

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022

Meet Program - 25-03-2022 Evening

Event 29 Women 20 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Timed Finals				
2	Rewida Hesham Tolba	27	Ahly	NT
3	Sally Saad Elfeshway	28	Cairo	NT
4	Nada Mohamed Eman	35	Sporting	3:12.84
5	Lamyaa Mohamad Hassan Khalefa	38	Shooting	4:05.44
6	Haidy Ashraf Farouk	24	El Zohour	NT
7	Aya Ezzeddin Abdelhamed	34	Shooting	3:05.95
Heat 2 of 4 Timed Finals				
1	Noha Farouk	43	Yacht Club of Egypt Alex	NT
2	Eman Ahm. Ateef Abd Elbaky	43	El Gezira	4:12.64
3	Shreen Magdy Zaky	41	Smouha	3:36.46
4	Nehal Moh. Ahmed Nashed	40	El Gezira	3:52.45
5	Doneia Ahmed Mohamed Al Khodar	44	Shooting	4:20.31
6	Mona Mohamad Elsheshtawy	49	Shooting	NT
7	Salma Mohamed Hassan	46	Maadi	NT
8	Soha Chahine	51	Sporting	NT
Heat 3 of 4 Timed Finals				
1	Noha Mahmoud Deiab	55	Shooting	NT
2	Katrein Mary Hanafy	58	Shooting	NT
3	Wesam Ahmed Mohamed Hamdy	56	Heliopolis	NT
4	Sahar Mansour	71	Ahly	NT
5	Douriea Ahmed Nazzmy	71	Maadi	NT
6	Neven Ramez Al Nagar	62	Heliopolis	5:24.31
7	Hanaa Yossif	61	Smouha	NT
Heat 4 of 4 Timed Finals				
3	Mona Kamel Youseif	68	Heliopolis	5:26.39
4	Madiha Sherif	79	Heliopolis	NT
5	Nadya Zakareia El Araby	76	El Gezira	NT

Event 30 Men 20 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
3	Karim Ehab Abdel Kader	20	Zamalek	NT
4	Mostafa Mohamed Elhoseni	24	Heliopolis	NT
5	Ahmed Mohamed Eisaa	22	Zamalek	NT
6	Saleh Shady Abdellatef	20	Shooting	NT
Heat 2 of 11 Timed Finals				
2	Karim Mohamad Farouk	26	Shooting	NT
3	Mohamed Amer Ebrahim	28	Smouha	NT
4	Omar Wael Hashem Aly	27	El Shams	2:44.17
5	Mohamed Tarek Mohamed Hasanin	29	El Zohour	NT
6	Nour Esam Esmail	27	Gezira El Ward	NT
7	Marawan Esam Esmail	25	Gezira El Ward	NT
Heat 3 of 11 Timed Finals				
3	Ahmed Abou Bakr Souliman	33	Ahly	NT
4	Tarek Elsayed Mohamad Zayan	30	Shooting	2:39.91
5	Mohamed Ebrahim Al Bakaly	32	Shooting	2:52.18
6	Ayman Mohamed Mokhta	30	Shooting	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 25-03-2022 Evening****Heat 4 Timed Finals... (Event 30 Men 20 & Over 200 SC Meter Breaststroke)**

1	Abd Allah Abdo ElSaid Mattar	35	Maadi	NT
2	Mostafa Said Zaki	36	Maadi	NT
3	Mahmoud Moussa	37	Sporting	NT
4	Eslam Hani Abdou	36	Heliopolis	2:41.31
5	Mohamed Elmy Sayed	39	El Zohour	NT
6	Khaled Mahmoud Tawacoul	37	Shooting	NT
7	Hazem Aly Abdel Rahman Saad	36	Shooting	NT
8	Omar Moh. Hossam Al Sabagh	35	El Gezira	NT

Heat 5 of 11 Timed Finals

1	Ahmed Osman Mohamed	41	Ahly	NT
2	Ahmad Nader Zaky	44	Shooting	3:33.29
3	Mohamed Ahmad Hany Yossef	43	Shooting	3:07.91
4	Mohamed Ahmed Gamal Eldin	41	Ahly	3:00.86
5	Haytham Fouad Zaky	43	Smouha	3:03.84
6	Ahmed M Hussain Dorra	40	Tanta	3:17.60
7	Yassen Shazly Fortune	44	Heliopolis	NT

Heat 6 of 11 Timed Finals

1	Khaled Mohamad Mahmud Hamad	46	Shooting	NT
2	Yaser Aseim Mahmoud	49	Heliopolis	NT
3	Mohamed Abdel Kader Al Asar	48	Heliopolis	3:29.18
4	Ahmed Bahaa Eldin Farwiz	49	El Gezira	2:54.87
5	Mohamed Mahmoud Fahmy	48	Shooting	3:21.59
6	Karim Mohamed Elsokary	49	Ahly	NT
7	Ibrahim Ahmed Hafeiz	46	Heliopolis	NT

Heat 7 of 11 Timed Finals

2	Mohamed Ahmed Esaad	51	Ahly	NT
3	Tarik Soutan Abou Ali	53	Heliopolis	NT
4	Amr Mohamed Samy Abdel Karim	53	Shooting	3:22.61
5	Khaled Salah El Din Mohamed	51	Shooting	3:23.26
6	Waleed Hassan Hussien Zayed	52	Shooting	NT

Heat 8 of 11 Timed Finals

1	Walid Mohamed Ibrahim ElSheikh	55	Maadi	NT
2	Hany Youseif Al Meseiry	58	Maadi	3:31.48
3	Mohamed Farouk Twfeek	56	Smouha	3:28.60
4	Waleed Mahmoud Diab	55	Shooting	3:00.83
5	Hany Aziz Sedky	59	Shooting	3:26.05
6	Ashraf Farag Abdelwahab	56	Ahly	3:30.29
7	Eyad Slah Elden Elashraf	57	Heliopolis	NT

