

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 27/11/2023 Eve

Event 173 Girls 13 Year Olds 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
3	Farida Abdel Fattah Hammad	13	Swim Home	NT
4	Salma Mohamed Eltokhy	13	Ahly	NT
5	Aya Ayman Abdelhalim Mahmoud	13	Stad Mansoura	NT
Heat 2 of 7 Timed Finals				
0	Jana Ahmed Mohamed Ragaey	13	Petrosport	NT
1	Sara Hany Mohamed Lashen	13	Heliopolis	NT
2	Jana Atef Ebrahim	13	El Ghaba	NT
3	Basmala Ahmed Ghonim	13	Canal El Suez	NT
4	Lojayn Mohamed Gamal ali	13	Zamalek	NT
5	Joudy Amr Mohsen	13	Shooting	NT
6	Ganna Mohamed Mansour Elgebaly	13	6th	NT
7	Yara Adel Anwar Ahmed	13	Wadi Degla	NT
8	Sama Hesham Abdel Fattah	13	El Shams	NT
9	Joudy Osama Mohamed Abdelrazek	13	El Zohour	NT
Heat 3 of 7 Timed Finals				
0	Nada Saeed Ramadan Arfa	13	Zamalek	12:46.16
1	Zeina Ahmed Mdahat	13	El Obour	12:03.73
2	Mariam Mohamed Atef	13	Pegasus Club	11:45.46
3	Gana Ahmed Farouk	13	6th	11:32.06
4	Joury Amro Tayea	13	Pegasus Club	11:26.93
5	Asmaa Mohamed Abdelfattah	13	Ahly	11:31.93
6	Farida Tarek Aboelmaaty Elsaheed	13	6th	11:42.48
7	Maryam Mahmoud Mohamed Abdel	13	Al Hawar	11:58.93
8	Laila Basem Galal Tawfiek	13	Zamalek	12:31.42
9	Lojain Hany Ahmed Hamed	13	ElGezira Youth	NT
Heat 4 of 7 Timed Finals				
0	Fatema Hissen Mohamed el Dahan	13	Heliopolis	11:20.12
1	Kenzy Khaled	13	Shooting	11:14.33
2	Arwa Amro Eldoadoa	13	Domyt Club	11:08.31
3	Ronzy Ahmed Yahia Ahmed	13	El Mekaweloun	11:06.31
4	Karma Walid Mohamed	13	Pegasus Club	11:05.46
5	Malak Wael Abdel Mohsen	13	Shooting	11:06.25
6	Hasnaa Mamdouh Ahmed	13	Al Tersana	11:07.81
7	Lara Mostafa Mohamed Adel	13	Heliopolis	11:11.91
8	Sama Sayed Ali Ahmed	13	Al Tersana	11:15.95
9	Arwa Ahmed Abdelhamed	13	M.S Tagamoa	11:20.36
Heat 5 of 7 Timed Finals				
0	Mariam Haitham Ahmed	13	Shooting	11:04.41
1	Mirna Abo-alyamin	13	El Ghaba	11:01.86
2	Hannah Mohamed Elzanaty	13	El Shams	10:59.05
3	Maryam Mahmoud Abas Mohamed I	13	Al Hawar	10:52.59
4	Tia Mohamed Maher	13	Shooting	10:44.53
5	Morog Elsaid Elsharnoby Elsayed	13	Stad Mansoura	10:50.35
6	Kermine Boles Samir Seha	13	El Shams	10:58.52
7	Farida Mohamed Ali Hassn	13	Smouha	11:01.81
8	Maysam Mohamed Magdy	13	Rowad	11:02.60
9	Assel Ahmed Saied	13	Cairo	11:04.66

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 27/11/2023 Eve****Heat 6 Timed Finals... (Event 173 Girls 13 Year Olds 800 LC Meter Freestyle)**

