab Ahm. Saleh	20	El Gezira	2:47.86	_____	_____
3	Slem Waled Ahmed Fahem	13	Heliopolis	2:44.79	_____	_____
4	Youssef Mohamed Abd ElRahman Abu	14	Heliolido	2:44.04	_____	_____
5	Kareem Mohamed Fawzy Mohame	13	Nasr City	2:43.55	_____	_____
6	Alv Magdy Eid Shehata	13	El Nasr Club	2:43.95	_____	_____
7	Ahmed Hosam Hekal	13	Heliopolis	2:44.51	_____	_____
8	Omar Ahmed Magdy Abd AlManeim	15	Heliolido	2:45.89	_____	_____
9	Abd Alla Karim Ashraf Mahgoub	15	El Gezira	2:49.54	_____	_____
10	Mazen Ehab Ahmed	14	Cairo	2:54.70	_____	_____
Heat 3 of 8 Timed Finals						
1	Yossef Moh. Shrif Moh. Elbarbarv	15	El Gezira	2:40.35	_____	_____
2	Eyad Mohamed Tamer	14	Tawfekaya	2:37.90	_____	_____
3	Osama Medhat Samir	13	El Zohour	2:36.71	_____	_____
4	Mohamed Ahmed Galal	16	El Zohour	2:36.01	_____	_____
5	Hamza Moh. Khairy Samra	14	El Gezira	2:35.79	_____	_____
6	Yosef Ismail Atef	16	Canal El Suez	2:35.92	_____	_____
7	abd el Rahman Waleed el Shahat	13	Heliopolis	2:36.22	_____	_____
8	Omar Khaled Hasan	15	El Nasr Club	2:37.53	_____	_____
9	Salem Waled Ahmed	13	Heliopolis	2:40.16	_____	_____
10	Belal Tamer Abas	15	Canal El Suez	2:42.82	_____	_____
Heat 4 of 8 Timed Finals						
1	Marwan Mohamed Ahmed	13	Nasr City	2:32.09	_____	_____
2	Mohamed Avman Abd Elsamie	13	El Zohour	2:31.25	_____	_____
3	Karem Ashraf	15	El Ghaba	2:29.68	_____	_____
4	Mostafa Adel Mohamed Samv	14	Shooting	2:29.46	_____	_____
5	Mohamed Ahmed Abd Elshafe Abas	14	El Shams	2:29.29	_____	_____
6	Yahia Mohamed Abdelaal Ebrahim	17	Nasr City	2:29.41	_____	_____
7	Fouad Ahmed Fouad EL Hadarv	14	El Shams	2:29.57	_____	_____
8	Mahmoud Emad Abd Elmoghny	15	El Zohour	2:30.17	_____	_____
9	Youssef Hassan Salah	16	Cairo	2:31.97	_____	_____
10	Kareem Mohamed Fouad Algaml	15	Tawfekaya	2:35.73	_____	_____

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Heat 5 Timed Finals... (Event 37 Men 13 & Over 200 LC Meter Backstroke)

1	Mohamed Ayman Mamdoh Hafez	14	Tanta	2:28.84	_____	_____
2	Moamen Khalid Mohamed	15	Zamalek	2:26.62	_____	_____
3	Yousef Maged Nagy	16	Heliopolis	2:26.37	_____	_____
4	Mohamed Ahmed Salem	16	El Ghaba	2:25.94	_____	_____
5	Youssef Dieva ElSaved Elkiki	16	El Shams	2:24.89	_____	_____
6	Yasen Abdelaziz Mohsen Abel Aziz	16	6th	2:25.70	_____	_____
7	Mohamed Ahm. Aly Moh. Derbala	16	El Gezira	2:26.14	_____	_____
8	Evad Mohsen Ismail	13	El Nasr Club	2:26.55	_____	_____
9	Zeyad Osama Zedan	14	Bank Ahly Alex	2:27.36	_____	_____
10	Khaled Ahmed Farouk Ramdan	17	Cairo	2:29.11	_____	_____

Heat 6 of 8 Timed Finals

1	Abdel Rahman Amr Farag	13	Shooting	2:23.56	_____	_____
2	Abd El Rahman Mohamed Ali	15	Shooting	2:23.32	_____	_____
3	Locman Mostafa Abdel Sabour	17	Talbeia	2:22.63	_____	_____
4	Omar Sherif Sayed	17	Zamalek	2:19.36	_____	_____
5	Ahmed Hazem Akram	15	Wadi Degla	2:18.88	_____	_____
6	Omer Badr Kamel	16	Shooting	2:19.28	_____	_____
7	Mohamed Ahmed Abdel Hakam	17	Shooting	2:21.33	_____	_____
8	Islam Mohamed Nashaat	14	Maadi	2:23.24	_____	_____
9	amr Tarek Alsaid Alarabv	16	Nasr City	2:23.33	_____	_____
10	Ahmed Yaser Mohamed	15	El Mekaweloun	2:24.19	_____	_____

Heat 7 of 8 Timed Finals

1	Khaled Ahmed Mahmoud Gaber	15	Bank Ahly Alex	2:17.95	_____	_____
2	Seif ElDein Ahmed Ebrahim Radwan	16	El Shams	2:16.13	_____	_____
3	Karim Adel Ahmed Bahgat	17	El Zohour	2:15.39	_____	_____
4	Ahmed Younis Nasir	18	Zamalek	2:15.10	_____	_____
5	Yousif Mohamed Khalaf	19	Smouha	2:14.44	_____	_____
6	Kirolos Gamal Sobhv	17	El Shams	2:14.63	_____	_____
7	Marawan Ahmed Abdel Moez	16	Wadi Degla	2:15.16	_____	_____
8	Ahmed Awny Glal Aly	16	6th	2:15.99	_____	_____
9	Ali Khaled Osama	16	Wadi Degla	2:17.77	_____	_____
10	Mohamed Taha Abd El Raouf	15	Wadi Degla	2:18.13	_____	_____

Heat 8 of 8 Timed Finals

1	Abdel Rahman Mohamed Abdel Samac	18	Ahly	2:11.77	_____	_____
2	Abdel Reheim Samir Al Sheinawy	22	Zamalek	2:09.98	_____	_____
3	Salah Mohamed Amin	28	Smouha	2:09.22	_____	_____
4	Ahmed Hamdy Salem	28	Ahly	2:08.12	_____	_____
5	Mohamed Hany Elsayed	15	Ahly	2:06.71	_____	_____
6	Abdelrahman Gamal Eldin	20	Ahly	2:07.85	_____	_____
7	Yousef Ashraf Mahmoud	20	Zamalek	2:09.12	_____	_____
8	Mrawan Mostafa Mowaled	17	Wadi Degla	2:09.85	_____	_____
9	Waled Mohamed Sophv	17	Stad Mansoura	2:11.76	_____	_____
10	Ahmed Assem Goumaa	19	Ahly	2:11.95	_____	_____