Heat 9 of 11 Timed Finals

1	Ahmed Mohamed Bazaraa	66	Heliopolis	NT
2	Elsayed Hassan abo Elwafa	68	Canal El Suez	NT
3	Mohamed Esam El Din Ebrahim	65	Heliopolis	4:05.91
4	Yasser Mohamed Mounir abd el Aziz	66	El Shams	NT
5	Mohamed Mahmoud Mostafa	60	Ahly	NT
6	Mostafa Hassan Abou El Fotouh	64	Shooting	3:48.59
7	Abdalla Mahmoud Khalil Elnahas	61	El Gezira	4:07.36

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Heat 10 Timed Finals... (Event 30 Men 20 & Over 200 SC Meter Breaststroke)

1	Yousef Anwar Ahm. Wahsh	78	El Gezira	NT
2	Said Ahmed Kamal	78	Ahly	5:30.79
3	Hesham Omar Sedky	76	Shooting	4:23.55
4	Mohamed Refaat Ahmed Refaat	78	Ahly	7:39.91
5	Taher Khaled Mohamed Abou Samm	72	Shooting	3:58.28
6	Mohssein Abdel Kawy Al Housseiny	71	Ahly	3:42.20
7	Mohamed Mosaad Fayed	70	Heliopolis	3:56.28
8	Adel Mohamad Yakout	70	Smouha	NT

Heat 11 of 11 Timed Finals

4	Housam Zaki Fahmy	81	El Gezira	6:40.93
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Event 31 Women 20 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Timed Finals

2	Malak Amr Abdel Monaem	20	Zamalek	NT
3	Zena Khaled Abo Shanab	22	Shooting	NT
4	Farah Mohamed Mahmoud	23	El Zohour	NT
5	Mariam Houssin Kamal	23	El Zohour	NT
6	Rania Mohamed Mahmoud	21	El Zohour	NT

Heat 2 of 8 Timed Finals

1	Noran Ahmad Helmy	28	Heliopolis	NT
2	Mariam Mohamed Atteif	29	Heliopolis	NT
3	Hania Hesham Hanafy	29	Maadi	NT
4	Amina Magdy Mostafa	29	Heliopolis	58.31
5	Hannya Hossam Nabil Ibrahim	25	El Gezira	1:02.40
6	Noor Osama Moh. Sabet	29	El Gezira	NT
7	Sara Asharf Fouad	29	Ahly	NT
8	Yasmeen Moussad Mohamed Ismaie	28	El Zohour	NT

Heat 3 of 8 Timed Finals

1	Aya Salah Abdel Fattah Aly	31	Shooting	NT
2	Sara Hisham Mohamed Abou El Seot	31	Shooting	NT
3	Hebatalla Adel Mostafa	33	Ras El Bar	NT
4	Wesam Hossam Eddin Ebrahim	31	Shooting	1:30.90
5	Azza Sayed Ahmed	32	Shooting	1:37.27
6	Nada Hesham Abdel Ghany	32	Ahly	NT
7	Mena Naser Radwan	31	Heliopolis	NT
8	Noha Moussad Mohamed Ismaiel	31	El Zohour	NT

Heat 4 of 8 Timed Finals

1	Sara Hamdy Ghaly	35	Smouha	NT
2	Salma Ahmed El Badry	37	El Gezira	NT
3	Ghada Salah Omar	39	Ahly	1:13.34
4	Hebatollah Yahya Abdelrahman Ism:	36	Shooting	1:08.01
5	Heba Mamdouh Ali	39	Ahly	1:20.14
6	Sara Adel Mahros Mahmoud	36	Shooting	NT
7	Reham Medhat Mohamed Youssef	28	El Shams	NT
8	Merna Amr Abd EL Fatah	25	Heliopolis	NT

Heat 5 of 8 Timed Finals

2	Eman Ahm. Ateef Abd Elbaky	43	El Gezira	NT
3	Maha Elmarghany	44	Ahly	NT
4	Sohad Shaaban Abd Rabo	40	Heliopolis	1:13.58
5	Omnia Fakhry	40	Ahly	1:17.16
6	Doneia Ahmed Mohamed Al Khodar	44	Shooting	NT
7	Salma Saber Zaytony	25	Shooting	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 25-03-2022 Evening****Heat 6 Timed Finals... (Event 31 Women 20 & Over 100 SC Meter Freestyle)**

1	Basant Ibrahim	45	Heliopolis	NT
2	Sally Fathy Mahmoud	49	Maadi	NT
3	Mariam Mahmod Mostafa	45	Shooting	1:37.08
4	Mona Mahmoud Rizk	46	El Gezira	NT
5	Hala Ghazy	55	Ahly	1:26.24
6	Angred Wezman	59	El Gezira	1:33.34
7	Salam Taha Houssein	51	Shooting	1:52.04
8	Jehan Saeed	54	Smouha	NT

Heat 7 of 8 Timed Finals

1	Maha Mohmoud El Kholy	61	Heliopolis	NT
2	Nesrine Saad	64	Sporting	1:28.02
3	Nazla Faeidalla	62	Ahly	NT
4	Fareida Abdel Aziz Gemeia	74	Heliopolis	2:16.85
5	Nadia Elgendy	71	Shooting	NT
8	Zenab Anwar Al Said Al Kabany	66	Heliopolis	NT

Heat 8 of 8 Timed Finals

3	Nabela Ahmed Sayed Ahmed	85	El Gezira	2:43.63
4	Nageya Salah El Din Zolfakar	79	El Gezira	2:34.90
5	Sameha Kamal Seif El Nasr	79	Heliopolis	2:43.28

Event 32 Men 20 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Timed Finals

1	Karim Medhat Badr Mohamed	23	Smouha	NT
2	abd el Rahman Shrif Hanawm	23	Heliopolis	NT
3	Yahia Ehab Ahmed	24	El Shams	NT
4	Ahmed Mohamed Lotfy	24	Ahly	NT
5	Yousef Mohamed Abou Bakr	24	El Shams	NT
6	Mostafa Mohamed Elhoseni	24	Heliopolis	NT
7	Hashem Mohamed Ibrahim	23	Ahly	NT
8	Ahmed Khaled Moustafa	22	Zamalek	NT