0	Habiba Ahmed Mohamed Mahmoud	13	Ahly	10:34.23
1	Jana Magdy Mohamed	13	Wadi Degla	10:27.42
2	Karma Sabry Hussien	13	Wadi Degla	10:26.67
3	Sama Wael Ahmed Mohamed	13	El Zohour	10:19.95
4	Malk Mohamed Magdy Abdelkader	13	Gezira El Ward	10:15.81
5	Login Osama Sayed	13	Hadak Al Ahram	10:18.50
6	Joudy Emad Ashmawy	13	Sporting	10:25.50
7	Nour Bahgat Fekry	13	Al Tersana	10:27.37
8	Malak Ayman Bakr Bakr	13	Stad Mansoura	10:30.57
9	Rumaisa Yaser Mohamed	13	El Ghaba	10:44.03

Heat 7 of 7 Timed Finals

0	Hana Ossama Mohamed Ali	13	Smouha	10:11.92
1	Logain Abdelmenem Mohamed	13	Stad Mansoura	10:08.70
2	Jana Ramadan Abdelftah	13	Ahly	10:05.76
3	Retal Mahmoud Mohamed	13	Wadi Degla	10:03.26
4	Sofia Ahmed Khalifa	13	Ahly	9:51.60
5	Daren Adel Ahmed	13	Hadak Al Ahram	9:56.79
6	Rofida Amro Abas	13	Olympia	10:03.30
7	Retal Mohamed Ali Sayed	13	Wadi Degla	10:07.22
8	Fayroz Mohamed Elmtwaly Els	13	Bank Ahly Alex	10:08.80
9	Nadin Ahmed Farouk	13	Hadak Al Ahram	10:12.96

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 27/11/2023 Eve

Event 174 Boys 13 Year Olds 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Timed Finals				
0	Zayed Amr Said	13	Marina Sporting Club Hurghada	NT
1	Abdala Mohamed Azat Taha	13	Heliopolis	NT
2	Mohamed Mahmoud Mohamed	13	Rowad	NT
3	Eyad Mohamed Abdo Mahmoud	13	Elethad	NT
4	Eyad Magdi El Hedini	13	Damnhor Sport	NT
5	Yassein Omran Ahmed	13	Shooting	NT
6	Mohamed Mamdoh Abdelfatah	13	Hadak Al Ahram	NT
7	Abdallah Amr Youssef Ahmed	13	Elethad	NT
8	Yahya Mostafa Yahya Mohamed	13	El Mekaweloun	NT
Heat 2 of 7 Timed Finals				
0	Abdala Ahmed Samir Abdo	13	6th	NT
1	Hady Ibrahim Abdulghani	13	Hadak Al Ahram	NT
2	adm Ahmed ali	13	El Temsah	NT
3	Akram Wael Aboelnasr	13	Olympia	NT
4	Yehia Wael Awad Mohammed Khalil	13	Goldy	NT
5	Mazen Magdy Abdalmonem Moham	13	6th	NT
6	Mohamed Ayman Mohamed Hamed	13	Stad Mansoura	NT
7	Eyad Mohamed Anwer	13	Al Tersana	NT
8	Selim Abdallah Mohamed	13	Pegasus Club	NT
9	Yosuif Mohamed Monir	13	Ultimate	NT
Heat 3 of 7 Timed Finals				
0	Abdullah Mohamed Saad	13	Hadak Al Ahram	6:27.40
1	Ahmed Hossam Ahmed Yousry	13	Rowad	6:13.51
2	Ismail Mohamed Emam	13	Shooting	6:07.48
3	Yassin Hitham Samir Ibrahim	13	Elethad	6:04.61
4	Mohamed Abdelmaged Abdo	13	15 May	5:59.50
5	Saif Sayed AbdelFatah	13	Pegasus Club	6:03.12
6	Ahmed Islam Ahmed Mattar	13	Rowad	6:04.97
7	Zein Eldin Wesam Mokhtar	13	Smouha	6:11.54
8	Ahmed Ramy Abd Rabou	13	Wadi Degla	6:21.39
9	abd el Rahman Mohamed Labib	13	Rowad	6:28.32
Heat 4 of 7 Timed Finals				
0	Mohamed Bassem abd el Mnem	13	Sporting	5:55.36
1	Abdullah Muhammad Abdul Azim	13	Taleaa El Gish Club	5:52.44
2	Mahmoud Hany Shokir	13	Shooting	5:48.89
3	Ahmed Tarik Mahmoud	13	Al Tersana	5:46.97
4	Ahmed Mohmed Ahmed	13	Cairo	5:44.93
5	Mahmoud Ahmed Mahmoud Adwy	13	Smouha	5:45.28
6	Asser Mohamed abd Almneam	13	El Obour	5:48.75
7	Nour Eldin Ahmed Fouad Ismail	13	El Shams	5:51.24
8	Yassein Amr Mostafa	13	Shooting	5:55.28
9	Abd EL Rahman Mohamed Ali Sayed	13	Rowad	5:55.72