Heat 2 of 17 Timed Finals

1	Adham Khled Ahmed Elqady	20	Rowad	NT
2	Moustafa Abdo Mohamed Shawqy	20	Rowad	NT
3	Ahmad Khaled Abdelhamed	21	Shooting	NT
4	Mohamed Waled Mohamed	22	El Zohour	NT
5	Moamen El Saed Soltan	21	Tanta	NT
6	Omar Ehab Atef Mohamed	21	Gezira El Ward	NT
7	Adham Ramy Samir Hamdy	20	Shooting	NT

Heat 3 of 17 Timed Finals

1	Seif Mohamed Medhat	27	Ahly	NT
2	Omar Abdelmonem Mohmed	29	Cairo	NT
3	Tarek Mohamed Mohamed Khalifa	26	Heliolido	1:02.87
4	Karim Ahmad Elsayed Mahmoud Me	28	Shooting	52.16
5	Mohamed Ahmed Shendy	28	Ahly	55.21
6	Mohamed Hussein Mohamed	29	Cairo	NT
7	Moataz Mahmoud abd Elmonem	28	Cairo	NT
8	Mohamed Laboudy	27	Sporting	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 25-03-2022 Evening****Heat 4 Timed Finals... (Event 32 Men 20 & Over 100 SC Meter Freestyle)**

1	Mohamed Ebrahim Al Bakaly	32	Shooting	NT
2	Wael Ahmed Arafa	33	Wadi Degla	NT
3	Mohmed Hosny abd Elmegeed	34	Canal El Suez	NT
4	Karem Adel Boshra	34	Heliopolis	55.21
5	Abdel Hakeim Essam Farag	32	Heliopolis	1:12.35
6	Mohamed Mostafa Zaghloul Tolba	34	El Shams	NT
7	Salah Eldin Essam Salah	33	Ahly	NT
8	Yahia Abdelhalim Mohamed Ahmed	32	El Shams	NT

Heat 5 of 17 Timed Finals

1	Hazem Abdelghafar Sakr	37	Ahly	NT
2	Moatazbellah Samir Fahim	39	Wadi Degla	1:30.32
3	Mostafa Said Zaki	36	Maadi	1:07.89
4	Gouzeif Georg Demetry Ghaly	38	El Gezira	55.03
5	Hossam Abdelsalam Helmy Belal	36	El Zohour	1:01.50
6	Mahmoud Abdelrahman Elbar	39	Gezira El Ward	1:16.94
7	Abd Alah Mohamedm Elhehyawe	39	Heliopolis	NT
8	Tamer Hassan Farag	36	Zamalek	NT

Heat 6 of 17 Timed Finals

1	ali Kamel abd Rabbo	25	Nasr City	NT
2	Omar Ahmad Ebrahim Eid	26	Shooting	NT
3	Amen Saady Kamel	26	Shooting	NT
4	Omar Ashraf Nasar	25	Gezira El Ward	NT
5	Amro Essam Aly Abd El Naby	31	El Gezira	NT
6	Mohamed Ahmed Abdel Meguid	30	Ahly	NT
7	Omar Moh. Hossam Al Sabagh	35	El Gezira	NT
8	Ahmed Abd El Rahim	35	Sporting	NT

Heat 7 of 17 Timed Finals

1	Karim Saaddin Ibrahim Almosly	41	Shooting	NT
2	Ali Mohamed Ali Salman	43	El Gezira	NT
3	Eslam Mahmoud Mohamad	41	Shooting	1:03.39
4	Gasser Mohamed Abdel Naby	42	Ahly	55.79
5	Hazem Abdelrahman Mohamed	43	El Shams	1:02.16
6	Ahmed Saied Mohamed	41	Cairo	1:18.55
7	Shrief S Abdelhakiem Hassan	42	El Shams	NT
8	Mohamad Ahmad Ezzat Emam	41	Shooting	NT

Heat 8 of 17 Timed Finals

1	Sherief Fathe abd Elwahab	45	Cairo	NT
2	Ashraf AL Quidy	47	Yacht Club of Egypt Alex	NT
3	Ahmed Ezz Eldin Moh. Essa	48	El Gezira	NT
4	Ashraf Ali	46	Ahly	1:07.03
5	Ahmad Hassn Abdo Elkhyal	48	Smouha	NT
6	Walid Mahmoud Wasfy	47	Ahly	NT
7	Nagi Abdelaziz Gomaa	46	Gezira El Ward	NT
8	Mohamed Mossad Kandil	45	El Zohour	NT

Heat 9 of 17 Timed Finals

2	Omar Mahmoud Ra`fat Al Hamawy	45	El Gezira	NT
3	Mohamed Sabry Al Hakim	45	El Gezira	NT
4	Sheref Mohamed Nabel	45	Heliopolis	NT
5	Hady Ahmad Hassan	45	Shooting	NT
6	Mohamed Aziz Khames	41	Ahly	NT
7	Mohammad Hesham Gamal Eldin Al	40	Shooting	NT

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022**Meet Program - 25-03-2022 Evening****Heat 10 Timed Finals... (Event 32 Men 20 & Over 100 SC Meter Freestyle)**

1	Yaser Abdelaal	52	Ahly	NT
2	Yasser Hussein Fayyad	54	El Shams	NT
3	Akram Abd El Monem El Hoseni	53	El Gezira	1:17.32
4	Ahmed M Aly Yossef	50	Tanta	1:09.39
5	Nabil Fayez Hanin	50	Shooting	1:10.01
6	Tarek Samy Abdelkhalek	52	Shooting	1:42.16
7	Hesham Hany Elbon	52	Canal El Suez	NT
8	Mohamed Ahmed Esaad	51	Ahly	NT

Heat 11 of 17 Timed Finals

1	Yasser Saed Aly Ahmad Khalil	55	Shooting	NT
2	Yaser Farouk Yousef	58	Shooting	NT
3	Mostafa Amer	55	Ahly	1:05.38
4	Alaa Ahm. Moh. Ashour	58	El Gezira	NT
5	Mohannad Mohamed Assem	57	El Shams	NT
6	Ayman Al Quidy	50	Yacht Club of Egypt Alex	NT
7	Yasser Hamdy Abdel Khalek	50	Maadi	NT
8	Ahmed Khalil Abdel Hady	50	Ahly	NT

Heat 12 of 17 Timed Finals

1	Osama Gaber	64	Smouha	NT
2	Amr Ahmad Hamed Darwish	62	Shooting	1:41.69
3	Hassan Abdaziz Elsandoby	62	Gezira El Ward	1:29.32
4	Mohsan Abou Alwafa	60	Sporting	1:12.66
5	Hesham Fouad Mahmoud	64	Cairo	1:23.53
6	Taher Mohamdy Moh. Soleman	64	El Gezira	1:31.51
7	Alaa Eldeen Ahmad	63	Smouha	2:31.05
8	Hesham Ebrahim Yosef Rezk	63	Heliopolis	NT

Heat 13 of 17 Timed Finals

2	Abdalla Mahmoud Khalil Elnahas	61	El Gezira	NT
3	Ahmed Mohamed Ibrahim Gado	62	Shooting	NT
4	Ahmad Azmy	63	Smouha	NT
5	Ahmed Morsy Mostafa Fahmy	62	El Gezira	NT
6	Tarik Mohamed Abaza	61	Ahly	NT
7	Ashref abd Elmonem abo Bakr	60	Canal El Suez	NT

Heat 14 of 17 Timed Finals

1	Mohamed Yehia Ibrahim Selim	66	Maadi	NT
2	Alsayed Mohamad Boraie	68	Shooting	NT
3	Samy Wahby Sief	65	Heliopolis	1:50.27
4	Montaser Mohamed Awad	68	Ahly	1:09.72
5	Amr Mansour	67	Sporting	1:21.20
6	Mohamed Abdelfatah Mohamwd Aly	69	Shooting	NT
7	Ahmed Mohamed Bazaraa	66	Heliopolis	NT

Heat 15 of 17 Timed Finals

1	Ezzeldin Abdelhalim Abdelhamis El	71	El Shams	NT
2	Moaataz Mohamed Talaat	70	Heliopolis	2:38.15
3	Mohamed Mosaad Fayed	70	Heliopolis	1:34.76
4	Mohamed Mahmoud Abas	72	Shooting	1:19.50
5	Taher Khaled Mohamed Abou Samm	72	Shooting	1:23.76
6	Abdel Sameia Abdel Hakim Ahmed	72	Maadi	1:36.51
7	Mohamed Hassan Mahmoud	72	Ahly	NT
8	Sherin Mohamed Eltayeb	70	Ahly	NT

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Heat 16 Timed Finals... (Event 32 Men 20 & Over 100 SC Meter Freestyle)

1	Mohamed Abdelfatah	77	Sporting	NT
2	Mostafa Ebrahim Mohamad Hussin	78	Shooting	NT
3	Mosaad Hassan Shehab	79	Shooting	NT
4	Tarik Ahm. Mongy Geiasa	76	El Gezira	1:34.28
5	Fouad Hanafey	79	Smouha	NT
6	Marwan Ghazawy	78	Sporting	NT
7	Hany Kamal Nasar	70	Heliopolis	NT

Heat 17 of 17 Timed Finals

1	Ehab Shalabi	82	Heliopolis	NT
2	Housam Zaki Fahmy	81	El Gezira	2:52.28
3	Ahmed Hamada	83	Sporting	1:28.18
4	Wafeik Aeibad	84	Heliopolis	NT
5	Ahmed Mostafa Selfou	91	Shooting	3:16.16
6	Ahmed Ibrahim Abdelaal	94	El Gezira	NT
7	Ali Kamel Ali Kamel	85	Ahly	NT

Event 33 Women 20 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Timed Finals

2	Malak Amr Abdel Monaem	20	Zamalek	NT
3	Farah Mohamed Mahmoud	23	El Zohour	NT
4	Sara Reda Saad Elhefnawy	24	Gezira El Ward	NT
5	Malak Amr Elnady	24	Ahly	NT
6	Salma Ahmad Ahmad Fahim	22	Shooting	NT

Heat 2 of 11 Timed Finals

1	Reham Medhat Mohamed Youssef	28	El Shams	NT
2	Hania Hesham Hanafy	29	Maadi	NT
3	Noor Osama Moh. Sabet	29	El Gezira	NT
4	Nour Hany Abu Elazm	26	Sporting	33.39
5	Farah Omar Abo Raia	27	Heliopolis	34.40
6	Sara Asharf Fouad	29	Ahly	NT
7	Mariam Mohamed Atteif	29	Heliopolis	NT
8	Hana Moataz Mahmoud Toulba	26	El Zohour	NT

Heat 3 of 11 Timed Finals

1	Aya Salah Abdel Fattah Aly	31	Shooting	NT
2	Mona Mostafa Sayed	31	Ahly	NT
3	Yosra Sheref Gohar	33	Heliopolis	NT
4	Weaam Gamal Abdelmeged	33	Shooting	39.55
5	Passant Magdy Mahmoud Moussa	33	El Shams	NT
6	Seham Ahmad Mahmoud Alkarm	32	Shooting	NT
7	Wesam Hossam Eddin Ebrahim	31	Shooting	NT
8	Mariam Sakr	25	Ahly	NT

Heat 4 of 11 Timed Finals

2	Hend Abdelrahman Abo Shan	35	Shooting	NT
3	Noha Mohamed Youssef	39	Maadi	NT
4	Hebatollah Yahya Abdelrahman Ism:	36	Shooting	35.95
5	Omneya Tarif	38	Sporting	NT
6	Farida Ahmad Ebrahim Aly	25	Shooting	NT