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 27/11/2023 Eve****Heat 5 Timed Finals... (Event 174 Boys 13 Year Olds 400 LC Meter IM)**

0	Ibrahim Wahba Elsayed	13	M.S Tagamoa	5:42.14
1	Omar Mohamed Anter	13	15 May	5:40.99
2	Mohamed Ahmed Mohsen	13	Pegasus Club	5:39.58
3	Mohamed Ahmed Zayed	13	Damnhor Sport	5:38.35
4	Ahmed Waled Talat Hasanin	13	6th	5:35.28
5	Ahmed Basem Mohamed	13	El Shams	5:37.69
6	Ali Khaled Ibrahim Mohamed	13	Ahly	5:38.73
7	Mohamed Ibrahim Farhat	13	Elethead	5:40.77
8	Mostafa Fouad Fathy Ali	13	Taleaa El Gish Club	5:41.32
9	Iyad Ahmed Hamdy	13	Hadak Al Ahram	5:43.77

Heat 6 of 7 Timed Finals

0	Omar Moustafa Mohamed Nagieb	13	Stad Mansoura	5:32.13
1	Eyad Ehab Mohamed Mostafa	13	Wadi Degla	5:31.78
2	Adham Hesham Mohamed Mohame	13	Stad Mansoura	5:30.57
3	Seif Eldin Sameh El Kadi	13	Ahly	5:29.02
4	Zyad Hany Mosaad Ramadan	13	Al Hawar	5:25.04
5	Mohamed Amer Hosny	13	Gezira El Ward	5:28.45
6	Hamza Mohamed Abdelwahab A	13	Bank Ahly Alex	5:29.42
7	Adham Hatem Magdy Abdhamid	13	Smouha	5:31.41
8	Omar Hamdy Hussein	13	El Nasr Club	5:32.03
9	Mohamed Mahmoud Esmail Abdmg	13	Smouha	5:33.13

Heat 7 of 7 Timed Finals

0	Adham Mohamed Hassnen	13	A S E C	5:24.14
1	Youssef Ramez Mohamed	13	Wadi Degla	5:21.06
2	Yasein Ahmed Refaat abd	13	Zamalek	5:17.60
3	Yassin Mohamed Fawzy	13	Ahly	5:05.52
4	Adam Wagiuh Rawash	13	Ahly	4:58.32
5	Yassin Emam Ahmed	13	Ahly	5:04.26
6	Marawan Wael Mohamed Helmy	13	Gezira El Ward	5:15.49
7	Youssef Tamer Azab	13	Wadi Degla	5:18.83
8	Zein Elabedin Aly Ragb	13	Smouha	5:21.42
9	Omar Hany Adel Abdelaziz	13	Bank Ahly Alex	5:24.92