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2	Eman Ahm. Ateef Abd Elbaky	43	El Gezira	NT
3	Rehab Mohamed Abdelwahed	44	Ahly	48.36
4	Walaa Mohamed Al Gouhary	41	Shooting	38.31
5	Omnia Fakhry	40	Ahly	40.05
6	Amal Mohamed Abdelmonem	44	Shooting	NT
7	Alaa Eldein Hebatallah	40	New Giza	NT

Heat 6 of 11 Timed Finals

3	Mona Mahmoud Rizk	46	El Gezira	NT
4	Mona Mohamad Elsheshtawy	49	Shooting	1:07.03
5	Naglaa Naser El Din Anan	48	El Gezira	NT
6	Basant Ibrahim	45	Heliopolis	NT

Heat 7 of 11 Timed Finals

2	Aml Barkat	54	Smouha	NT
3	Ingy Labib Mohamed Abd Alla	54	Maadi	NT
4	Rania Sami	51	Sporting	39.82
5	Salam Taha Houssein	51	Shooting	1:01.69
6	Olga Monikeif	54	Sporting	NT
7	Gehan Abdalla	53	Ahly	NT

Heat 8 of 11 Timed Finals

1	Dalia Abdelfattah Ahmed	55	Ahly	NT
2	Manal Moh. Ahmed Abou El Seoud	56	El Gezira	NT
3	Manal Fawzi Gadalla	57	Heliopolis	1:27.83
4	Sherien Ali Sery	56	Heliopolis	42.98
5	Elham Mostafa Esmail	59	Heliopolis	56.95
6	Seham Abdel Monaem Ahmed Khalil	59	El Gezira	NT
7	Magda Ebrahim Khalil	56	Cairo	NT
8	Nahla Housen Gmal EL Den	55	Heliopolis	NT

Heat 9 of 11 Timed Finals

1	Saher Mohamed el Tibi	66	Heliopolis	NT
2	Omima Hassan Nesim	69	Ahly	NT
3	Neven Mohamed Khlel Salah	66	El Gezira	50.84
4	Zenab Anwar Al Said Al Kabany	66	Heliopolis	1:02.58
5	Nadia Esmail Mohamed	68	Heliopolis	NT
6	Nazla Faeidalla	62	Ahly	51.55
7	Nesrine Saad	64	Sporting	47.06
8	Maha Mohmoud El Kholy	61	Heliopolis	1:01.24

Heat 10 of 11 Timed Finals

1	Sameha Kamal Seif El Nasr	79	Heliopolis	NT
2	Nageya Salah El Din Zolfakar	79	El Gezira	1:12.99
3	Nagwa Yousef Gharab	79	Heliopolis	58.77
4	Madiha Sherif	79	Heliopolis	NT
8	Samira Hussein Kamal	80	Ahly	NT

Heat 11 of 11 Timed Finals

3	Bothaina Mohamed Ahmed	74	Maadi	NT
4	Sahar Mansour	71	Ahly	1:09.05
5	Fareida Abdel Aziz Gemeia	74	Heliopolis	1:22.77
6	Nabela Ahmed Sayed Ahmed	85	El Gezira	1:24.78

Egypt Masters Cup 2021-2022 - 5/19/2022 to 5/21/2022

Meet Program - 25-03-2022 Evening

Event 34 Men 20 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 15 Timed Finals				
2	Moustafa Abdo Mohamed Shawqy	20	Rowad	NT
3	Mohamed Waled Mohamed	22	El Zohour	NT
4	Fared Ramy Eskandr	24	Heliopolis	NT
5	Nour Eldin Ahmed Ibrahim	23	Ahly	NT
6	Yossef Alaa Zaki	20	El Ghaba	NT
7	Adham Ramy Samir Hamdy	20	Shooting	NT
Heat 2 of 15 Timed Finals				
1	Mohamed Laboudy	27	Sporting	NT
2	Mostafa Mohamed Ramadan	28	Ahly	NT
3	Mohamed Tarek Mohamed Hasanin	29	El Zohour	NT
4	Fakhr Eldin Mohamed Khalil	25	Ahly	28.71
5	Mostafa Bahaa	29	Ahly	NT
6	Yosef Hesham Saleh	29	Heliopolis	NT
7	Mazen Osama Gaber	28	Smouha	NT
8	Mohamed Nour Ibrahim	27	Ahly	NT
Heat 3 of 15 Timed Finals				
1	Mahmoud Ahmed Mohmed Osman	32	Cairo	NT
2	Wael Ahmed Arafa	33	Wadi Degla	NT
3	Eslam Ahmad Mohamad	34	Shooting	NT
4	Mohamed Hesham Mohamed	30	Gezira El Ward	26.58
5	Amro Essam Aly Abd El Naby	31	El Gezira	33.79
6	Mohamed Mostafa Zaghloul Tolba	34	El Shams	NT
7	Omar Yehia Helal	33	Ahly	NT
8	Basem Mohmed Baha Eldin	30	Cairo	NT
Heat 4 of 15 Timed Finals				
3	Youssef Ahmed Shendy	25	Ahly	NT
4	Hany Ahmed Hisham Mohamed	26	Heliolido	NT
5	Mostafa Hesham Ahmed EL Ansary	25	El Shams	NT
6	Sherif Samy Ahmed	30	El Zohour	NT
Heat 5 of 15 Timed Finals				
2	Mina Boshra Helmy Wasef	37	Shooting	NT
3	Loai R Ismael Hafez	36	Tanta	38.98
4	Mohamed Abdelhady Shoman	36	Gezira El Ward	30.79
5	Khaled Mahmoud Elsayed	39	Shooting	31.77
6	Mohamed Ahmed Abdelaziz Mousa	38	El Shams	NT
Heat 6 of 15 Timed Finals				
1	Karim Saaddin Ibrahim Almosly	41	Shooting	NT
2	Adnan Hesham Omar	42	Shooting	NT
3	Ahmed Nabil Abd Elaziz	44	El Zohour	NT
4	Mohamed Saadelden Ibrahim	44	Gezira El Ward	NT
5	Haitham Hazim	44	Sporting	NT
6	Kamal Fouad Hanafey	44	Smouha	NT
7	Mohamed Ahmed Ibrahim	42	Nasr City	NT

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Heat 7 Timed Finals... (Event 34 Men 20 & Over 50 SC Meter Backstroke)

1	Hady Ahmad Hassan	45	Shooting	NT
2	Yasser AbdelHady AbdelHady	46	El Shams	NT
3	Hossam Elden Hussien	46	Cairo	46.27
4	Hany M Farouk Abdelhmed	48	Tanta	34.29
5	Karim Adel Elasyed	45	Ahly	35.46
6	Tamer Hamoda	49	Smouha	NT
7	Ashraf Ali	46	Ahly	NT

Heat 8 of 15 Timed Finals

2	Tarek Hassan Bakry	51	Heliopolis	NT
3	Nabil Fayez Hanin	50	Shooting	40.00
4	Yaser Abdelaal	52	Ahly	36.48
5	Ahmed M Aly Yossef	50	Tanta	37.78
6	Zahran Abdel Aziz Zahran	53	Shooting	46.95

Heat 9 of 15 Timed Finals

1	Eyad Slah Elden Elashraf	57	Heliopolis	NT
2	Hossam Saad Hana Saad	59	El Gezira	NT
3	Ashraf Hamdy Zeiyada	56	Shooting	56.33
4	Amin Ahmed Amin Amer	56	Ahly	32.68
5	Hany Aziz Sedky	59	Shooting	41.41
6	Hosam El Den Tanawy	59	Heliopolis	NT
7	Yaser Farouk Yousef	58	Shooting	NT
8	Hesham Mohamad Elkaluby	56	Shooting	NT

Heat 10 of 15 Timed Finals

1	Ahmed Morsy Mostafa Fahmy	62	El Gezira	NT
2	Hossny Hassan Ali	63	Ahly	NT
3	Osama Gaber	64	Smouha	NT
4	Mohsan Abou Alwafa	60	Sporting	42.63
5	Taher Mohamdy Moh. Soleman	64	El Gezira	54.99
6	Mostafa Hassan Abdel Tawab	63	Ahly	NT
7	Tarik Ahmed Abdel Azzim	62	Heliopolis	NT
8	Mohamad Hesham El Kheshen	62	Smouha	NT

Heat 11 of 15 Timed Finals

1	Alsayed Mohamad Boraei	68	Shooting	NT
2	Samy Wahby Sief	65	Heliopolis	1:02.27
3	Ali Selim Al Halaby	69	Heliopolis	44.48
4	Montaser Mohamed Awad	68	Ahly	41.20
5	Yaser Ahmed Al Maghraby	65	Heliopolis	42.71
6	Adel Boutrous Zaghlol	69	Heliopolis	51.10
7	Ashraf Elwy Lasheen	69	Smouha	NT
8	Ahmed Ibrahim Edreis	67	Heliopolis	NT

Heat 12 of 15 Timed Finals

2	Mohamed Sedky Nour El Din	66	Heliopolis	NT
3	Mohamed Ashraf Al Banna	66	El Gezira	NT
4	Ibrahem Ahmed el Ayyady	66	Canal El Suez	NT
5	Mohamed Warda	66	Sporting	NT
6	Tarik Mohamed Abaza	61	Ahly	NT

Heat 13 of 15 Timed Finals

2	Mohamed Ali Hegazy	71	Heliopolis	NT
3	Hatem Omar Sedk	74	Shooting	NT
4	Mohamed Mahmoud Abas	72	Shooting	45.81
5	Moaataz Mohamed Talaat	70	Heliopolis	1:11.38
6	Mohamed Hassan Mahmoud	72	Ahly	NT
7	Adel Mohamad Yakout	70	Smouha	NT

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Heat 14 Timed Finals... (Event 34 Men 20 & Over 50 SC Meter Backstroke)

1	Yousef Anwar Ahm. Wahsh	78	El Gezira	NT
2	Fouad Hanafey	79	Smouha	1:06.06
3	Tarik Ahm. Mongy Geiasa	76	El Gezira	53.03
4	Hassan El Tomy	76	Sporting	59.81
5	Mosaad Hassan Shehab	79	Shooting	NT
6	Mohamed Salah El Din Mortagy	82	Shooting	NT
7	Ahmed Abdel Baset	80	El Gezira	44.48
8	Salah El Din Mostafa Al Saba	80	Shooting	NT

Heat 15 of 15 Timed Finals

3	Ali Kamel Ali Kamel	85	Ahly	NT
4	Mahfouz Gerges Ghabreial	89	Ahly	1:27.11
5	Ahmed Ibrahim Abdelaal	94	El Gezira	NT

Event 35 Women 20 & Over 100 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Timed Finals

2	Malak Amr Abdel Monaem	20	Zamalek	NT
3	Rania Mohamed Mahmoud	21	El Zohour	NT
4	Mariam Houssin Kamal	23	El Zohour	NT
5	Haidy Hossam Nabil El Cotory	23	El Gezira	NT
6	Shrouk Ahmed AL Mahdy	20	Shooting	NT

Heat 2 of 7 Timed Finals

1	Hannya Hossam Nabil Ibrahim	25	El Gezira	NT
2	Farida Ahmad Ebrahim Aly	25	Shooting	NT
3	Mariam Mohamed Saeid	27	Cairo	NT
4	Nour Hany Abu Elazm	26	Sporting	1:15.24
5	Rewida Hesham Tolba	27	Ahly	NT
6	Hana Moataz Mahmoud Toulba	26	El Zohour	NT
7	Mariam Sakr	25	Ahly	NT