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023

Meet Program - 27/11/2023 Eve

Event 175 Girls 13 Year Olds 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Timed Finals				
3	Joudy Ahmed Elsayed	13	el Shark Club	NT
4	Zeina Salah Eldin Arafa	13	Ahly	NT
5	Habiba Mohamed Abdallah Mos	13	Bank Ahly Alex	NT
Heat 2 of 11 Timed Finals				
1	Jana Amr Ahmed	13	Olympia	NT
2	Mariam Mohamed Mohsen	13	Ahly	NT
3	Rimas Khaled Shehata	13	Hadak Al Ahram	NT
4	Nadien Mohamed Moustafa El Ashry	13	Heliolido	NT
5	Farah Ahmed Mohmed	13	El Ghaba	NT
6	Malak Mohamed Gamal Hassan	13	6th	NT
7	Farida Walid Sayed Abd El Halem	13	Wadi Degla	NT
8	Salma Nader Magdy	13	Rehab	NT
Heat 3 of 11 Timed Finals				
0	Joudy Ayman Ragab	13	Ahly	NT
1	Aysel Khaled Ahmed	13	Smouha	NT
2	Jowairia Mohamed Ramzy	13	Gangara Youth Center Banha	NT
3	Malk Ebrahim Mahmoud	13	Sharks Team	NT
4	Nour Mohamed Soliman	13	Wadi Degla	NT
5	Gana Mostafa Nabil	13	Canal El Suez	NT
6	Remas Abdelhalim Muhamed A	13	ElGezira Youth	NT
7	Lojaina Essam Badr El Din	13	Wadi Degla	NT
8	Mariam Mohamed Agena	13	Sporting	NT
9	Salwa Tarek Mohamed	13	Ahly	NT
Heat 4 of 11 Timed Finals				
0	Tala Tarek Marawan	13	Maadi	NT
1	Retal Ahmed Mostafa	13	M.S Tagamoa	NT
2	Nada Saad Eldin Mohamed	13	Ahly	3:44.61
3	Lamar Ahmed Hussien	13	Ahly	3:35.95
4	Rogayne Mohamed Amin Abdallah	13	Wadi Degla	3:33.68
5	Judy Ashrf Sayed	13	M.S Tagamoa	3:34.68
6	Malk Mohamed Badea	13	Wadi Degla	3:36.48
7	Farida Mohamed Fawzy	13	Wadi Degla	3:45.51
8	Sagda Abd EL Razek Kamal	13	Rowad	NT
9	Malak Ahmed Mohamed ali	13	El Shams	NT
Heat 5 of 11 Timed Finals				
0	Shams Ahmed Mohamed Galal	13	Al Tersana	3:30.52
1	Ghazl Hany Saad Desoky	13	El Ghaba	3:29.64
2	Rodaina Mohamed Nabil	13	Wadi Degla	3:28.08
3	Maya Khaled Tawfeek Shams	13	El Shams	3:27.01
4	Shadw Mohamed Zikri	13	El Shams	3:23.88
5	Menna Mohamed Saadeldin	13	Al Tersana	3:25.60
6	Malika Mohamed Maher	13	Ahly	3:27.17
7	Rodina Emadeldin Mohamed	13	Senzo	3:29.31
8	Hanna Mohamed Mohamed	13	Hadak Al Ahram	3:30.27
9	Aysel Mohamed Fouad Elsayed	13	Moasasa Riadiyah Askaria	3:31.78

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 27/11/2023 Eve****Heat 6 Timed Finals... (Event 175 Girls 13 Year Olds 200 LC Meter Breaststroke)**

0	Lamar Emam Metwally	13	6th	3:23.51
1	Malak Ehab Mahmoud	13	Wadi Degla	3:22.39
2	Faridah Ezz El Meligy	13	Shooting	3:21.28
3	Ghina Mohamed Salah	13	El Ghaba	3:20.43
4	Ayten Yaser Mohamed Sedik	13	Zamalek	3:20.07
5	Lugin Hesham Yehea	13	El Ghaba	3:20.31
6	Haneen Adham Amir	13	Shobra	3:21.04
7	Maya Basem Antwan	13	Heliopolis	3:21.81
8	Lamar Mohammed Hossam	13	Ahly	3:23.14
9	Farida Amir Mohamed	13	Wadi Degla	3:23.69