Heat 3 of 7 Timed Finals

1	Noha Moussad Mohamed Ismaiel	31	El Zohour	NT
2	Hebatalla Adel Mostafa	33	Ras El Bar	NT
3	Yosra Sheref Gohar	33	Heliopolis	NT
4	Wesam Hossam Eddin Ebrahim	31	Shooting	1:53.70
5	Azza Sayed Ahmed	32	Shooting	1:54.84
6	Haidy Hesham Hanafy	33	Maadi	NT
7	Nada Hesham Abdel Ghany	32	Ahly	NT
8	Sara Hisham Mohamed Abou El Seot	31	Shooting	NT

Heat 4 of 7 Timed Finals

3	Salma Ahmed El Badry	37	El Gezira	NT
4	Hebatollah Yahya Abdelrahman Ism:	36	Shooting	1:23.83
5	Omneya Tarif	38	Sporting	NT
6	Batol Husen Shahan	35	Heliopolis	NT

Heat 5 of 7 Timed Finals

1	Alaa Eldein Hebatallah	40	New Giza	NT
2	Doneia Ahmed Mohamed Al Khodar	44	Shooting	NT
3	Sohad Shaaban Abd Rabo	40	Heliopolis	1:31.59
4	Marwa Shaheen	44	Smouha	NT
5	Omnia Fakhry	40	Ahly	NT
6	Salma Mohamed Hassan	46	Maadi	NT
7	Mariam Mahmod Mostafa	45	Shooting	1:59.16
8	Nevein Mahmoud Ali	45	Shooting	NT

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Heat 6 Timed Finals... (Event 35 Women 20 & Over 100 SC Meter IM)

2	Nadein Ali Azmy	53	Maadi	NT
3	Ingy Labib Mohamed Abd Alla	54	Maadi	NT
4	Rania Sami	51	Sporting	1:28.57
5	Ghada Farouk Yousef	53	Shooting	2:03.97
6	Aml Barkat	54	Smouha	NT

Heat 7 of 7 Timed Finals

1	Dalia Abdelfattah Ahmed	55	Ahly	NT
2	Seham Abdel Monaem Ahmed Khalil	59	El Gezira	NT
3	Sherien Ali Sery	56	Heliopolis	1:38.24
4	Magda Ebrahim Khalil	56	Cairo	NT
5	Maha Mohmoud El Kholy	61	Heliopolis	2:19.11
6	Neven Ramez Al Nagar	62	Heliopolis	2:43.40
7	Douriea Ahmed Nazzmy	71	Maadi	NT
8	Omima Hassan Nesim	69	Ahly	NT

Event 36 Men 20 & Over 100 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Timed Finals

1	Karim Medhat Badr Mohamed	23	Smouha	NT
2	Ahmed Mohamed Lotfy	24	Ahly	NT
3	Ahmed Wael Husin	24	Tanta	NT
4	Abdelrahman Mohamed Gaber	24	El Ghaba	1:06.41
5	Yahia Ehab Ahmed	24	El Shams	NT
6	Fared Ramy Eskandr	24	Heliopolis	NT
7	Nour Eldin Ahmed Ibrahim	23	Ahly	NT
8	Hashem Mohamed Ibrahim	23	Ahly	NT

Heat 2 of 17 Timed Finals

1	Yossef Alaa Zaki	20	El Ghaba	NT
2	Ahmad Khaled Abdelhamed	21	Shooting	NT
3	Ahmed Mohamed Eisaa	22	Zamalek	NT
4	Ahmed Khaled Moustafa	22	Zamalek	NT
5	Karim Ahmed Shaaban	22	Rowad	NT
6	Fady Wael Bahig	22	Heliopolis	NT
7	Saleh Shady Abdellatef	20	Shooting	NT
8	Karim Ehab Abdel Kader	20	Zamalek	NT

Heat 3 of 17 Timed Finals

1	Ahmad Magdy Omar Emara	27	Shooting	NT
2	Ahmed A el Said	28	EzzEldikhala Club	NT
3	Yosef Hesham Saleh	29	Heliopolis	NT
4	Abd Elrahman Yasser Tarief	25	Cairo	1:11.70
5	Mahmoud Abdelfattah Eldinary	29	Ahly	NT
6	Mohamed Ahmed Sadek	29	Rowad	NT
7	Nour Esam Esmail	27	Gezira El Ward	NT
8	Ahmed Abdelghany	26	Smouha	NT

Heat 4 of 17 Timed Finals

1	Marawan Esam Esmail	25	Gezira El Ward	NT
2	ali Kamel abd Rabbo	25	Nasr City	NT
3	Amen Saady Kamel	26	Shooting	NT
4	Omar Ahmad Ebrahim Eid	26	Shooting	NT
5	Ziad Hany Abdelaziz	26	Heliopolis	NT
6	Mahmoud Ibrahim Fatthalla	26	Ahly	NT
7	Mostafa Hesham Ahmed EL Ansary	25	El Shams	NT
8	Daly Dimitrios	25	Sporting	NT

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Heat 5 Timed Finals... (Event 36 Men 20 & Over 100 SC Meter IM)

1	Omar Yehia Helal	33	Ahly	NT
2	Mohamed Abd Elaziz Talab	34	El Gezira	NT
3	Mohamed Ebrahim Al Bakaly	32	Shooting	1:10.57
4	Mohamed Hesham Mohamed	30	Gezira El Ward	1:01.06
5	Mohamed Mahmoud Gad Alla	34	Ahly	1:04.58
6	Ashraf Moh. Salah Eldin Mohamed	33	El Gezira	1:17.25
7	Karem Adel Boshra	34	Heliopolis	NT
8	AbdallaSamir Darwish Elshenawy	33	Shooting	NT

Heat 6 of 17 Timed Finals

1	Marawn Osama	30	Smouha	NT
2	Tarek Elsayed Mohamad Zayan	30	Shooting	NT
3	Omar Abdelhamid Elkhoully	31	Zamalek	NT
4	Omar Abdelhamied Radwan	31	El Shams	NT
5	Ayman Mohamed Mokhta	30	Shooting	NT
6	Basem Mohamed Baha Eldin	30	Cairo	NT
7	Adham Hany Kamal Abd Elazaiz	20	Olympia	NT

Heat 7 of 17 Timed Finals

1	Mohamed Ahmed Abdelaziz Mousa	38	El Shams	NT
2	Khaled Mahmoud Elsayed	39	Shooting	NT
3	Loai R Ismael Hafez	36	Tanta	1:22.48
4	Ahmed Salah Abdou	36	Ahly	1:02.03
5	Ehsan Mohamed Gomah	36	Nasr City	1:07.81
6	Mahmoud Abd Alhaleem	38	Smouha	1:31.14
7	Esmail Hazem Esmail Mohammad	39	Shooting	NT
8	Mina Boshra Helmy Wasef	37	Shooting	NT

Heat 8 of 17 Timed Finals

1	Ahmad Mostafa Fahmy	43	Shooting	NT
2	Ahmed Tamer Mohamed	43	Ahly	NT
3	Ahmad Nader Zaky	44	Shooting	1:28.84
4	Gasser Mohamed Abdel Naby	42	Ahly	1:02.22
5	Mohamed Ahmed Gamal Eldin	41	Ahly	1:11.71
6	Mohamed Saadelden Ibrahim	44	Gezira El Ward	NT
7	Ali Mohamed Ali Salman	43	El Gezira	NT
8	Shrief S Abdelhakiem Hassan	42	El Shams	NT

Heat 9 of 17 Timed Finals

2	Abd Allah Abdo ElSaid Mattar	35	Maadi	NT
3	Khaled Mahmoud Tawacoul	37	Shooting	NT
4	Omar Moh. Hossam Al Sabagh	35	El Gezira	NT
5	Karim Saaddin Ibrahim Almosly	41	Shooting	NT
6	Mohmed Elsayed abo Elwafa	40	Canal El Suez	NT

Heat 10 of 17 Timed Finals

1	Ahmed Mohamed Nagieb	47	Nasr City	NT
2	Ahmad Abdelrahman Bendary	47	Shooting	1:26.31
3	Yasser AbdelHady AbdelHady	46	El Shams	1:15.83
4	Tamer Zeinhoum	48	Ahly	1:10.53
5	Walid Mahmoud Wasfy	47	Ahly	1:15.36
6	Mohamed Abdel Kader Al Asar	48	Heliopolis	1:25.32
7	Yaser Aseim Mahmoud	49	Heliopolis	NT
8	Nagi Abdelaziz Gomaa	46	Gezira El Ward	NT

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Heat 11 Timed Finals... (Event 36 Men 20 & Over 100 SC Meter IM)

3	Karem Wagdy m Reyad	45	Heliopolis	NT
4	Omar Mahmoud Ra`fat Al Hamawy	45	El Gezira	NT
5	Hady Ahmad Hassan	45	Shooting	NT
6	Sheref Mohamed Nabel	45	Heliopolis	NT

Heat 12 of 17 Timed Finals

1	Yasser Hamdy Abdel Khalek	50	Maadi	NT
2	Hazem Amir	51	Nasr City	NT
3	Ahmed Ghaneim Ibrarim	54	Ahly	NT
4	Nabil Fayez Hanin	50	Shooting	1:25.72
5	Khaled Salah El Din Mohamed	51	Shooting	1:30.21
6	Tarek Samy Abdelkhalek	52	Shooting	NT
7	Karim Assem Moh. Abou El Enein	51	El Gezira	NT
8	Ayman Al Quidy	50	Yacht Club of Egypt Alex	NT

Heat 13 of 17 Timed Finals

1	Osama Nayef Slem	55	Canal El Suez	NT
2	Mohannad Mohamed Assem	57	El Shams	NT
3	Hosam El Den Tanawy	59	Heliopolis	NT
4	Amin Ahmed Amin Amer	56	Ahly	1:15.89
5	Sherif Salah Eldin Mahmoud	56	Shooting	1:30.64
6	Mohamed Fuad Ahmad	59	Heliopolis	NT
7	Ashraf Hamdy Zeiyada	56	Shooting	NT

Heat 14 of 17 Timed Finals

3	Ahmed Morsy Mostafa Fahmy	62	El Gezira	NT
4	Hossny Hassan Ali	63	Ahly	NT
5	Ahmed Mohamed Ibrahim Gado	62	Shooting	NT

Heat 15 of 17 Timed Finals

1	Mohamed Sedky Nour El Din	66	Heliopolis	NT
2	Samy Wahby Sief	65	Heliopolis	2:06.00
3	Ali Selim Al Halaby	69	Heliopolis	1:40.72
4	Montaser Mohamed Awad	68	Ahly	1:21.21
5	Amr Mansour	67	Sporting	1:40.48
6	Adel Boutrous Zaghlol	69	Heliopolis	1:52.35
7	Mohamed Abdelfatah Mohamwd Aly	69	Shooting	NT
8	Yasser Mohamed Mounir abd el Aziz	66	El Shams	NT

Heat 16 of 17 Timed Finals

2	Ezzeldin Abdelhalim Abdelhamis El	71	El Shams	NT
3	Ramy Ahmed Refaat	73	El Gezira	2:04.27
4	Mohssein Abdel Kawy Al Housseiny	71	Ahly	1:35.06
5	Mohamed Mahmoud Abas	72	Shooting	1:41.69
6	Hatem Omar Sedk	74	Shooting	NT
7	Moneir Hossein Eisa Abdel Raheim	70	Shooting	NT

Heat 17 of 17 Timed Finals

3	Ahmed Hamada	83	Sporting	1:45.22
4	Hassan El Tomy	76	Sporting	2:09.55
5	Karam Mohamed Habieb	75	Heliopolis	NT