Heat 7 of 11 Timed Finals

0	Mariam Haitham Ahmed	13	Shooting	3:18.36
1	Malak Salama Fathala	13	Sharks Team	3:16.99
2	Nour Ahmed Moustafa Rabie	13	Shooting	3:16.23
3	Rita Samer Shokry Battah	13	Smouha	3:15.94
4	Farida Karim Nabil Mohamed	13	Zamalek	3:15.58
5	Lojin Ibrahim Mohamed	13	Wadi Degla	3:15.73
6	Retaj Mostafa Gamal AL Din	13	Rowad	3:16.09
7	Maya Ahmed Hashim	13	Senzo	3:16.64
8	Lara Mostafa Mohamed Abd El-Aziz	13	El Shams	3:18.15
9	Lamis Nehad Hussein	13	Ahly	3:19.04

Heat 8 of 11 Timed Finals

0	Myar Osama ali Mohamed	13	El Mekaweloun	3:14.80
1	Reem Hazem Fouad	13	Ahly	3:13.97
2	Farida Hesham Lotfy	13	Ahly	3:12.85
3	Maria Hossam Ahmed	13	Wadi Degla	3:11.93
4	Jana Ibrahim Abdel Hamid	13	Hadak Al Ahram	3:11.62
5	Goudy Ezz Eldin Omar	13	Ahly	3:11.80
6	Karma Amr Ahmed	13	Ahly	3:12.41
7	Khadega Kamal Galal	13	Wadi Degla	3:12.94
8	Farida Amr Hussein	13	Ahly	3:14.68
9	Mariam Mohamed Magharby	13	Shooting	3:15.13

Heat 9 of 11 Timed Finals

0	Loujain Mohamed Ahmed	13	Ahly	3:10.93
1	Hana Mohamed Ahmed	13	Ahly	3:10.28
2	Doha Mohamed Mohamed ali	13	Zamalek	3:08.98
3	Raga Haniy Mohamed Amyn	13	El Mekaweloun	3:08.52
4	Hala Hazem Mohamed Toson	13	El Ghaba	3:06.92
5	Logain Sherin Mohamed	13	Al Tersana	3:08.25
6	Farida Mohamed Wael	13	Wadi Degla	3:08.78
7	Farida Mostafa el Barawy	13	Sporting	3:09.10
8	Remas Islam Mohamed Elmtwaly	13	Stad Mansoura	3:10.41
9	Haneen Hassan Mohamed	13	El Obour	3:10.97

National Swimming Championship 2023-2024 - 11/2/2023 to 12/26/2023**Meet Program - 27/11/2023 Eve****Heat 10 Timed Finals... (Event 175 Girls 13 Year Olds 200 LC Meter Breaststroke)**

0	Alia Sherif Mohamed Salah Eldin	13	El Shams	3:06.68
1	Gana Ibrahim Abdelghany	13	Stad Mansoura	3:05.10
2	Mariam Sameh Shabl	13	Bank Ahly Alex	3:04.07
3	Tema Mohamed Salem	13	Sporting	3:02.88
4	Habiba amr Hassan Youssef	13	Petrosport	3:02.66
5	Hala Mostafa Ibrahim	13	El Temsah	3:02.86
6	Alaa Kareem Mohamed	13	El Shrook	3:04.01
7	Rozan Amr Mohamed	13	Sharks Team	3:04.27
8	Rokya Shady Mohamed Salah	13	Golf City Clup	3:06.02
9	Jodi Yaser al Khatap	13	Shobra	3:06.81

Heat 11 of 11 Timed Finals

0	Talia Tamer	13	Smouha	2:59.64
1	Arwa Mohamed Mowenah	13	Smouha	2:58.43
2	Shaza Mohamed Elsaed Negm	13	Tanta	2:56.98
3	Maheitab Ayman Rashed	13	Shooting	2:56.34
4	Habiba Mohamed el Hadad	13	Sporting	2:48.43
5	Nour Mohamed Ahmed	13	Ahly	2:54.20
6	Jana Shady Medhat	13	Ahly	2:56.97
7	Nour Ahmed AbdElslam Elma	13	Smouha	2:57.06
8	Farida Ahmed Eissa	13	Rehab	2:59.23
9	Judy Mohamed Zu El Fakar	13	Ahly	3:00.42